

Early Head Start

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Sunnyside

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Pre-school Head Start

Encinal

Seama

Paguate

Laguna

-Family Service

Providers

- -Education Manager
- -ERSEA Coordinator
- -Disabilities Services

Coordinator

-Health Aide

-Program Assistant



P.O Box 798 Laguna, NM 87026 Phone: (505) 552-6544 Fax: (505) 552-7533

5/1 White/Black Day (Wear anything White or Black)

5/3 Bus Evacuation Drill

5/3 Policy Council @ 10am in the PRC (check in at the front office. Wear your

mask while on site)

5/4 S.T.E.A.M. Activity—Space

5/10 Fatherhood @ 10am in the PRC (Check in at the front office. Wear you mask

while on site)

5/12 Mother's Day Dance

5/14 Mother's Day

5/22-26 Field Trips

5/25 Frozen Fruit Popsicle Activity

5/29 Memorial Day (No School)

5/30 Parent Education 10am in the PRC (check in at the front office. Wear your

mask while on site)

REMINDERS

- Parents, please wear your masks at bus pick-up/drop-off and when dropping off/picking up your child at the center drop-off circle.
 - ♦ Parents, be waiting at the bus stop 10 minutes prior to their pick-up/drop-off times.
 - ♦ Send backpacks with your child daily to help them keep their artwork, notes, folders jackets ,etc together.
- ♦ Parents, <u>please bring your children to school on time</u>. EHS start time is 8:45 am and PHS start time is 9:00 am. Breakfast is completed by EHS 9:15 am and PHS 9:30 am.



Sunnyside Classroom

TEACHER NAME(S): Andrea L. & Kai-Mani R.

EMAIL(S): a.lucario@lagunaed.net & km.riley@lagunaed.net

UPCOMING EVENTS

5/4 - STEAM: Space Day

5/12 - Mother's Day

5/22-26 - Field Trips

5/25 - Nutrition Activity:

Frozen Fruit Popsicle

TBD - Demonstration Making Hi ya nee (Blue cornmeal mush)

NEW WORDS TO LEARN

May:

Rock, color, shape, size, magnifying glass, scrub brush, cardboard box, bucket

Cultural Vocabulary:

Planting, field, farmer,
water, shovel, rake,
parched corn, blue corn
mush, grinding stone, cornmeal

Color of the month:

White/Black

Wear the colors on May 1st

Classroom News!

The teachers and children extended a warm welcome to a new friend, who joined our classroom. WELCOME FRIEND!

The children had fun opening a variety of containers. We demonstrated and encouraged the children to use their fingers to open the containers. Most of the children used their mouth to take the lids off the containers. Thank you to the families who donated containers for us to use in the class-room

The theme for this month is Rocks. With the weather warming up, we will be able to spend more time outdoors and exploring the many varieties of rocks. Questions to ask when exploring rocks: What do rocks look like? How are rocks the same and different? What can we do with rocks? Take pictures of rocks around your house and ways you play with the rocks.

The Culture theme for this month is Planting. The children will learn the process of planting corn and the uses of corn. The children will have a hands-on demonstration making blue cornmeal mush (hi ya nee), A list of the words we will be learning throughout the month in Keres is listed in the New Words to Learn section.

Health for the month, will be focused on Outdoor Summer Safety. We will learn ways to stay safe during the summer and have activities to promote safety.

ACHEIVEMENTS/ MILESTONES

The children are showing empathy towards each other, comfort with a hug or giving an object.

The children are saying more words: repeating, naming pictures/objects. Our word wall is growing.

Two of the children have used their hands/fingers to open the different types of lids: pop on/off and twist.

DATES TO REMEMBER/ STUDENTS CELEBRATIONS



memorial Day, No School

max 29,2023



TEACHER'S NAME: Sandra Lewis

EMAIL(S): s.lewis@lagunaed.net

UPCOMING EVENTS

5/4-S.T.E.A.M.-Space Day



5/12-Mother's Day



5/22-26-Field Trips (PHS)

NEW WORDS TO LEARN IN May:

Planting

Field

Farmer

Water

Shovel

Rake

Parched corn

Blue corn mush

Grinding Stone

Corn meal

Colors of the month: White/Black

Classroom News!

Our Creative Curriculum theme for this month is "Rocks." Children will observe rocks for sensory, gain new words (big, small, heavy, light, smooth, bumpy, rough, round, etc.), we will look at colors, shapes, compare sizes, and weight. Are they the same or different? Lastly, think of ways we can use rocks. Counting, sort by colors, size, texture, etc.

Our Health Focus is: Outdoor Summer Safety: We will read/talk/practice outdoor safety about staying hydrated and drinking plenty of water.

Cultural Lifeways Curriculum will focus on Planting (Corn): Our children will learn the process of planting corn, the uses of corn and will make a picture book.

ACHIEVEMENTS/ MILESTONES

We have one walker, she is walking on her own.

We have two children talking more using two-word phrases.

We sing the "Clean Up" song as we put our toys away for the day, and we all help.

We have one new friend in our classroom.

Our Easter activities and Easter Egg Hunt were fun. Children were encouraged to pick up eggs and put them in baskets. One friend was taking the eggs back out as one friend was putting the eggs in the basket.

We also had fun for our Week of the Young Child. We did drum painting, listening to Native music, made breakfast pizza, did parachute play as a group, tie dye coffee filters with markers and sprayed our art with water and watched the colors bleed and expand. Lastly, thank you Families for coming in and helping with our family tree.

DATES TO REMEMBER/ STUDENTS CELEBRATIONS

May 21-Happy Birthday K.F.

May 29-Memorial Day-No School

Turquoise Springs

TEACHER NAME(S): Candice Lucero and Raina Victorino

EMAIL(S): c.lucero@lagunaed.net, r.victorino@lagunaed.net

UPCOMING EVENTS

5-1-23 Wear the colors White and Black

5-4-23 STEAM Space Day Activity

"May the fourth be with you"

5-12-23 Mother's Day Activity

5/22-26/23 Field Trips, TBA

5-25-23 Nutrition Activity Frozen Fruit Popsicle



NEW WORDS TO LEARN IN May:

Planting Field

Farmer

Water

Shovel

Rake

Parched corn Blue corn mush Grinding stone

Corn meal



Classroom News!

Cultural Curriculum: Children will learn the process of planting corn and the uses of corn. Look at pictures of fields, seeds, and crops that grow. There will be a chance for us to taste the blue corn mush.

Creative Curriculum: Our study for the month of May will be on rocks. We will observe the many different shapes and sizes of rocks, how they are formed, the texture, the colors, and what we can use rocks for.

Nutrition Activity: Our activity for this month is "Frozen Fruit Popsicles". We will look at different recipes that use fruit to make popsicles and talk about how fun it is to make a treat like this at home; we will make copies of recipes that we find and send home.

Health Activity: Outdoor/Summer safety; with the weather getting warmer, we will be conducting more activities outside on our patio area; playing with water, mud, paint, messy play. Please check your child's bag, if their clothes are sent home, send another set. You can also send a hat for them to wear while outside, and a water bottle if they have one (names will be placed on bottles). Thank You!



Working from Home

Potty-Training Tips

- Introduce A Little Potty Early On
- Lead By Example
- Talk About It
- Follow Their Lead
- Use Rewards/Incentives
- Ask If They Need To Go Potty...A LOT
- Be Super Supportive
- Give Loads Of Praise
- Be Patient
- Read Potty Books (yes, in the bathroom)
- Be Understanding Of Accidents
- Reinforce That Poop & Pee Go In The Potty
- Shop For Big Girl/Big Boy Undies
- Don't Force It

Capturing Parenthood

DATES TO REMEMBER/STUDENTS CELEBRATIONS



5/2/23 National Teacher Day
5/14/23 Happy Mother's Day

5/29/23 No School ~ Memorial Day Holiday



Casa Blanca

TEACHER NAME(S): Evelyn Garcia, Marilou Arkie, Mariah Whitmore

EMAIL(S): e.garcia@lagunaed.net, m.arkie@lagunaed.net, ma.whitmore@lagunaed.net

UPCOMING EVENTS

5/4 STEAM Space Day

5/12 Mother's Day

5/25 Frozen Fruit Popsicle



NEW WORDS TO LEARN IN MAY:



Rocks

Sizes

Colors

Shapes

Magnifying glasses

Buckets

Cardboard boxes

Scrub brushes

Grinding stone



Classroom News!

This month we are studying Rocks! Children are always curious about their surroundings and natural environment. Looking at and describing rocks will add to their language and communication skills. Learning the different names of rocks, or creating a unique name for rocks can build literacy skills; as will counting how many rocks, comparing sizes, and sorting rocks will build mathematic skills.

Parents can help us create a rock garden by having your child bring a rock to school: something that we can paint and use in our yard. Please let staff know if the rock is too heavy for your child to carry. If you are able to, email a picture of where you found the rock. Thank you!





ACHEIVEMENTS/ MILESTONES

Children are continuing to stay dry through the day. It will soon be time to begin wearing underwear...when that day arrives, please pack extra clothes and plenty of underwear to change if your child has an accident.





DATE TO REMEMBER/ STUDENTS CELEBRATIONS





Encinal Classroom

TEACHER NAME(S): Teacher B., Ms. Yvonne & Kay-Mani

EMAIL(S): b.saiz@lagunaed.net/y.francis@lagunaed.net/k m.riley@lagunaed.net

UPCOMING EVENTS

Classroom News!

5/1 Black and White
5/4 STEAM—Space Day
5/12 Mother's Day Activity
5/22-5/26 Field Trips



Words to learn in English and Keres Language:

Planting

Field

Farmer

Water

Shovel

Rake

Parched Corn

Blue Corn Mush

Grinding Stone

Corn Meal

This month children will be learning about Insects:

Children will learn to observe and find interesting information about insects such as:

Where do insects live?

What kind of food do insects eat?

Can insects be dangerous?

Can you keep an insect for a pet?









ACHIEVEMENTS/MILESTONES

Achievements:

Children are recognizing more letters in their name, tracing their name, numbers and shapes. Children are starting to use a three finger grip to hold their writing tool. Children are learning to use child safe seissors.

Next steps:

Children will begin to recognize other letters and letter sounds. They will be able to recognize their last name. Children will be able to cut along the lines and position their fingers using child safe scissors.



DATES TO REMEMBER

5/22 through 5/26 PHS Field Trips

5/29 Memorial Day- No School

STUDENT CELEBRATIONS

We made it this far. Parents and guardians the school year is almost over. We have two more months of school. We thank you for all your involvement and support in your child's learning development. Hats off to you:)

Happy Mothers Day to all you Awesome Mothers

SEAMA CLASSROOM MAY 2023



TEACHER NAME(S): Faye Peacock

Venessa Deutsawe

EMAIL(S): l.peacock@lagunaed.net v.deutsawe@lagunaed.net

UPCOMING EVENTS

Colander Events:

Memorial — 29th

Steam Activity — 4th

Field Trip 22nd— 26th

Nutrition Activity— 25th

Health Throughout the MONTH

Exercise

NEW WORDS TO LEARN IN MAY:

Run- ooh metz

Stop-juts zee

Jump-jut duts

Walk- aa nae staa yah

Sit-chu gu yaa

Listen- aa cha tru

Move- tsu aa au nee

Kick it-pee thaa

Let's play-Shrow shu we shii yea

Who - How wee

What — Zii

Where - Haa dii

When - Haa Mah

Classroom News!

Happy to see that we are nearing summer.

Now that we are in Spring, we are learning how to plant. What materials would we need to use to start a garden?

The Classroom is experimenting with planting a variety of seeds and learning how to be responsible for taking care of our own plants.

Such as: watering and observing daily.

We have done an experiment with a celery stalk, to see how much water is needed to keep the stalk alive, and by dying the water a different color to see the color change.

At home you can start a garden with your child. Ask your child: what they have learned about what it takes to make a garden, what is needed and how to take care of a garden.

ACHEIVEMENTS/ MILESTONES

Seama Classroom Teachers are proud of the children for reading at home, being able to participate in the shared reading, and by answering questions and listening.

- ⇒ Writing new words and remembering to sign in.
- ⇒ Starting to learn the Four Directions in English and Keres.
- ⇒ Being able to recognize random numbers from 1-30.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

Seama Classroom Wishes our Friend M.M. Happy Birthday.



Reminders:

Please check back packs daily

Return reading books to classroom

Dress your child according to weather

Please, remember to send your child with a Face Mask daily

Please keep all toys at home.





Teacher Juana & Ms. Maddie

EMAIL(S): j.natseway@lagunaed.net / m.francis@lagunaed.net





TEACHER NAME(S): Kailyn Aragon and Caundice Deutsawe EMAIL(S): c.deutsawe@lagunaed.net, kailyn.aragon@lagunaed.net

UPCOMING EVENTS

May 1-Black and White Day

May 3- Bus Evacuation

May 4- STEAM Space Day

May 12- Mother's Day

May 25- Nutrition Activity

June –End of year Field Trip TBD



NEW WORDS TO LEARN IN

MAY

Black

White

Planting

My field

Entomologist

Mother

Flowers

Pollen

Varies insect names

exoskeleton

Head

Thorax

Abdomen

Classroom News!

Greetings families,

We are almost coming to the end of another school year. During the month of April, children learned about Gardening. The children learned the stages of seed growth. Children enjoyed putting their fingers in the soil and planting seeds. Children learned about how to care for different kinds of plants in a garden.

For the month of May, we will be studying insects. Children will learn the characteristics of insects, where do insects live, how do they live, what insects are in our community, how do insects change, who works with insects, and how do insects benefit the earth?

We will be outdoors a bit more looking for the insects, with the weather getting warmer, please apply sunscreen to your child and provide a hat/water bottle.







ACHEIVEMENTS/ MILESTONES

HURRAY

For the first time, we had one day where all 18 children were present!

Children are identifying certain parts of the book: cover, spine, back of book, title and illustrator.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

June - End of year Field Trips TBD

June 7- Laguna Room Transition Ceremony

12:30pm, LES Gymnasium





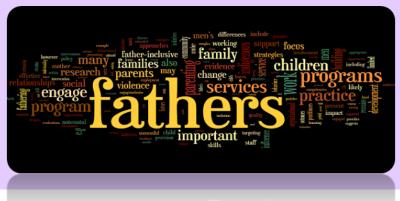


Family Service Providers

Fatherhood Project

Beginning in March, DEC Fatherhood had began sectioning out garden areas in front of the classrooms to begin planting. We are inviting ALL Father Figures (Fathers, Grandfathers, Uncles, Brothers) to join in participating.

In an effort to make this Planting Project successful, Fatherhood is needing Traditional Seeds to plant. If you are willing to donate what you have, please bring with you on May 10 @ 10am. If you are unable to attend you may send your seeds with your child and label Fatherhood Project.



Family Involvement Events:

May 10 Fatherhood @ 10am

May 10 Parent Committee @11am

May 12 Mother's Day Dance

May 30 Parent Education @ 11am

June 23 ... Last Day of School

Contact Information:

Tiffany Touchin – (505) 220-2549 Email: <u>t.touchin@lagunaed.net</u>

Kathleen Herrera – (505) 290-9163 Email: <u>k.herrera@laqunaed.net</u>

Family Service Providers continue to provide service to all families, your involvement is very important to us. Please mark your calendars for our upcoming Events, we look forward to hearing your thoughts and ideas!

Mother's Day Dance



May 12, 2023

@ DEC PRC BLDG

Classroom Schedule & Times

Classrooms	Times	Location
Casa Blanca, Sunnyside, China Town	9:30am - 10:30am	PRC
Seama & Encinal	10:45am – 11:45am	PRC
Paguate & Laguna	12:30pm - 1:30pm	PRC



Education Manager/ Instructional Coach Gayleen Ruben g.ruben@lagunaed.net 505-280-3656 program cell phone





ERSEA Coordinator/Child Care Manager — Patricia Charlie (505) 552-6544 ext. 5004 / (505) 235-9286

Email: p.charlie@lagunaed.net





Information:

As we enter May and soon June we are winding down the 2022-2023 program year.

Children are learning so much in their daily interactions in their classrooms and outdoor activities.

We appreciate working with families to maximize each child's learning potential. We want to remind families if there are any concerns that you have regarding your child's learning, DEC staff are always available to work with families to address any concerns or questions at any time of the program year.

If you have any questions or concerns about your child's development, share your concerns with the classroom teacher and/or Disabilities Services Coordinator (contact information

below).



Tips:

SCHOOL READINESS BEGINS AT BIRTH

What comes to mind when you think of school readiness? Many would say that school readiness includes a child's ability to recognize some numbers and some letters of the alphabet and to get along with others. These skills are important, but school readiness also includes the many skills that develop over time from a child's birth through school entrance age. Each of these important areas is influenced by a child's experiences with others and their unique makeup. The interactions children have with caring adults inside and outside of their families, and each child's developmental history and their individual makeup, all influence the development of school readiness skills.

READINESS is a State of Mind-Research shows that the best thing we can do to get children ready for "school" is to form and keep positive relationships with them. The best predictor of children's success in school and life is a brain that develops in healthy ways, as a result of their attachments with their families, educators and peers.

How do families help their children gain this "state of mind"? By being responsive in all areas of their children's development-physical, cultural, language, and cognitive (thinking). Children are born with a great ability to learn and grow-different kinds of abilities.

Encouraging infants/toddlers and preschoolers to "play with a purpose" is an appropriate way to help them to cross over that essential bridge between babyhood into the school years! We call this "School Readiness".





Contact Info

Margaret Mascareñaz

505-552-6544 Ext.. 5206

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Lorisa Pacheco Health Aide

Phone: (505) 552-6544 ext. 5103 Program phone: 505-240-0793



onone: 505-240-0793

May's health curriculum is outdoor summer safety,

some tips for outdoors.

SUMMER SAFETY TIPS

Look for signs of exhaustion

Cases of heat stroke spike during the summer months and this can be life threatening in children. Prior to heat stroke, kids often show milder symptoms such as heat cramps and heat exhaustion. Make sure children take water breaks and wear lightweight clothing when playing outside.

Check for car safety

Make sure your child's car seat is properly hitting the road. Never leave your child unattended in a car. The temperature inside a car rises quickly and a few minutes can make a difference.

Protect skin from the sun

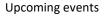
Apply sunscreen with SPF 30 or higher whenever your child is going outdoors. Reapply every 3 hours or immediately after your child has been in or splashed by water. Wear hats and sunglasses to protect skin and eyes.

Avoid bug bites

As the weather warms up, bugs come out in full force. To avoid bug bites, apply insect repellent before spending time outside. Avoid scented soaps and lotions and cover arms and legs as much as possible.

Drink enough water

Kids are more prone to dehydration than adults, risk increases as temperature rises.



- Mother's day
- Memorial day

No screenings coming up.

Healthy Snack
Banana & Mango Smoothie



Ingredients:
1 mango
1 banana
500ml orange juice
4 ice cubes

Instructions:

Cut the mango down either side of the flat stone, then peel and cut the flesh into chunks

Peel and chop the banana
Put all the ingredients into a
food processor or blender,
then process until smooth
and thick, keep in the fridge
and use the day you make
it.

For an even quicker smoothie simply replace the fresh mango with 250g/9oz frozen mangos or mixed tropical fruit. Available in most supermarkets. Frozen berries will also work.























A big "HELLO" to all DEC families,

I hope this finds you all doing well, staying healthy and being cautious of the strong winds we have been experiencing. Spring is in the air. With that being said, it is often difficult to determine whether your child is experiencing allergies, flu or Covid symptoms. At DEC, our goal is to provide the safest learning environment possible. It is equally important that parents monitor your child for any symptoms they may be experiencing. When they are experiencing two or more symptoms, they should be kept home and get seen by a medical professional. The medical professional can make a diagnosis and is able to prescribe what is needed to remedy the symptoms. In addition, they are able to provide a doctor's excuse for school (don't forget to call the school to report your child's absence).

Moving forward and looking toward the end of the school year, we want to let DEC families know we will complete this school year with all the current Covid safe practices that are in place. We service the youngest and most vulnerable learners and we want to do our best to keep them safe and free of Covid and it's variants. We do know that policies and procedures will eventually change, but until that time we ask that you continue to comply.

PLEASE REMEMEBER:

- 1. All persons, 2 years of age and older must wear a mask, please make sure your child is wearing a mask. This in cludes: a) At child drop-off/pick-up, b) At the bus stops, c) If you are on the DEC site for an activity or event.
- 2. If your child is having symptoms: keep them home, call the school to notify, get them seen by a medical profession al and get them tested.
- 3. DEC recommends parents get your child Covid vaccinated and up-to-date. Laguna Community Health Center con tinues to provide vaccinations (May 13th & 27th from 10:30am to 2:00pm).
- 4. Testing will continue for children until the end of the school year. For the month of May testing dates are as fol lows (look for confirmation code forms and send them back with the code):
 - A. Monthly testing for all children and staff is on Monday, May 8, 2023
 - B. Bi-weekly testing for all children that are unvaccinated and in between doses is on May 22, 2023

If at any time you have questions, please feel free to contact me, I am more than happy to assist you as needed.

Until next time: May all the "Mothers" have a blessed day; Congratulations to all the graduates, may your futures hold huge success; and May all be comforted and have peace knowing your loved one is honored on Memorial day. You all be safe and take care of each other.

Iris Gallegos, Program Assistant/Covid-19 Records Keeper

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