

June 2026

Frankston ISD Summer Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 WGR Steak Fingers w/*WGR Toast Cucumber Slices (fresh) (O) *Cherry Tomatoes (fresh) (RO) Strawberry Cup (frozen cup) & Apple Slices (fresh) *Milk	2 Hamburgers on *WGR Bun WGR Chips Carrots (fresh) (RO) Broccoli Bites (fresh) (DG) *Oranges (fresh) & Pear Cups *Milk	3 Chicken Nuggets HS-w/WGR Roll Cauliflower Bites (fresh) (O) Oven Fries (frozen) (S) Mixed Berry Cup (frozen) & Raisins *Milk	4 Meatball Sub on *WGR Hoagie Bun Hummus Cup (pre-pkg) (L) Celery Sticks (fresh) (O) Sidekicks (frozen 100% fruit juice) & *Fresh Local Watermelon *Milk	5
8 Ham & Cheese Lunch Kit WGR HS – WGR Goldfish Jicama Sticks (fresh) (S) Carrots (fresh) (RO) Frozen Fruit Cup (frozen) & Apple Slices (fresh) *Milk	9 Hot Dogs on *WGR Bun Hummus Cup (pre-pkg) (L) Oven Fries (frozen) (S) HS-*Mixed Veggies (fresh) (O) *Oranges (fresh) & Mixed Berries (frozen) / *Milk	10 Hamburgers on *WGR Bun WGR Chips Broccoli Bites (fresh) (DG) *Sweet Potato Fries (frozen) (RO) *Red Apples (fresh) & *Pears (fresh) / *Milk	11 Pizza Lunch Kit WGR HS – WGR Grahams Celery Sticks (fresh) (O) Cauliflower Bites (fresh) (O) Peach Cup & Raisins *Milk	12
15 WGR Bean & Cheese Burrito String Cheese Broccoli Bites (fresh) (DG) *Cherry Tomatoes (fresh) (RO) Strawberry Cup & Apple Crisp (dried) / *Milk	16 Hamburgers (Local) on *WGR Bun WGR Chips & Carrots (fresh) (RO) Pinto Beans (dried, then cooked) (L) *Oranges (fresh) & Pear Cups *Milk	17 Chicken Nuggets HS –w/*WGR Roll Cucumber Slices (fresh) (O) Cauliflower Bites (fresh) (O) HS-Oven Fries Frozen Fruit Cups (frozen) & Dried Cranberries / *Milk	18 Manager's Choice Mixed Veggies (fresh) (O) Jicama Sticks (fresh) (S) *Fresh Local Watermelon & Frozen 100% Fruit Juice *Milk	19 
22 WGR PB & J WGR Graham Crackers Carrots (fresh) (RO) Celery Sticks (fresh) (O) Strawberry Cup & *Grapefruit (fresh) *Milk	23 WGR Steak Fingers w/*WGR Toast Oven Fries (frozen) (S) Pinto Beans (dried, then cooked) (L) HS-Mixed Veggies (fresh) (O) *Mixed Fresh Fruit & Applesauce Cup / *Milk	24 Hamburgers on *WGR Bun WGR Chips *Cherry Tomatoes (fresh) (RO) Broccoli Bites (fresh) (DG) Peaches (frozen cup) & *Pears (fresh) / *Milk	25 Manager's Choice Mixed Veggies (fresh) (O) Cauliflower Bites (fresh) (O) *Fresh Local Watermelon & Frozen 100% Fruit Juice *Milk	26
29	30			



Announcements

Menus are subject to change

* Choice of **local** unflavored 1% milk and fat free chocolate milk served daily

GREAT NEWS

Lunch is served with at least 1/2c vegetable and 1/2c fruit

Be sure to eat lunch at least 3 times during a week to have your name put in the drawing. Drawings will be held on Thursday's during June at 12:30pm.

Water is available at every meal at no cost.

Summer Feeding TIMES:

Breakfast: 7:40am-8:10am
 Lunch: 11:30am-12noon

WHERE:

Frankston High School Cafeteria

Key Notes:

WGR – Whole Grain Rich
 Vegetable Subgroups:
 DG – Dark Green
 RO – Red Orange
 L – Legumes
 S – Starchy
 O – Other



www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 06/20/25

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage Croissant Apple Juice Oranges Milk	2 French Toast Fruit Juice Raisins Milk	3 Breakfast Burrito w/Grahams Apple Juice Bananas Milk	4 Sausage Bagel Fruit Juice Apple Slices Milk	5
8 Biscuit & Sausage Apple Juice Oranges Milk	9 Waffles Fruit Juice Raisins Milk	10 Sausage Roll Apple Juice Fresh Pears Milk	11 Cereal w/Cheese Cubes Fruit Juice Apple Slices Milk	12
15 Biscuit & Sausage Apple Juice Oranges Milk	16 French Toast Fruit Juice Raisins Milk	17 Egg & Cheese Frittata Apple Juice Sliced Apples Milk	18 Manager's Choice Fruit Juice Fruit Milk	19 
22 Manager's Choice Fruit Juice Fresh Pears Milk	23 Waffles Fruit Juice Raisins Milk	24 Sausage Roll Apple Juice Apple Slices Milk	25 Manager's Choice Fruit Juice Fruit Milk	26
29	30			



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GREAT NEWS

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