

Adult Meal Price - \$4.75

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**No School 4**



**5**

- Taco in a Bag
- Steamed Carrots & Peas
- Side Salad with Sliced Tomatoes
- Whole Apple
- Craisins/Dried Strawberry Apple Slices
- Grape Juice
- Choice of Milk

**6**

- Chicken Parmesan with Spaghetti
- Or
- Wow Butter & Strawberry Jelly Sandwich
- Steamed Corn
- Side Salad with Sliced Tomatoes
- Mandarin Oranges
- Craisins/Dried Strawberry Apple Slices
- Cherry Star Juice
- Choice of Milk

**7**

- Mini Corn Dogs
- Baked Beans
- Side Salad with Sliced Tomatoes
- Fresh Apple Slices
- Craisins/Dried Strawberry Apple Slices
- Fruit Punch Juice
- Choice of Milk

**1**

- Cheesy Noodles with Beef
- Fresh Baby Carrots
- Side Salad with Sliced Cucumbers
- Diced Peas
- Craisins/Dried Apple Slices
- Sunset Sip Juice
- Choice of Milk
- Goldfish Crackers

**11**

- BBQ Pork Patty Sandwich
- Coleslaw
- Side Salad with Sliced Cucumbers
- Fresh Banana
- Craisins/Dried Apple Slices
- Dragon Punch Juice
- Choice of Milk

**12**

- Chicken Fajita
- Pasta Salad
- Side Salad with Sliced Cucumbers
- Applesauce Cup
- Craisins/Dried Apple Slices
- Grape Juice
- Choice of Milk

**13**

- Chicken Alfredo
- Or
- Wow Butter & Grape Jelly Sandwich
- Steamed Broccoli
- Side Salad with Sliced Cucumbers
- Pineapple Chunks
- Craisins/Dried Apple Slices
- Cherry Star Juice
- Choice of Milk

**14**

- Pollock Fish Nuggets
- Sweet Potato French Fries
- Side Salad with Sliced Cucumbers
- Fresh Apple Slices
- Craisins/Dried Apple Slices
- Fruit Punch Juice
- Choice of Milk

**15**

- Italian Meatball Bowl with Pretzel Rods
- Steamed Vegetables
- Side Salad with Sliced Cucumbers
- Diced Peas
- Craisins/Dried Apple Slices
- Sunset Sip Juice
- Choice of Milk
- Chat Snax Vanilla Graham Crackers

**18**

- Deli Ham & Cheese on Pretzel Bun
- Fresh Baby Carrots
- Side Salad with Sliced Tomatoes
- Mixed Fruit
- Craisins/Dried Strawberry Apple Slices
- Dragon Punch Juice
- Choice of Milk

**19**

- Chicken Cantina Bowl with Tostitos
- Fresh Broccoli
- Side Salad with Sliced Tomatoes
- Whole Apple
- Craisins/Dried Strawberry Apple Slices
- Grape Juice
- Choice of Milk

**20**

- Philly Steak Sandwich
- Or
- Wow Butter & Strawberry Jelly Sandwich
- Mixed Vegetables
- Side Salad with Sliced Tomatoes
- Mandarin Oranges
- Craisins/Dried Strawberry Apple Slices
- Cherry Star Juice
- Choice of Milk

**21**

- Breaded Ravioli
- Fresh Veggie Boat
- Side Salad with Sliced Tomatoes
- Fresh Apple Slices
- Craisins/Dried Strawberry Apple Slices
- Fruit Punch Juice
- Choice of Milk

**22**

- Pierogi's with Sausage Patty
- Steamed Corn
- Side Salad with Sliced Tomatoes
- Diced Peas
- Craisins/Dried Strawberry Apple Slices
- Sunset Sip Juice
- Choice of Milk
- Coco Cherry Bar

**25**

- Hot Dog with Bun
- Baked Beans
- Side Salad with Sliced Cucumbers
- Fresh Banana
- Craisins/Dried Apple Slices
- Dragon Punch Juice
- Choice of Milk

**26**

- Hard Shell Tacos
- Steamed Green Beans
- Side Salad with Sliced Cucumbers
- Applesauce Cup
- Craisins/Dried Apple Slices
- Grape Juice
- Choice of Milk

**27**

- Spaghetti with Meat Sauce
- Or
- Wow Butter & Grape Jelly Sandwich
- Steamed Vegetables
- Side Salad with Sliced Cucumbers
- Pineapple Chunks
- Craisins/Dried Apple Slices
- Cherry Star Juice
- Choice of Milk

**28**

- Teriyaki Beef Dippers with Fried Rice
- Oriental Stir Fry Vegetables
- Side Salad with Sliced Cucumbers
- Fresh Apple Slices
- Craisins/Dried Apple Slices
- Fruit Punch Juice
- Choice of Milk

**29**

- Chicken Noodle Soup with Cheesy Breadstick
- Steamed Corn
- Side Salad with Sliced Cucumbers
- Diced Peas
- Craisins/Dried Apple Slices
- Sunset Sip Juice
- Choice of Milk
- Scooby-Doo Bones Cinnamon Grahams

To qualify as a free lunch, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements  
 Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:  
<https://www.schoolcafe.com/PortageASD>