




# Welcome to our Lunch Cafe

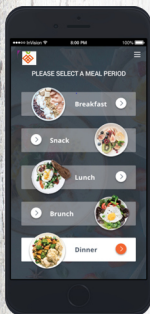
# Oxford Center

All lunches for all students are free

# November 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Maple Mini Waffles Scrambled Eggs Crispy Potato Puffs Fresh Apple Fat Free Chocolate Milk Or 1% Milk	2 Professional Development  No School	3 Pasta with Meat Sauce  Homemade Garlic Bread Garden Salad Applesauce Fat Free Chocolate Milk Or 1% Milk  Alternate Entree: Ham and Cheese Sandwich	4 Crispy Chicken Sandwich Oven Baked Fries Chickpea Salad Fresh Orange Fat Free Chocolate Milk Or 1% Milk	5 Classic Cheese Pizza Baby Carrots Raisins Fat Free Chocolate Milk Or 1% Milk
8 Mozzarella Sticks Spaghetti Sauce Garden Salad Fresh Banana Fat Free Chocolate Milk Or 1% Milk	9 Baked Chicken Tenders Whole Wheat Dinner Roll Steamed Carrots Fresh Grapes Fat Free Chocolate Milk Or 1% Milk  Alternate Entree: Turkey and Cheese Sandwich	10 Homemade French Toast  Syrup Turkey Sausage Patty Crispy Potato Puffs Diced Peaches Fat Free Chocolate Milk Or 1% Milk	11 Beef Hot Dog on Bun Baked Beans Fresh Orange Fat Free Chocolate Milk Or 1% Milk	12 Classic Cheese Pizza Grape Tomatoes Diced Pear Cup Fat Free Chocolate Milk Or 1% Milk
15 Maple Mini Waffles Scrambled Eggs Crispy Potato Puffs Applesauce Fat Free Chocolate Milk Or 1% Milk	16 Chicken Nuggets Whole Wheat Dinner Roll Sweet Corn Diced Peaches Fat Free Chocolate Milk Or 1% Milk  Alternate Entree: Sunbutter and Jelly Sandwich	17 Homemade Mac & Cheese  Steamed Broccoli Fresh Melon Cup Fat Free Chocolate Milk Or 1% Milk	18 Cheeseburger Oven Baked Fries Chickpea Salad Fresh Apple Fat Free Chocolate Milk Or 1% Milk	19 Classic Cheese Pizza Cucumber Coins Diced Pear Cup Fat Free Chocolate Milk Or 1% Milk
22 Cheesy Stuffed Bread Sticks Spaghetti Sauce Garden Salad Fresh Banana Fat Free Chocolate Milk Or 1% Milk	23 Baked Chicken Tenders Whole Wheat Dinner Roll Mixed Vegetables Fresh Orange Fat Free Chocolate Milk 1% Milk  Alternate Entree: Crispy Chicken Wrap	24 Classic Cheese Pizza Baby Carrots Applesauce Fat Free Chocolate Milk Or 1% Milk	25 	26 Thanksgiving Recess  No School
29 Homemade French Toast  Syrup Turkey Sausage Patty Crispy Potato Puffs Diced Pear Cup Fat Free Chocolate Milk Or 1% Milk  Alternate Entree: Tuna Wrap	30 Chicken Nuggets Whole Wheat Dinner Roll Sweet Corn Diced Peaches Fat Free Chocolate Milk Or 1% Milk	<div data-bbox="673 1434 1068 1495" data-label="Section-Header"><h2>HARVEST of the MONTH</h2></div> <div data-bbox="673 1509 1123 1635" data-label="Text"><p>Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.</p></div> <div data-bbox="1154 1409 1544 1652" data-label="Image"></div>		



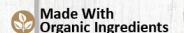
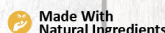
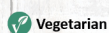
Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Food Service Director:  
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LUNCHES FOR ALL STUDENTS ARE FREE FOR THE 2021-2022 SCHOOL YEAR

*We are hiring!* Work while your children are in school. If you are interested in working in the kitchen please contact Jennifer at 203-888-7852



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.