

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Cumberland County Schools



THE  
**PARENT**  
INSTITUTE®

## January 2026

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Help your child set a goal and write a plan for achieving it this year.
- 2. Pick a word from the dictionary and draw a picture of it. See if your child can guess the word. Then, let your child pick a word.
- 3. Have your child name a favorite food. Together, learn more about where it comes from.
- 4. Encourage your child to start a journal this year.
- 5. Ask your child to help you plan three healthy breakfasts.
- 6. Make up trivia questions about your family. Quiz one another at the dinner table.
- 7. Play a card game such as Go Fish with your child.
- 8. Improved report card? High grade on a test? Reward your child with a favorite meal or one-on-one time with you.
- 9. Ask your child, "What is your favorite time of year? Why?"
- 10. School absences add up. Show your child that attendance is a family priority.
- 11. Ask about the qualities your child looks for in friends. Talk about why values are important.
- 12. Have everyone in the family spend 20 minutes picking up the house. Many hands make light work.
- 13. Compliment your child on a recent accomplishment.
- 14. When your child is unsuccessful, ask, "How would you do it differently next time?"
- 15. Watch a funny video together. Then, have your child draw a comic strip showing what it was about.
- 16. Have each family member make a list of his or her strengths. Read them aloud. Add to one another's lists.
- 17. Take your whole family to the library. Be sure everyone gets some books.
- 18. Make a recording of your child reading a story.
- 19. Teach your child to make paper snowflakes to decorate your windows.
- 20. Ask your child to give you a news report about what went on at school today. What's the "lead story"?
- 21. Help your child make an "I am special" scrapbook.
- 22. Name a city, state or river. Can your child locate it on a map or globe?
- 23. Plan a weekend activity the whole family will enjoy.
- 24. At the grocery store, help your child compare the prices of different brands of the same product.
- 25. Pretend to go back in time with your child. Reenact an event together.
- 26. Talk with your child about *courage*. Point out examples of people who demonstrate courage.
- 27. Have family members try doing activities with the hand they *don't* favor.
- 28. Go online together and research events that happened on your child's birthday.
- 29. Allow a few minutes after the light is off at bedtime for quiet conversation with your child.
- 30. Have your child estimate how many bowls of cereal can be poured from one box. Keep track until the box is empty.
- 31. Ask your child to help you organize something, such as a closet.