



Lukachukai Community Board of Education, Inc.
"Commitment to Children, Commitment to Progress"

Navajo Route 12

P. O. Box 230

Lukachukai, Arizona 86507

Phone: (928) 291-0008 Fax: (928) 787-3191



September 12, 2025

To: Parent/Guardians of LCS Students

Cc: LCS Schoolwide Staff

Fr: Carmen L. Jodie, LCS Principal *Carmen L. Jodie*

Re: Update on Health and Safety Measures

Dear Parents/Guardians,

Our school is currently experiencing cases of Hand, Foot, and Mouth Disease (HFMD) and other flu-like illnesses. To protect the health and safety of all students and staff, we will follow the Centers for Disease Control and Prevention (CDC) and the Indian Health Service (IHS) guidelines in determining attendance, health measures, and school responses.

Below are the protocols we will implement:

1. Student Attendance and Return-to-School Guidelines

- Students may return to school when:
 - They are fever-free
 - They are not drooling due to mouth sores
 - They have no open or draining wounds
 - They are feeling well enough to participate in school activities
- Students showing symptoms will be sent to the nurse's office for evaluation. The nurse will notify parents if pick-up is necessary and recommend a medical check-up.

2. Preventive Measures in School

- **Handwashing:** Students and staff must wash hands regularly (before meals, after recess, and after restroom use).
- **Sanitizing:** Custodial staff will clean and disinfect commonly touched surfaces daily, with additional deep cleaning as needed.
- **Social Distancing:** Students are encouraged to minimize close contact during group activities when possible.
- **Educational Tools:** Teachers may use technology to reduce the sharing of hard-copy materials and provide alternative learning options.

3. Teacher and Staff Responsibilities

- **Teachers:** Observe students daily for symptoms, refer to the nurse as needed, and continue instructional support through digital or alternative means.
- **Nurse:** Evaluate students, advise parents, track cases, and provide health education to staff and students.

MISSION STATEMENT

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- **Custodians:** Sanitize classrooms, restrooms, cafeterias, and other high-use areas daily; perform deep cleaning if cases are reported.
- **Administration:** Communicate updates to parents, enforce health protocols, and work with IHS/public health officials.
- **Residential Staff (if applicable):** Monitor student health, reinforce hygiene practices, and report illnesses immediately.

4. School-Wide Outbreak Response

- If IHS reports an outbreak, the school may suspend in-person classes temporarily for a full deep cleaning.
- Parents and staff will be informed promptly of closures and return dates.
- Students will continue receiving instruction during closures through remote learning.

5. Health Education for Students

Each classroom will review:

- How to recognize symptoms of HFMD
- Proper handwashing and hygiene practices
- Respecting others' personal space when feeling unwell

6. Parent and Community Responsibilities

- Parents are encouraged to keep children at home if they experience:
 - Fever
 - Drooling due to mouth sores
 - Open or draining wounds
- Parents should seek medical guidance if symptoms appear and follow return-to-school requirements.
- Please communicate with the school nurse regarding any diagnoses or health concerns.

We understand there may be concerns about contagion, but with these safety measures in place, we are committed to ensuring that students can continue their education in a safe environment.

Thank you for your cooperation and continued support. If you have any questions, please feel free to contact the school office at (928) 291-0008.

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