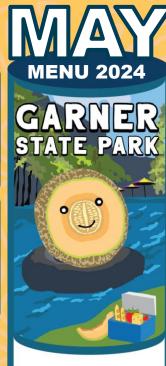
# Frankston ISD Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <sup>ST</sup> Blueberry Muffin Juice Dried Cranberries Milk	2 <sup>ND</sup> Biscuit & Sausage Juice Apple Slices Milk	3 <sup>RD</sup> Cereal Juice Fresh Pears Milk
6 <sup>TH</sup>	7 <sup>TH</sup> Mini Pancakes Juice Oranges Milk	8 <sup>TH</sup> Breakfast Burrito  Juice  Dried Cranberries  Milk	9 <sup>TH</sup> Biscuit & Sausage  Juice  Bananas  Milk	10 <sup>TH</sup> Pancake on a Stick  Juice  Apple Slices  Milk
13 <sup>TH</sup>	14 <sup>TH</sup> Waffles Juice Oranges Milk	15 <sup>TH</sup> Blueberry Muffin  Juice  Dried Cranberries  Milk	16 <sup>TH</sup> Biscuit & Sausage  Juice  Apple Slices  Milk	Cereal Juice Fresh Pears Milk
20 <sup>TH</sup>	21 <sup>ST</sup> Mini Pancakes  Juice  Oranges  Milk	22 <sup>ND</sup> Breakfast Burrito  Juice  Dried Cranberries  Milk	23 <sup>RD</sup> Biscuit & Sausage Juice Bananas Milk	24 <sup>TH</sup> Manager's Choice  Juice  Apple Slices  Milk
27 <sup>TH</sup>	28 <sup>TH</sup> Manager's Choice  Juice  Fruit  Milk	29 <sup>TH</sup> Blueberry Muffin  Juice  Dried Cranberries  Milk	30 <sup>TH</sup> Manager's Choice  Juice  Fruit  Milk	31 <sup>ST</sup>



### **ANNOUNCEMENTS:**

Menus are subject to change

Students account may be pre-paid at the school or online for ala carte items

Choice of milk served daily

#### \*GREAT NEWS\*

Breakfast and Lunch is **FREE** to **ALL** students

Every breakfast is served with at least 1/2c fruit and/or 1/2c vegetable





This product was funded by USDA.
This institution is an equal opportunity provider.

# Frankston ISD Lunch Menu

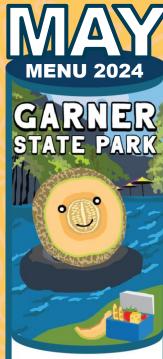
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MAN
		1 <sup>ST</sup> Cheese Pizza HS-French Bread Pizza or BBQ Fries w/Breadstick Carrot Sticks w/Dip- HS-3/4c Navy Beans Red Apples & Mixed Fruit Milk	2 <sup>ND</sup> Crispitos- <b>HS</b> w/Spanish Rice or Hot Dogs MS/HS-Corn Dog – HS w/Chips Fresh Salad Green Beans Cranberries & Mandarin Oranges / Milk	3RD Hamburger or Chicken Quesadilla HB Trimmings Sweet Potato Fries Baked Beans Blueberries & Sidekicks Milk	GARNER STATE PARK
6 <sup>TH</sup>	<b>7</b> <sup>TH</sup> Steak Fingers w/Roll or Orange Chicken w/Asian Rice & <b>HS</b> -Egg Roll Baby Bakers Black-eyed Peas Applesauce Cup & Diced Peaches / Milk	8 <sup>TH</sup> Pepperoni Pizza or Boneless Chicken Wings Breadsticks w/Wings Broccoli Bites w/Dip Seasoned Yellow Squash- <b>HS-</b> 3/4c Raisins & Mandarin Oranges Milk	9 <sup>TH</sup> Chicken Fajita w/Seasoned Rice or Taco Salad w/Seasoned Rice Cherry Tomatoes- <b>HS</b> -3/4c Refried Beans Fresh Pears & Cranberries Milk	10 <sup>TH</sup> Hamburger or Chicken Sandwich MS/HS-Spicy Chicken HB Trimmings Tator Tots & Baby Carrots Grapefruit & Sidekicks Milk	
13 <sup>TH</sup>	14 <sup>TH</sup> Chicken Tenders w/ Roll or Meatball Sub Mashed Potatoes Celery w/Dip Diced Peaches & Mixed Fruit Milk	15 <sup>TH</sup> Pepperoni Pizza or Grilled Cheese Navy Beans Broccoli Bites w/Dip Red Apples & Raisins Milk	16 <sup>TH</sup> Manager's Choice & Breadstick or Soft Tacos- <b>HS</b> -Seasoned Rice Steamed Carrots- <b>HS</b> -3/4c Fresh Salad Blueberries & Oranges Milk	17 <sup>TH</sup> Cheeseburger or Mini Corn Dogs Carrot Sticks Cucumbers w/Dip HB Trimmings Strawberries & Frozen Fruit Juice / Milk	ANNOUNCEMENTS:  Menus are subject to change
20 <sup>TH</sup>	21 <sup>ST</sup> Chicken Fries w/Mac & Cheese or Steak Fingers w/Mac & Cheese Seasoned Corn Celery w/Dip Applesauce Cup & Mixed Berries / Milk	22ND Personal Pan Pizza HS-Buffalo Pizza or Cheese Sticks w/Marinara Roasted Sweet Potatoes-HS-3/4c Broccoli & Cheese Sliced Pears & Oranges Milk	23RD Nachos w/Meat HS-w/Spanish Rice or BBQ Sandwich Pinto Beans Garden Salad Mixed Fruit & Sliced Peaches Milk	24 <sup>TH</sup> Hamburger or Fiestada HB Trimmings Baby Carrots & Curly Fries Cranberries & Frozen Fruit Juice Milk	Students account may be pre-paid at the school or online for ala carte items  Choice of milk served daily  *GREAT NEWS*  Breakfast and Lunch is FREE
27 <sup>TH</sup> AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA	28 <sup>TH</sup> Pizza or Manager's Choice Celery Sticks Black-eyed Peas Variety of Fruit Milk	29 <sup>TH</sup> Hamburger or Manager's Choice HB Trimmings Sweet Potato Fries Baked Beans Blueberries & Sidekicks Milk	30 <sup>TH</sup> Lunchables Cheese Sticks Broccoli Bites Carrot Sticks Cranberries & Peach Cup / Milk	Congratulations Class of 2024  SCHOOLS OUT	to ALL students  Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable  Water fountains are available.





## Frankston ISD Pre-K Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <sup>ST</sup> Cheese Pizza Carrot Sticks Navy Beans Red Apples Milk	2 <sup>ND</sup> Hot Dogs Fresh Salad Green Beans Mandarin Oranges Milk	3RD Hamburger Sweet Potato Fries Baked Beans Blueberries Milk
6 <sup>тн</sup>	7 <sup>TH</sup> Steak Fingers w/Roll Baby Bakers Black-eyed Peas Applesauce Cup Milk	8 <sup>TH</sup> Pepperoni Pizza Broccoli Bites Seasoned Yellow Squash Raisins Milk	9 <sup>TH</sup> Chicken Fajita w/Seasoned Rice Cherry Tomatoes Refried Beans Fresh Pears Milk	10 <sup>TH</sup> Hamburger Tator Tots Baby Carrots Grapefruit Milk
13 <sup>TH</sup>	14 <sup>TH</sup> Chicken Tenders w/ Roll Mashed Potatoes Celery Diced Peaches Milk	15 <sup>TH</sup> Pepperoni Pizza Navy Beans Broccoli Bites Red Apples Milk	16 <sup>TH</sup> Manager's Choice & Breadstick Steamed Carrots Fresh Salad Blueberries Milk	17 <sup>TH</sup> Cheeseburger Carrot Sticks Cucumbers Strawberries Milk
20 <sup>TH</sup>	21 <sup>ST</sup> Chicken Fries w/Mac & Cheese Seasoned Corn Celery Mixed Berries Milk	22 <sup>ND</sup> Personal Pan Pizza Roasted Sweet Potatoes Broccoli & Cheese Oranges Milk	23 <sup>RD</sup> Nachos w/Meat Pinto Beans Garden Salad Mixed Fruit Milk	24 <sup>TH</sup> Hamburger Baby Carrots Curly Fries Cranberries Milk
27 <sup>TH</sup> AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA	28 <sup>TH</sup> Pizza Celery Sticks Black-eyed Peas Variety of Fruit Milk	29 <sup>TH</sup> Hamburger Sweet Potato Fries Baked Beans Blueberries Milk	30 <sup>TH</sup> Lunchables Cheese Sticks Broccoli Bites Carrot Sticks Cranberries & Peach Cup / Milk	Congratulations Class of 2024  SCHOOL'S OUT



### ANNOUNCEMENTS:

Menus are subject to change

Students account may be ore-paid at the school or online for ala carte items

Non-Flavored milk served daily to Pre-K for lunch.

#### GREAT NEWS\*

Breakfast and Lunch is FREE to **ALL** students

Every lunch is served with at least 1/2c fruit and 1/2c egetable

Nater fountain is available.





