

MARCH 2023

Taylor-White Elementary

LUNCH

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



6
Pizza
Carrots
French Fries
Fruit
Milk

7
Beefy Macaroni
Green Beans
Salad
Breadstick
Fruit
Milk

1
Pork Patty on a Bun
Black-Eyed Peas
Tater Tots
Fruit
Milk

8
Oven Roasted Chicken
Rice Pilaf
Black-Eyed Peas
Turnip Greens
Fruit
Milk

2
Santa Fe Soup
Garden Salad
Fruit
Milk

9
Sloppy Joe
Salad
Tater Tots
Fruit
Milk

3
Hot Dog
Baked Beans
French Fries
Fruit
Milk

10
Crispitos
Black Beans
Corn
Fruit
Milk

13
Hamburger
Carrots
French Fries
Fruit
Milk

14
Tacos
Lettuce and Tomato
Corn
Fruit
Milk

15
Roasted Turkey
Mashed Potatoes
Green Beans
Breadstick
Fruit
Milk

16
Pulled Pork
Black-Eyed Peas
Turnip Greens
Cornbread
Rice Krispie
Fruit and Milk

17
Baked Potato Soup
Mozzarella Sticks
Broccoli
Fruit
Milk



20
NO SCHOOL!!!
Teacher Work
Day

21
Hot Dog
Baked Beans
French Fries
Fruit
Milk

22
Oven Roasted Chicken
Rice Pilaf
Broccoli
Squash
Roll
Fruit and Milk

23
Deli Sub Sandwich
Lettuce and Tomato
Carrots
Fruit
Milk

24
Chicken Tortilla Wrap
Salad
Spanish Rice
Corn
Fruit
Milk

27
Hamburger
Lettuce and Tomato
Tater Tots
Fruit
Milk

28
Pizza
Broccoli
Corn
Rice Krispie Treat
Fruit
Milk

29
Spaghetti
Salad
Broccoli
Roll
Fruit
Milk

30
Gumbo
Salad
Green Beans
Fruit
Milk

31
Corndog
Carrots
French Fries
Fruit
Cookie
Milk