

# FCCLA Planning Process Summary Page Template

*(This template may be modified, but all headings must be used in the correct order. The FCCLA logo, STAR Events logo, and Planning Process graphics are encouraged but not required.)*

---

## IDENTIFY CONCERNS



According to the Pew Research Center, " National customs and traditions – the holidays people celebrate, the foods they eat, the clothes they wear and the folk tales they tell their children – have long been associated with national identity." Despite these facts, some people do not know their own culture and people are not aware of their own and other cultural importance. Surveyed over 20 countries, 81% believe that sharing the countries custom and traditions are important and 91% with the language.

---

## SET A GOAL



The goal is to educate everyone about how to make Sushi, how to store the food afterwards, and nutritional information in Sushi. This will be done through my demonstration using videos and images.

---

## FORM A PLAN (WHO, WHAT, WHEN, WHERE, HOW, COST, RESOURCES, AND EVALUATION)



Who: Hibiki Fujinaga  
What: Instructional video about how to make Sushi.  
When: January 2025  
Where: Hibiki's kitchen  
How: I plan to film a demonstration video of myself making the sushi and inputting a voiceover.  
Cost: Nori was \$3.49 and I had the rest at my house.  
Resources: Ikson. Wanna. Iksonmusic, 2018. FASSounds. Street Food. Pixabay.com, 2022. InShot. Specialist Camera Rental Company, 2013. Canva. Canva Inc., 2013.  
Evaluation: I will have my FCCLA Adviser check the video before publishing it online.

---

## ACT



First, I will create a sushi recipe that I will be using for my video based upon how my family makes them. Then, I will prepare all the ingredients that I need and make sure I am ready for the video. After I check that I am ready, I will film the video and edit them using an app on my phone. In my video editing, I will cut pieces that are unnecessary to make the video easier to follow along and add voice overs so they can also make sushi by listening to the video. At the end of the video, I will add an insert of the sushi to make the audience crave for them and inspire them to make their own.

---

## FOLLOW UP



I plan to share the video through our school website and upload it on YouTube. This way many people have access to the video and be able to make sushi at their own homes or wherever they are.