

February 2025 | Frankston ISD Lunch Menu



Announcements:

Menus are subject to change

Students account may be pre-paid at the school or online for ala carte items.

Choice of milk served daily.

GREAT NEWS
Lunch is **FREE** to **ALL** students.

Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable.

Water fountain is available.

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Chicken Nuggets w/Mac & Cheese or Steak Fingers w/Mac & Cheese Seasoned Corn Celery Sticks w/Dip Applesauce & Mixed Berries Cup / <i>Milk</i>	5 Personal Pan Pizza HS -Buffalo Pizza or Cheese Sticks w/Marinara *Roasted Sweet Potatoes Broccoli & Cheese Sliced Pears & Mandarin Oranges / <i>Milk</i>	6 Nachos w/Meat HS -w/Spanish Rice or BBQ Sandwich Pinto Beans Garden Salad Mix Mixed Fruit & Diced Peaches / <i>Milk</i>	7 Hamburger or Fish- HS Fish on Bun HB Trimmings Baby Carrots & Curly Fries Pineapple Tidbits & Sidekicks <i>Milk</i>
10 	11 Popcorn Chicken w/Dinner Roll or Pizza Crunchers Mashed Potatoes Broccoli w/Dip Grapefruit & Diced Pears <i>Milk</i>	12 Cheese Pizza HS -French Bread Pizza or BBQ Fries w/Garlic Toast *Carrot Sticks w/Dip Navy Beans Red Apples & Strawberry Cup / <i>Milk</i>	13 Crisпитos- HS -w/Cilantro Rice or Hot Dogs / HS -w/Goldfish Garden Salad Mix Green Beans Raisins & Oranges / <i>Milk</i>	14 Hamburger or Chicken Quesadilla HB Trimmings Sweet Potato Fries Baked Beans Blueberries & Frozen Fruit Juice / <i>Milk</i>
17 	18 Steak Fingers w/Roll or Orange Chicken w/Noodles & HS -Egg Roll Baby Bakers Black-eyed Peas Applesauce & Mixed Berries Cup / <i>Milk</i>	19 Pepperoni Pizza or Boneless Chicken Wings Breadsticks w/Wings Broccoli Salad Roasted Yellow Squash Fresh Pears & Mandarin Oranges / <i>Milk</i>	20 Chicken Fajita HS -w/Spanish Rice or Taco Salad w/Spanish Rice Cherry Tomatoes Refried Beans Bananas & Pineapple Tidbits <i>Milk</i>	21 Hamburger or Chicken Sandwich MS/HS-Spicy Chicken HB Trimmings Tator Tots & *Baby Carrots Grapefruit & Frozen Fruit Juice / <i>Milk</i>
24  <p>The Items in Bold/Italic represents Farm Fresh from Texas. The items that are in Bold only represent potential Farm Fresh from Texas depending on the season and availability.</p>	25 Chicken Tenders w/ Roll or Fiestada Mashed Potatoes Cucumber w/Dip Sliced Peaches & Raisins <i>Milk</i>	26 Pepperoni Pizza or Grilled Cheese Navy Beans Steamed Spinach Red Apples & Mixed Fruit <i>Milk</i>	27 Spaghetti w/Meatballs & Garlic Toast or Soft Tacos- HS -Cilantro Rice *Steamed Carrots Garden Salad Mix Blueberries & Oranges <i>Milk</i>	28 Cheeseburger or Mini Corn Dogs Sweet Potato Tots Cauliflower w/Cheese HB Trimmings Strawberry Cup & Sidekicks / <i>Milk</i>



Beets

Season in Texas: January - March; September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
www.SquareMeals.org

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Updated 6/6/2024
National School Lunch Program

February 2025 | Frankston ISD Breakfast Menu



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Students account may be pre-paid at the school or online for ala carte items

Choice of milk served daily

GREAT NEWS
Breakfast and Lunch is **FREE** to **ALL** students

Every breakfast is served with at least 1/2c fruit and/or 1/2c vegetable

Water fountain is available.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Mini Bagels Apple Juice Oranges Milk	5 Waffles Pine/Orange Juice Raisins Milk	6 Blueberry Muffin Grape Juice Red Apples Milk	7 Cereal w/Cubed Cheese Fruit Juice Fresh Pears Milk
10	11 Egg Croissant MS/HS -Egg Croissant w/Sausage Apple Juice Oranges Milk	12 French Toast Grape Juice Raisins Milk	13 Breakfast Burrito w/Grahams Pine/Orange Juice Bananas Milk	14 Cinnamon Swirls Fruit Juice Red Apples Milk 
17 	18 Biscuit & Sausage Apple Juice Oranges Milk	19 Waffles Pine/Orange Juice Fresh Pears Milk	20 Blueberry Muffin Grape Juice Fresh Fruit Milk	21 Cereal w/Cubed Cheese Fruit Juice Raisins Milk
24	25 Biscuit & Sausage Apple Juice Oranges Milk	26 French Toast Grape Juice Raisins Milk	27 Breakfast Burrito w/Salsa Pine/Orange Juice Bananas Milk	28 Cinnamon Swirls Fruit Juice Red Apples Milk



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February 2025 | Frankston ISD PreK Lunch Menu



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Students account may be pre-paid at the school or online for ala carte items

Non-Flavored milk served daily to Pre-K for lunch.

GREAT NEWS
Breakfast and Lunch is **FREE** to **ALL** students

Every lunch is served with at least 1/2c fruit and 1/2c vegetables

Water fountain is available.

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Chicken Nuggets w/Mac & Cheese Seasoned Corn Celery Sticks w/Dip Mixed Berries Cup Milk	5 Personal Pan Pizza Roasted Sweet Potatoes Broccoli & Cheese Mandarin Oranges Milk	6 Nachos w/Meat Pinto Beans Garden Salad Mix Diced Peaches Milk	7 Hamburger Baby Carrots Curly Fries Pineapple Tidbits Milk
10 	11 Popcorn Chicken w/Dinner Roll Mashed Potatoes Broccoli w/Dip Grapefruit Milk	12 Cheese Pizza Carrot Sticks w/Dip Navy Beans Red Apples Milk	13 Crisпитos Garden Salad Mix Green Beans Oranges Milk	14 Hamburger Sweet Potato Fries Baked Beans Blueberries Milk 
17  	18 Steak Fingers w/Roll Baby Bakers Black-eyed Peas Applesauce Milk (Orange Chicken Sample)	19 Pepperoni Pizza Broccoli Salad Roasted Yellow Squash Fresh Pears Milk	20 Chicken Fajita Cherry Tomatoes Refried Beans Bananas Milk	21 Hamburger Tator Tots Baby Carrots Grapefruit Milk
24 	25 Chicken Tenders w/ Roll Mashed Potatoes Cucumber w/Dip Sliced Peaches Milk	26 Pepperoni Pizza Navy Beans Steamed Spinach Sliced Peaches Milk	27 Spaghetti w/Meatballs & Garlic Toast Steamed Carrots Garden Salad Mix Blueberries Milk	28 Cheeseburger Sweet Potato Tots Cauliflower w/Cheese Strawberry Cup Milk



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