

Standards Crosswalk

7th Grade

National Health Standards			
LESSON #	LESSON NAME	ANCHOR STANDARDS	CONTENT STANDARDS
BULLYING UNIT			
Lesson 1	Understanding Bullying	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication	1.8.3, 1.8.4, 2.8.3, 2.8.5, 4.8.1, 4.8.2
Lesson 2	Your Digital Footprint	Functional Health Knowledge, Analyzing Influences	1.8.2, 1.8.3, 2.8.5
Lesson 3	Witness	Functional Health Knowledge, Analyzing Influences, Access to Information/Products/Services, Interpersonal Communication, Advocacy	1.8.2, 1.8.3, 1.8.6, 2.8.3, 3.8.3, 4.8.3, 4.8.4, 4.8.5, 4.8.6, 8.8.1
ABUSE UNIT			
Lesson 1	Understanding Abuse	Access to Information/Products/Services, Decision-Making, Advocacy	3.8.1, 5.8.2, 8.8.1
Lesson 2	Coping with Abuse	Functional Health Knowledge, Access to Information/Products/Services, Interpersonal Communication, Decision-Making, Advocacy	1.8.4, 3.8.1, 4.8.3, 4.8.4, 5.8.2, 8.8.1
Lesson 3	Healthy Relationships	Access to Information/Products/Services, Interpersonal Communication	3.8.5, 4.8.1, 4.8.3, 4.8.7
SUBSTANCE USE UNIT			
Lesson 1	Refusal Skills	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication, Decision-Making, Health & Safety Practices, Advocacy	1.8.2, 1.8.3, 1.8.4, 1.8.6, 1.8.8, 1.8.9, 2.8.2, 2.8.3, 2.8.4, 2.8.7, 4.8.2, 4.8.4, 4.8.5, 5.8.3, 5.8.5, 5.8.6, 5.8.7, 5.8.8, 7.8.1, 8.8.1, 8.8.2
Lesson 2	Harmful Effects of Use and Abuse	Functional Health Knowledge, Analyzing Influences, Decision-Making, Health & Safety Practices, Advocacy	1.8.2, 1.8.3, 1.8.4, 1.8.6, 1.8.8, 2.8.2, 2.8.3, 2.8.4, 5.8.3, 5.8.5, 5.8.6, 5.8.7, 5.8.8, 7.8.1, 8.8.1
Lesson 3	Dependency & Getting Help	Functional Health Knowledge, Analyzing Influences, Decision-Making, Advocacy	1.8.2, 1.8.3, 1.8.4, 1.8.6, 1.8.7, 1.8.8, 2.8.2, 5.8.5, 8.8.1
SELF-HARM & SUICIDE UNIT			
Lesson 1	Health Includes Mental Health	Analyzing Influences, Interpersonal Communication, Decision-Making, Advocacy	2.8.1, 2.8.4, 4.8.3, 4.8.4, 5.8.2, 5.8.4, 5.8.7, 8.8.1
Lesson 2	Self-Care, Not Self-Harm	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication, Decision-Making, Health & Safety Practices, Advocacy	1.8.2, 1.8.3, 1.8.6, 1.8.8, 2.8.1, 4.8.3, 4.8.4, 5.8.2, 5.8.4, 5.8.5, 5.8.6, 5.8.7, 5.8.8, 7.8.2, 8.8.1
Lesson 3	Suicide: The Irreversible Act	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication, Decision-Making, Advocacy	1.8.3, 1.8.6, 1.8.8, 2.8.1, 4.8.4, 5.8.4, 5.8.6, 5.8.7, 8.8.1

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7th Grade

CASEL & ASCA CROSSWALK

LESSON #	LESSON NAME	CASEL Competency	ASCA Mindsets & Behaviors
BULLYING UNIT			
Lesson 1	Understanding Bullying	Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-LS 1., B-LS 9., B-SMS 7., B-SS 5.
Lesson 2	Your Digital Footprint	Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-SMS 1., B-SMS 2., B-SMS 9., B-SS 2., B-SS 5., B-SS 9., B-SS 10.
Lesson 3	Witness	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., M 5., B-LS 1., B-LS 2., B-SMS 1., B-SMS 2.
ABUSE UNIT			
Lesson 1	Understanding Abuse	Social Awareness, Responsible Decision-Making	M 1., M 2., B-SMS 6., B-SMS 9., B-SS 3., B-SS 2., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 2	Coping with Abuse	Self-Awareness, Self-Management, Social Awareness, Responsible Decision-Making	M 1., M 2., B-LS 1., B-SMS 1., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 3	Healthy Relationships	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-SMS 1., B-SMS 2., B-SMS 9., B-SS 2., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
SUBSTANCE USE UNIT			
Lesson 1	Refusal Skills	Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 5., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 4., B-SMS 7., B-SMS 9., B-SS 3., B-SS 5., B-SS 8.
Lesson 2	Harmful Effects of Use and Abuse	Self-Awareness, Self-Management, Social Awareness, Responsible Decision-Making	M 1., M 2., B-LS 1., B-SMS 1., B-SMS 4., B-SMS 7., B-SMS 9., B-SS 3., B-SS 5., B-SS 8., B-SS 9.
Lesson 3	Dependency & Getting Help	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., M 4., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 4., B-SMS 9., B-SS 3., B-SS 5., B-SS 8., B-SS 9.
SELF-HARM & SUICIDE UNIT			
Lesson 1	Health Includes Mental Health	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., M 5., B-SMS 1., B-SMS 6., B-SMS 9., B-SS 8.
Lesson 2	Self-Care, Not Self-Harm	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., M 4., M 5., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 6., B-SMS 7., B-SMS 9., B-SMS 10., B-SS 3., B-SS 8., B-SS 9.
Lesson 3	Suicide: The Irreversible Act	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-LS 1., B-SMS 1., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 1., B-SS 2., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.