



Frankston ISD Lunch

MENU

AUGUST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NEWS FLASH -

**REMINDER:
ICE CREAM - \$1.25**



Chef Salad Thursday!



Try It Tuesday!

The Items in **Bold/Italic** represents Farm Fresh from Texas. The items that are in **Bold only** represent potential Farm Fresh from Texas depending on the season and availability.



Chicken Nuggets
w/Mac & Cheese or
Steak Fingers w/Mac & Cheese
Seasoned Corn
Green Beans
Applesauce &
Blueberries / Milk

Popcorn Chicken
w/Dinner Roll or
Pizza Crunchers
Mashed Potatoes
Broccoli w/Dip
**Grapefruit & Diced Pears
Milk**

Steak Fingers w/Roll or
Orange Chicken w/Noodles &
HS-Egg Roll
Baby Bakers
Black-eyed Peas
Applesauce &
Diced Peaches / **Milk**

Chicken Tenders w/ Roll or
Salsbury Steak w/Roll
Mashed Potatoes
Cucumber w/Dip
Sliced Peaches & Raisins
Milk

Pepperoni Pizza
HS-Buffero Pizza or
Cheese Sticks w/Marinara
*Roasted Sweet Potatoes
Broccoli & Cheese
Sliced Pears & **Oranges
Milk**

Cheese Pizza
HS-French Bread Pizza or
**BBQ Fries w/Garlic Toast
*Steamed Carrots
Navy Beans
**Red Apples & Mixed Fruit
Milk**

Pepperoni Pizza or
Boneless Chicken Wings
Breadsticks w/Wings
Broccoli Salad
*Roasted Yellow Squash
**Fresh Pears &
Mandarin Oranges / Milk**

Personal Pizza or
Gobbler Grilled Cheese
Navy Beans
Steamed Spinach
**Red Apples &
Mixed Berry Cup
Milk**

Nachos w/Meat
HS-w/Cilantro Rice or
Meatball Sub
Pinto Beans
Garden Salad Mix
Mixed Berry Cup &
Diced Peaches / **Milk**

Crispitos-
HS-w/Spanish Rice or
Hot Dogs / HS-w/Grahams
Garden Salad Mix
Green Beans
Raisins &
Mandarin Oranges / **Milk**

Chicken Fajita
HS-w/Spanish Rice or
Taco Salad w/Spanish Rice
*Cherry Tomatoes
Refried Beans
Bananas & Strawberry Cup
Milk

Spaghetti w/Meatballs &
Garlic Toast or
Soft Tacos-HS-Cilantro Rice
*Steamed Carrots
Garden Salad Mix
**Blueberries & Oranges
Milk**

Hamburger or
Fiestada
HB Trimmings
Baby Carrots & Curly Fries
**Watermelon &
Frozen Fruit Juice
Milk**

Hamburger or
Chicken Quesadilla
HB Trimmings
Sweet Potato Fries
Baked Beans
**Blueberries & Sidekicks
Milk**

Hamburger or
Chicken Sandwich
MS/HS-Spicy Chicken
HB Trimmings
Tator Tots & Baby Carrots
**Grapefruit &
Frozen Fruit Juice / Milk**

Cheeseburger or
Mini Corn Dogs
Sweet Potato Tots
Cauliflower w/Cheese
HB Trimmings
Strawberry Cup &
Sidekicks / **Milk**

**Menus are subject to
change.**

Choice of milk served daily.

Water fountain is available

GREAT NEWS

Lunch is **FREE** to **ALL** students.

Students account may be pre-paid at the school or
online for ala carte items.

Every lunch is served with at least 1/2c fruit and/or
1/2c vegetable.

2024-25 Cafeteria Awards

TDA – Farm Fresh Challenge – Best of The Bunch Award

USDA – Turnip The Beet – Silver Award

Healthy Meals Incentives Recognition Awards for:

Small and/or Rural SFA Breakfast Trailblazer

Small and/or Rural SFA Lunch Trailblazer

Innovation in Nutrition Education



Farm Fresh Fridays all
month long!





Frankston ISD Breakfast

MENU

/////////
AUGUST
/////////

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					
4	Biscuit & Sausage & Egg Apple Juice Oranges Milk		5	Donuts Orange Juice Fresh Peaches Milk	6
				Sausage Roll Orange Juice Banana Milk	7
				Cereal w/Cheese Cubes Fruit Juice Apple Slices Milk	8
11	Biscuit & Sausage & Egg Apple Juice Oranges Milk	12	French Toast Orange Juice Raisins Milk	13	Breakfast Burrito w/Grahams Orange Juice Bananas Milk
				Cinnamon Swirls Fruit Juice Apples Slices Milk	15
18	Cereal w/Grahams Apple Juice Oranges Milk	19	Waffles Orange Juice Raisins Milk	20	Blueberry Muffin Pine/Orange Juice Apple Slices Milk
				Mini Bagels Fruit Juice Fresh Plums Milk	22
25	Egg Croissant MS/HS: w/Sausage Apple Juice Oranges Milk	26	French Toast Orange Juice Raisins Milk	27	Breakfast Burrito w/Grahams Orange Juice Bananas Milk
				Cinnamon Swirls Fruit Juice Apple Slices Milk	29

**Menus are subject to
change.**

Choice of milk served daily.

Water fountain is available

GREAT NEWS

Breakfast is **FREE** to **ALL** students.

Students account may be pre-paid at the school or
online for ala carte items.

Every breakfast is served with at least 1/2c fruit
and/or 1/2c vegetable.

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Innovation in Nutrition Education





Frankston ISD

Pre-K Lunch

MENU

//////////
AUGUST
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NEWS FLASH -

**REMINDER:
ICE CREAM - \$1.25**



1

4

Chicken Nuggets
w/Mac & Cheese
Seasoned Corn
Green Beans
Blueberries
Milk

5



Pepperoni Pizza
Roasted Sweet Potatoes
Broccoli & Cheese
Sliced Pears
Milk

6

Nachos w/Meat
Pinto Beans
Garden Salad Mix
Diced Peaches
Milk

7

Hamburger
Baby Carrots
Curly Fries
Watermelon
Milk

8

11

Popcorn Chicken
w/Dinner Roll
Mashed Potatoes
Broccoli w/Dip
Grapefruit
Milk

12

Cheese Pizza
Steamed Carrots
Navy Beans
Red Apples
Milk

13

Hot Dogs
Garden Salad Mix
Green Beans
Mandarin Oranges
Milk

14

Hamburger
Sweet Potato Fries
Baked Beans
Blueberries
Milk

15



18

Steak Fingers w/Roll
Baby Bakers
Black-eyed Peas
Applesauce
Milk

19

Pepperoni Pizza
Broccoli Salad
Roasted Yellow Squash
Fresh Pears
Milk

20

Taco Salad
Cherry Tomatoes
Refried Beans
Banana
Milk

21

Hamburger
Tator Tots
Baby Carrots
Grapefruit
Milk

22

Try It Tuesday!

25

The Items in **Bold/Italic** represents Farm Fresh from Texas. The items that are in **Bold only** represent potential Farm Fresh from Texas depending on the season and availability.



Chicken Tenders w/ Roll
Mashed Potatoes
Cucumber w/Dip
Sliced Peaches
Milk

26

Personal Pan Pizza
Navy Beans
Steamed Spinach
Mixed Berry Cup
Milk

27

Spaghetti w/Meatballs &
Garlic Toast
Steamed Carrots
Garden Salad Mix
Oranges
Milk

28

Cheeseburger
Sweet Potato Tots
Cauliflower w/Cheese
Strawberry Cup
Milk

29

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change.**

Unflavored milk served daily.

Water fountain is available

GREAT NEWS

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Students account may be pre-paid at the school or online for ala carte items.

Every lunch is served with at least 1/2c fruit and 1/2c vegetable.

2024-25 Cafeteria Awards

TDA – Farm Fresh Challenge – Best of The Bunch Award

USDA – Turnip The Beet – Silver Award

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Farm Fresh Fridays all month long!

