

# *Clark School District*

*220 North Clinton Street  
Clark, SD 57225*

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*Mission Statement: To engage and educate each student academically & socially in order  
that he or she may reach THEIR potential as a productive member of society.*

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April 16th, 2025

Dear Parents/Guardians,

It is that time of year, once again, to begin thinking about preparing for 2025-2026 athletic activities. We would like to take this opportunity to remind everyone that Clark/Willow Lake Athletic COOP requires our athletes to have an annual physical, which according to SDHSAA rules must be completed after April 1<sup>st</sup> for the following school year.

We encourage you to take your child to your family physician and have the physical completed with family's healthcare provider. You will also need to complete all of the rest of the pages in this packet entirely and then return the entire packet to the school PRIOR to the first day of practice in August of this year. If all of the paperwork is not turned in to the school the athlete will not be allowed to practice until all paperwork is complete.

It is recommended that appointments for physicals are made, sooner than later, in order to avoid the possibility of not being able to get one in before the start of practices in August.

Student-athletes will be completing a new base-line assessment for our concussion protocol next year through a system called Sway. This will be done in conjunction with the start of fall practices and facilitated by our PLHS athletic trainer. All students participating in athletic activities in grades 7-12 will need to complete the baseline assessment before being allowed to participate in any practice. This baseline assessment helps us establish a "baseline" in the event there is a potential concussion and gives medical professionals better data to determine appropriate return-to-play timelines.

If you have any questions, please do not hesitate to give us a call.

Sincerely,

*Travis Ahrens*

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