

OCTOBER 2023 STARK COUNTY ELEMENTARY MENU

<p>2 Monday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice</p> <p>WG Bun, Hamburger, Cheese Slice or <u>Yogurt, Cheese Stick, WG Bar</u>, Corn, Peaches, Fresh Fruit and Veggies</p>	<p>3 Tuesday WG Cereal, WG Donut, Fruit, Juice</p> <p>WG Tortilla Chips, Pulled Pork, Queso Blanco, or <u>WG PB & J, Cheese Stick, WG Chips</u>, Peas, Carrots, Pineapple, Fresh Fruit and Veggies</p>	<p>4 Wednesday WG Cereal, Biscuit, Egg Patty, Sausage Patty, Cheese Slice, Fruit, Juice</p> <p>WG Corn Dog or <u>Yogurt, Cheese Stick, WG Bar</u>, Baked Beans, Pears, Fresh Fruit and Veggies</p>	<p>5 Thursday WG French Toast Sticks, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Mac & Cheeseburger Dinner, WG Roll <u>WG PB & J, Cheese Stick, WG Chips</u>, Green Beans, Mixed Fruit, Fresh Fruit and Veggies</p>	<p>6 Friday WG Cereal, Biscuit, Sausage & Gravy, Fruit or Juice</p> <p>WG Cheese Bites or <u>Yogurt, Cheese Stick, WG Bar</u>, Romaine, Rosy Applesauce, ` Marinara Sauce, Pears, WG Cookie, Fresh Fruit and Veggies</p>
<p>9 Monday WG Cereal, WG Breakfast Bar, Fruit, Juice</p> <p>WG Bun, BBQ Rib or <u>Yogurt, Cheese Stick, WG Bar</u>, Oven Potatoes, Mandarin Oranges, Fresh Fruit and Veggies</p>	<p>10 Tuesday WG Cereal, Yogurt, WG Flavored Bread, Juice, Fruit</p> <p>WG Bun, WG Chicken Patty <u>or WG PB & J, Cheese Stick, WG Chips</u>, Broccoli w/ Cheese, Cinnamon Applesauce, Fresh Fruit and Veggies</p>	<p>11 Wednesday WG Cereal, Cinnamon Roll, Fruit, Juice</p> <p>WG Bun, Hot Dog or Chili Dog <u>or Yogurt, Cheese Stick, WG Bar</u>, Baked Beans, Pears, Fresh Fruit and Veggies</p>	<p>12 Thursday WG Cereal, WG Poptart, Fruit, Juice</p> <p>WG Roll, Lasagnai Dinner <u>or WG PB & J, Cheese Stick, WG Chips</u>, Romaine, Mixed Fruit, Fresh Fruit and Veggies</p>	<p>13 Friday WG Pancake on a Stick, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread <u>or Yogurt, Cheese Stick, WG Bar</u>, Marinara Sauce, Green Beans, Peaches, Bavarian Creme Dessert, Fresh Fruit and Veggies</p>
<p>16 Monday WG Waffles, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Bun, Tenderloin or <u>Yogurt, Cheese Stick, WG Bar</u>, Sweet Potato Fries, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>17 Tuesday WG Muffin, WG Cereal, Fruit, Juice</p> <p>WG Roll, WG Popcorn Chicken, Orange Sauce, or <u>PB & J, Cheese Stick, WG Chips</u>, WG Chicken Rice, Corn, Pineapple, Fresh Fruit and Veggies</p>	<p>18 Wednesday WG English Muffin, Egg Patty, Cheese Slice, Jelly, WG Cereal, Fruit, Juice</p> <p>WG Toasted Cheese, Tomato Soup, Crackers or <u>Yogurt, Cheese Stick, WG Bar</u>, Green Beans, Pears, Fresh Fruit and Veggies</p>	<p>19 Thursday WG Cereal, WG Pigs in a Blanket, Syrup, Fruit, Juice</p> <p>Taco in a Bag (Taco Meat, Frito Chips, Shredded Cheese, WG Churro <u>or WG PB & J, Cheese Stick, WG Chips</u>, Romaine, Salsa, Refried Beans, Peaches, Fresh Fruit and Veggies</p>	<p>20 Friday NO SCHOOL</p>

<p>23 Monday WG Breakfast Bar, WG Cereal, Fruit, Juice</p> <p>WG Bun, Hot Ham and Cheese or <u>Yogurt, Cheese Stick, WG Bar</u>, Oven Potatoes, Pineapple, Fresh Fruit and Veggies</p>	<p>24 Tuesday WG Cereal, WG Bagel, Cream Cheese, Fruit, Juice</p> <p>WG Pizza Crunchers or <u>WG PB & J, Cheese Stick, WG Chips</u>, Marinara Sauce, Green Beans, Pears, Fresh Fruit and Veggies</p>	<p>25 Wednesday WG Breakfast Pizza, WG Cereal, Fruit, Juice</p> <p>EARLY Dismissal 11:00 Take home sack lunch WG PB & J, WG Chips, Fresh Fruit and Veggies</p>	<p>26 Thursday WG Pancake on a Stick, Syrup, WG Cereal. Fruit, Juice</p> <p>WG Toasted Cheese, Chicken Noodle Soup, Crackers or <u>WG PB & J, Cheese Stick, WG Chips</u>, Carrots, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>27 Friday Biscuit, Sausage and Gravy, WG Cereal, Fruit, Juice</p> <p>WG Chili Crispitos, WG Chips <u>or Yogurt, Cheese Stick, WG Bar</u>, Refried Beans, Salsa, Romaine, Tropical Fruit, Sidekicks, Fresh Fruit and Veggies</p>
<p>30 Monday WG Cereal, WG French Toast Sticks, Syrup, Fruit, Juice</p> <p>WG Bosco Sticks And Beef Ravioli or <u>Yogurt, Cheese Stick, WG Bar</u>, Green Beans, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>31 Tuesday WG Cereal, WG Donut, Fruit, Juice</p> <p>WG Roll, WG Chicken Nuggets or <u>WG PB & J, Cheese Stick, WG Chips</u>, Mashed Potatoes/Gravy, Mandarin Oranges, Fresh Fruit and Veggies</p>		<p>Ranch Dressing, Ketchup, Mustard, BBQ Sauce are offered at Lunch</p>	
<p>National Do Something Nice Day is October 5th</p> <p>World Smile Day is October 6th</p> <p>World Animal Day is October 4h</p>	<p>Breakfast is offer vs serve. Students must take 3 of 4 items served. Lunch is also offer vs serve. students must take 3 of 5 items served and 1 item must be ½ cup of fruit of veggies</p>	<p>#ALLIN</p> <p><i>Stark County District 100 Home of Pride and Excellence</i></p> <p>“Can’t Stop, Won’t Stop”</p>	<p>Menu are Subject to Change</p> <p>Mashed Potatoes contain sulfates and can cause allergic reactions.</p> <p>MILK -1% White, 1% Chocolate, are offered at all meals.</p>	<p>A Plant Based Meal is offered everyday.</p>

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