

June 2025 | Frankston ISD Lunch Menu Summer Feeding



Announcements:

ANNOUNCEMENTS:

Menus are subject to change

* Choice of unflavored 1% milk and fat free chocolate milk served daily

GREAT NEWS

Lunch is served with at least 1/2c vegetable and 1/2c fruit

Be sure to eat lunch at least 3 times during a week to have your name put in the drawing. Drawings will be held on Thursday's during June at 12:30pm.

Water is available at every meal at no cost.

Summer Feeding





TIMES:

Breakfast: 8:00am

Lunch: 12:00pm

WHERE:

Frankston High School Cafeteria

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Steak Fingers w/*Whole Grain Toast *Cucumber Slices (fresh) *Cherry Tomatoes (fresh) Strawberry Cup (frozen cup) & *Apple Slices (fresh) *Milk	3 Hamburgers On *Whole Grain Bun Chips (whole grain) Carrots (fresh) Broccoli Bites (fresh) *Oranges (fresh) & Pear Cups *Milk	4 Chicken Sandwich on *Whole Grain Bun Cauliflower Bites (fresh) HS - Oven Fries Mixed Berry Cup (frozen) & Raisins / *Milk	5 Meatball Sub on *Whole Grain Bun NEW-Hummus Cup (pre-pkg) Celery Sticks (fresh) Sidekicks (frozen 100% fruit juice) & *Watermelon (fresh) *Milk	6
9 Ham & Cheese Lunch Kit WG HS - Goldfish Broccoli Bites (fresh) Carrots (fresh) Frozen Fruit Cup (frozen) & Apple Slices (fresh) *Milk	10 Hot Dogs on *Whole Grain Bun NEW-Hummus Cup (pre-pkg) Oven Fries (frozen) HS-*Mixed Veggies (fresh) *Oranges (fresh) & Mixed Berries (frozen) / *Milk	11 Hamburgers on *Whole Grain Bun Chips (whole grain) Jicama Sticks (fresh) Sweet Potato Fries (frozen) *Red Apples (fresh) & *Pears (fresh) / *Milk	12 Pizza Lunch Kit WG HS - Grahams Celery Sticks (fresh) Cauliflower Bites (fresh) Peach Cup & Raisins *Milk	13
16 Whole Grain Bean & Cheese Burrito String Cheese Broccoli Bites (fresh) Jicama Sticks (fresh) Strawberry Cup & Apple Crisp (dried) / *Milk	17 Hamburgers on *Whole Grain Bun Chips (whole grain) Carrots (fresh) Pinto Beans (dried, then cooked) *Oranges (fresh) & Pear Cups *Milk	18 Chicken Sandwich on *Whole Grain Bun *Cucumber Slices (fresh) *Cherry Tomatoes (fresh) HS-Oven Fries Frozen Fruit Cups (frozen) & Dried Cranberries / *Milk	19 School Holiday 	20
23 Whole Grain PB & J Graham Crackers (whole grain) Carrots (fresh) Celery Sticks (fresh) Strawberry Cup & *Grapefruit (fresh) *Milk	24 Whole Grain Steak Fingers w/*Whole Grain Toast Oven Fries (frozen) Pinto Beans (dried, then cooked) HS-*Mixed Veggies (fresh) *Fresh Fruit (fresh) & Applesauce Cup / *Milk	25 Hamburgers on *Whole Grain Bun Chips (whole grain) *Cherry Tomatoes (fresh) Broccoli Bites (fresh) Peaches (frozen cup) & *Pears (fresh) / *Milk	26 Manager's Choice *HS - Mixed Veggies (fresh) Cauliflower Bites (fresh) *Fresh Fruit & Frozen 100% Fruit Juice *Milk Last day for Summer Feeding	27
30				 <h2>Strawberries</h2> <p>Season in Texas: April - June</p> <p>Did you know?</p> <p>On average, each strawberry has 200 seeds</p> 



Food and Nutrition Division
www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 6/6/2024
 National School Lunch Program

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GREAT NEWS

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➤ Water is available at every meal at no cost.

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Biscuit, Egg & Sausage Apple Juice Oranges Milk	3 Mini Pancakes Grape Juice Raisins Milk	4 Breakfast Burrito w/Grahams Juice Bananas Milk	5 Cinnamon Swirls Fruit Juice Sliced Apples Milk	6
9 Mini Bagels Apple Juice Oranges Milk	10 Waffles Juice Raisins Milk	11 Blueberry Muffin Grape Juice Sliced Apples Milk	12 Cereal w/Cubed Cheese Fruit Juice Fresh Pears Milk	13
16 Biscuit, Egg & Sausage Apple Juice Oranges Milk	17 French Toast Grape Juice Raisins Milk	18 Cinnamon Swirls Fruit Juice Sliced Apples Milk	19 School Holiday 	20
23 Biscuit, Egg & Sausage Apple Juice Oranges Milk	24 Waffles Juice Raisins Milk	25 Manager's Choice Juice Fruit Milk	26 Manager's Choice Juice Fruit Milk	27 
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