

Breakfast Menu

DAILY ALTERNATE OPTIONS: BREAKFAST BOX & CEREAL OPTIONS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cinnamon Roll 1 ea.

Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Cherry Frudel

1 serving Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Sausage Biscuit 1 ea.

Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Jump Start Platter Waffles, Sausage & **Scramble Eggs**

> 1 serving Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Biscuits & Gravy

1 serving 1 ea. Fruit Choice % c Juice Choice ½ c Milk 1 c

Sausage Egg & Cheese Burrito 1 ea.

Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Egg & Sausage Waffle Sandwich

1 ea Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Breakfast Totchos

1 serving Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Sausage & Cheese

Toaster 1 ea. Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Warm Bagel & **Cream Cheese**

1 ea. Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Ham Egg & Potato Burrito 1 ea.

Fruit Choice ½ c Juice Choice ½ c Milk 1 c

■ Build-Your-Own Scramble Bowl

> 1 serving. Fruit Choice ½ c Juice Choice ½ c Milk 1 c

Good to Go

Includes choice of Cold Entrée, choice of fruit, juice, and milk. Daily Cold Entrée Offerings: Ultimate Breakfast Round, Cereal, Cereal Bars, Pop Tart, Overnight Oats, Fruit & Yogurt Parfaits, and Smoothies.

Breakfast Box

Contains a variety of whole grains, proteins and fruit such as: bagel, cheese, and apple slices.



This institution is an equal opportunity provider





