

February 2026

Frankston ISD Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 2 | 3 Steak Fingers w/Roll or Orange Chicken w/Noodles & HS -Egg Roll Baby Bakers Black-eyed Peas Applesauce Cup & Diced Peaches / Milk | 4 Pepperoni Pizza or Boneless Chicken Wings Breadsticks w/Wings Broccoli Salad *Roasted Yellow Squash Fresh Pears & Mandarin Oranges / Milk | 5 Chicken Fajita HS -w/Spanish Rice or Taco Salad w/Spanish Rice *Cherry Tomatoes Refried Beans Bananas & Strawberries Milk | 6 Hamburger or Chicken Sandwich MS/HS-Spicy Chicken HB Trimmings Tator Tots & Baby Carrots Grapefruit & Frozen Fruit Juice / Milk |
| 9 Harvest of the Month  | 10 Chicken Tenders w/ Roll or Salisbury Steak w/Roll- HS -w/Rice & Roll Mashed Potatoes Cucumber w/Dip Sliced Peaches & Raisins Milk | 11 Personal Pizza or Turkey & Cheese Croissant Navy Beans Steamed Spinach Red Apples & Mixed Berry Cup Milk | 12 Spaghetti w/Meatballs & Garlic Toast or Soft Tacos - HS -Cilantro Rice *Steamed Carrots Garden Salad Mix Blueberries & Strawberries Milk | 13 Cheeseburger or Mini Corn Dogs Sweet Potato Tots Cauliflower w/Cheese HB Trimmings Oranges & Sidekicks / Milk |
| 16  | 17 Chicken Nuggets w/Mac & Cheese or Steak Fingers w/Mac & Cheese Seasoned Corn Green Beans Applesauce & Diced Peaches / Milk | 18 Pepperoni Pizza HS -Buffalo Pizza or Cheese Sticks w/Marinara *Roasted Sweet Potatoes Broccoli & Cheese Sliced Pears & Oranges Milk | 19 Nachos w/Meat HS -w/Cilantro Rice or BBQ Sandwich Pinto Beans Garden Salad Mix Mixed Berry Cup & Blueberries / Milk | 20 Hamburger or Fiestada HB Trimmings Baby Carrots & Curly Fries Raisins & Frozen Fruit Juice Milk |
| 23 | 24 Popcorn Chicken w/Dinner Roll or Pizza Crunchers Mashed Potatoes Broccoli w/Dip Grapefruit & Diced Pears Milk | 25 Cheese Pizza HS -French Bread Pizza or BBQ Fries w/ Garlic Toast - HS x2 Garden Salad Mix Navy Beans Red Apples & Mixed Fruit Milk | 26 Crispitos- HS -w/Spanish Rice or Hot Dogs / HS -w/Grahams OR Chef Salad *Steamed Carrots Green Beans Raisins & Mandarin Oranges Milk | 27 ET Beef Hamburger or Chicken Quesadilla HB Trimmings Sweet Potato Fries Baked Beans Blueberries & Sidekicks Milk |
| The Items in Bold/Italic represents Farm Fresh from Texas. The items that are in Bold only represent potential Farm Fresh from Texas depending on the season and availability.  | | | | |



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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Announcements

Menus are subject to change.

Choice of milk served daily.

Water fountain is available.

GREAT NEWS

Lunch is **FREE** to **ALL** students.

Students account may be pre-paid at the school or online for ala carte items.

Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable.

DID YOU KNOW?

Red leaf lettuce comes from a big family, including: new red fire lettuce, red sails lettuce, redina lettuce, galactic lettuce and benito lettuce.



Updated 06/20/25

February 2026

Frankston ISD Breakfast Menu



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2024-25 Cafeteria Awards

TDA – Farm Fresh Challenge
Best of The Bunch Award
USDA – Turnip The Beet – Silver Award
Healthy Meals Incentives
Recognition Awards for:
 Small and/or Rural SFA Breakfast Trailblazer,
 Small and/or Rural SFA Lunch Trailblazer, and
 Innovation in Nutrition Education

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| 2 | 3 Cereal w/Cheese Cubes Apple Juice Oranges Milk | 4 Waffles Sunrise Juice Raisins Milk | 5 Blueberry Muffin Grape Juice Apple Slices Milk | 6 Mini Bagels Fruit Juice Fresh Pears Milk |
| 9 | 10 Sausage Croissant Apple Juice Oranges Milk | 11 French Toast Sunrise Juice Raisins Milk | 12 Breakfast Burrito w/Grahams Grape Juice Bananas Milk | 13 Cinnamon Swirls Fruit Juice Apple Slices Milk |
| 16  | 17 Biscuit & Sausage Apple Juice Oranges Milk | 18 Waffles Sunrise Juice Raisins Milk | 19 Sausage Roll Grape Juice Bananas Milk | 20 Cereal w/Cheese Cubes Fruit Juice Apple Slices Milk |
| 23 | 24 Biscuit & Sausage Apple Juice Oranges Milk | 25 French Toast Sunrise Juice Raisins Milk | 26 Breakfast Burrito w/Grahams Grape Juice Sliced Apples Milk | 27 Cinnamon Swirls Fruit Juice Bananas Milk |
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Frankston ISD Pre-K Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| 2 | 3 Steak Fingers w/Roll Baby Bakers Black-eyed Peas Applesauce Cup <i>Milk</i> | 4 Pepperoni Pizza Broccoli Salad Roasted Yellow Squash Fresh Pears <i>Milk</i> | 5 Taco Salad w/Spanish Rice Cherry Tomatoes Refried Beans Bananas <i>Milk</i> | 6 Hamburger Tator Tots Baby Carrots Grapefruit <i>Milk</i> |
| 9 <i>Harvest of the Month</i>  | 10 Chicken Tenders w/ Roll Mashed Potatoes Cucumber w/Dip Sliced Peaches <i>Milk</i> | 11 Personal Pizza Navy Beans Steamed Spinach Red Apples <i>Milk</i> | 12 Spaghetti w/Meatballs & Garlic Toast Steamed Carrots Garden Salad Mix Blueberries <i>Milk</i> | 13 Cheeseburger Sweet Potato Tots Cauliflower w/Cheese Oranges <i>Milk</i> |
| 16  | 17 Chicken Nuggets w/Mac & Cheese Seasoned Corn Green Beans Applesauce <i>Milk</i> | 18 Pepperoni Pizza Roasted Sweet Potatoes Broccoli & Cheese Sliced Pears <i>Milk</i> | 19 Nachos w/Meat Pinto Beans Garden Salad Mix Mixed Berry Cup <i>Milk</i> | 20 Hamburger Baby Carrots Curly Fries Raisins <i>Milk</i> |
| 23 | 24 Popcorn Chicken w/Dinner Roll Mashed Potatoes Broccoli w/Dip Grapefruit <i>Milk</i> | 25 Cheese Pizza Garden Salad Mix Navy Beans Mixed Fruit <i>Milk</i> | 26 Crispitos- Hot Dogs Steamed Carrots Green Beans Mandarin Oranges <i>Milk</i> | 27 ET Beef Hamburger Sweet Potato Fries Baked Beans Blueberries <i>Milk</i> |
| <p>The Items in <i>Bold/Italic</i> represents Farm Fresh from Texas. The items that are in Bold only represent potential Farm Fresh from Texas depending on the season and availability.</p> | | | | |



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Unflavored milk served daily.

Water fountain is available.

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