



SHIPPENSBURG AREA
— SCHOOL DISTRICT —

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Bundled Meal Menu



Daily Lunch Choice and Breakfast Choices			
13	Meatball Sub	14	15
		Chicken Quesadilla	General Tso & Asian Rice
	Chocolate Muffin	Pancakes, Egg & Sausage	Blueberry Parfait
20	Pizza Fun Lunch	21	22
		Chicken Leg, Potato Wedges, Baked Beans	Penne w/Meat Sauce and Broccoli & Cheese
	Banana Muffin	Maple Waffles	Sausage & Egg Crossissant
27	Lasagna Roll Up & Glazed Carrots	28	29
		Grilled Cheese Sandwich	Chicken Broccoli Cheese Rice Bake & Baked Peaches
	Egg English Muffin	Apple Cinnamon Muffin	Pancakes, Egg& Sausage
VARIETY OF DAILY MEAL VEGETABLE & FRUIT w/Assorted Fat Free & 1% Milk			
VARIETY OF DAILY BREAKFAST FRUIT w/Assorted Fruit Juice & Milk			
	Orange Wedges	Sliced Apples	Banana

Kids 18 & Under - Monday through Thursday (Must stay and eat meal at site)

pm. Meals will include a complete breakfast and lunch to be consumed on Friday, Saturday and Sunday. A Parent/Guardian **must** pick up the meals (Sorry-no neighbors, friends or group pick-ups). Children do not have to be present when picking up meals.

Online meal registration is requested at: www.ship.k12.org, but not

Due to continuing supply chain issues, All menu items as subject to change without notice.