



# May 2024

## THATCHER BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Muffins</b> <b>Yogurt Parfaits</b> Fruit ½ c Milk	<b>Cinnamon Rolls</b> <b>Oatmeal</b> Fruit ½ c Milk	
<b>Breakfast Sandwich</b> <b>Cereal</b> Fruit ½ c Milk	<b>Chorizo burrito</b> <b>Cini Mini</b> Fruit ½ c Milk	<b>Bagel Sandwich</b> <b>Overnight Oats</b> Fruit ½ c Milk	<b>Parfait</b> <b>Donut Ring</b> Fruit ½ c Milk	
<b>Bento Box</b> <b>Cereal</b> Fruit ½ c Milk	<b>Apple Frudel</b> Fruit ½ c Milk	<b>Breakfast Muffin</b> Fruit ½ c Milk	<b>Cereal</b> Fruit ½ c Milk	
				<b>FRESH PICKS</b> F

### NUTRITION BAR

Choose from a variety of fresh fruits or vegetables.

½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at [faye.rodriquez@k12byelior.net](mailto:faye.rodriquez@k12byelior.net) or call 9283487217

 BeWell Healthy Choice K-12 BY ELIOR

 Vegetarian (Ovo-Lacto)

 Local

 Fresh Picks

This institution is an equal opportunity provider