

March 2025 | Frankston ISD Lunch Menu



Announcements:

Menus are subject to change

Students account may be pre-paid at the school or online for ala carte items.

Choice of milk served daily.

GREAT NEWS
Lunch is **FREE** to **ALL** students.

Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable.

Water fountain is available.

NOTES:
*HS-3/4c

3/12/2025:
**HS-BBQ Fries w/2 Breadsticks

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Chicken Nuggets w/Mac & Cheese or Steak Fingers w/Mac & Cheese Seasoned Corn Celery Sticks w/Dip Sliced Pears & Mixed Berries Cup / <i>Milk</i>	5 Personal Pan Pizza HS -Buffalo Pizza or Cheese Sticks w/Marinara *Roasted Sweet Potatoes Broccoli & Cheese Applesauce & Mandarin Oranges / <i>Milk</i>	6 Nachos w/Meat HS -w/Spanish Rice or BBQ Sandwich Pinto Beans Garden Salad Mix Mixed Fruit & Diced Peaches / <i>Milk</i>	7 Hamburger or Fish- HS Fish on Bun HB Trimmings Baby Carrots & French Fries Strawberry Cup & Sidekicks <i>Milk</i>
10 	11 Popcorn Chicken w/Dinner Roll or Pizza Crunchers Mashed Potatoes Broccoli w/Dip Grapefruit & Diced Pears <i>Milk</i>	12 Cheese Pizza HS -French Bread Pizza or **BBQ Fries w/Breadsticks *Carrot Sticks w/Dip Navy Beans Blueberries & Strawberry Cup / <i>Milk</i>	13 Crisritos- HS -w/Cilantro Rice or Hot Dogs / HS -w/Goldfish Garden Salad Mix Green Beans Raisins & Oranges / <i>Milk</i>	14 Hamburger or Chicken Quesadilla HB Trimmings Sweet Potato Fries Baked Beans Irish Applesauce & Lucky Frozen Fruit Juice / <i>Milk</i>
17 	18 	19 	20 	21
24 	25 Steak Fingers w/Roll or Orange Chicken w/Noodles & HS -Egg Roll Baby Bakers Black-eyed Peas Applesauce & Mixed Berries Cup / <i>Milk</i>	26 Pepperoni Pizza or Boneless Chicken Wings Breadsticks w/Wings Broccoli Salad Roasted Yellow Squash Diced Pears & Mandarin Oranges / <i>Milk</i>	27 Chicken Fajita HS -w/Spanish Rice or Taco Salad w/Spanish Rice Cherry Tomatoes Refried Beans Bananas & Pineapple Tidbits <i>Milk</i>	28 Hamburger or Chicken Sandwich MS/HS-Spicy Chicken HB Trimmings French Fries & *Baby Carrots Grapefruit & Frozen Fruit Juice / <i>Milk</i>
31 The Items in Bold/Italic represents Farm Fresh from Texas. The items that are in Bold only represent potential Farm Fresh from Texas depending on the season and availability.				

Asparagus
 Season in Texas: March - April
 Did you know?
 It takes three years to pick fully-grown asparagus from the time you plant the seed



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

March 2025 | Frankston ISD Breakfast Menu



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Choice of milk served daily

GREAT NEWS
Breakfast and Lunch is **FREE** to **ALL** students

Every breakfast is served with at least 1/2c fruit and/or 1/2c vegetable

Water fountain is available.

National School Breakfast Week
March 3-7

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 English Muffin & Sausage Apple Juice Oranges Milk	5 Marple's Chicken & Waffle Pine/Orange Juice Raisins Milk 	6 Col. Mustard Breakfast Roll Grape Juice Sliced Apples Milk	7 Detective Donuts Fruit Juice Fresh Pears Milk
10	11 Mini Bagels Apple Juice Oranges Milk	12 Waffles Pine/Orange Juice Raisins Milk	13 Blueberry Muffin Grape Juice Sliced Apples Milk	14 Cereal w/Cubed Cheese Fruit Juice Fresh Pears Milk
17 Happy St. Patrick Day 	18	19 	20	21
24	25 Egg Croissant MS/HS -Egg Croissant w/Sausage Apple Juice Oranges Milk	26 French Toast Pine/Orange Juice Raisins Milk	27 Breakfast Burrito w/Grahams Grape Juice Sliced Apples Milk	28 Cinnamon Swirls Fruit Juice Bananas Milk
31 				
				<p style="text-align: center;">Asparagus</p> <p style="text-align: center;">Season in Texas: March - April</p> <p style="text-align: center;">Did you know?</p> <p style="text-align: center;">It takes three years to pick fully-grown asparagus from the time you plant the seed</p>



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March 2025 | Frankston ISD PreK Lunch Menu



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Students account may be pre-paid at the school or online for ala carte items

Non-Flavored milk served daily to Pre-K for lunch.

GREAT NEWS
Breakfast and Lunch is **FREE** to **ALL** students

Every lunch is served with at least 1/2c fruit and 1/2c vegetables

Water fountain is available.

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Chicken Nuggets w/Mac & Cheese Seasoned Corn Celery Sticks w/Dip Mixed Berries Cup <i>Milk</i>	5 Personal Pan Pizza Roasted Sweet Potatoes Broccoli & Cheese Mandarin Oranges <i>Milk</i>	6 Nachos w/Meat Pinto Beans Garden Salad Mix Diced Peaches <i>Milk</i>	7 Hamburger Baby Carrots French Fries Strawberry Cup <i>Milk</i>
10 	11 Popcorn Chicken w/Dinner Roll Mashed Potatoes Broccoli w/Dip Grapefruit <i>Milk</i>	12 Cheese Pizza Carrot Sticks w/Dip Navy Beans Blueberries <i>Milk</i>	13 Hot Dogs Garden Salad Mix Green Beans Oranges <i>Milk</i>	14 Hamburger Sweet Potato Fries Baked Beans Applesauce <i>Milk</i>
17 	18 	19 	20 	21
24 	25 Steak Fingers w/Roll Baby Bakers Black-eyed Peas Mixed Berries Cup <i>Milk</i>	26 Pepperoni Pizza Broccoli Salad Roasted Yellow Squash Mandarin Oranges <i>Milk</i>	27 Taco Salad w/Spanish Rice Cherry Tomatoes Refried Beans Bananas <i>Milk</i>	28 Hamburger French Fries Baby Carrots Grapefruit & <i>Milk</i>

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Asparagus

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Food and Nutrition Division
www.SquareMeals.org

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National School Lunch Program