


February 2026

Frankston ISD Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Steak Fingers w/Roll or Orange Chicken w/Noodles & HS-Egg Roll Baby Bakers Black-eyed Peas Applesauce Cup & Diced Peaches / Milk	4 Pepperoni Pizza or Boneless Chicken Wings Breadsticks w/Wings Broccoli Salad *Roasted Yellow Squash Fresh Pears & Mandarin Oranges / Milk	5 Chicken Fajita HS-w/Spanish Rice or Taco Salad w/Spanish Rice *Cherry Tomatoes Refried Beans Bananas & Strawberries Milk	6 Hamburger or Chicken Sandwich MS/HS-Spicy Chicken HB Trimmings Tator Tots & Baby Carrots Grapefruit & Frozen Fruit Juice / Milk
9 Harvest of the Month 	10 Chicken Tenders w/ Roll or Salisbury Steak w/Roll- HS-w/Rice & Roll Mashed Potatoes Cucumber w/Dip Sliced Peaches & Raisins Milk	11 Personal Pizza or Turkey & Cheese Croissant Navy Beans Steamed Spinach Red Apples & Mixed Berry Cup Milk	12 Spaghetti w/Meatballs & Garlic Toast or Soft Tacos-HS-Cilantro Rice *Steamed Carrots Garden Salad Mix Blueberries & Strawberries Milk	13 Cheeseburger or Mini Corn Dogs Sweet Potato Tots Cauliflower w/Cheese HB Trimmings Oranges & Sidekicks / Milk
16 	17 Chicken Nuggets w/Mac & Cheese or Steak Fingers w/Mac & Cheese Seasoned Corn Green Beans Applesauce & Diced Peaches / Milk	18 Pepperoni Pizza HS-Buffero Pizza or Cheese Sticks w/Marinara *Roasted Sweet Potatoes Broccoli & Cheese Sliced Pears & Oranges Milk	19 Nachos w/Meat HS-w/Cilantro Rice or BBQ Sandwich Pinto Beans Garden Salad Mix Mixed Berry Cup & Blueberries / Milk	20 Hamburger or Fiestada HB Trimmings Baby Carrots & Curly Fries Raisins & Frozen Fruit Juice Milk
23 	24 Popcorn Chicken w/Dinner Roll or Pizza Crunchers Mashed Potatoes Broccoli w/Dip Grapefruit & Diced Pears Milk	25 Cheese Pizza HS-French Bread Pizza or BBQ Fries w/ Garlic Toast-HS x2 Garden Salad Mix Navy Beans Red Apples & Mixed Fruit Milk	26 Crispitos- HS-w/Spanish Rice or Hot Dogs / HS-w/Grahams OR  Chef Salad *Steamed Carrots Green Beans Raisins & Mandarin Oranges Milk	27 ET Beef Hamburger or Chicken Quesadilla HB Trimmings Sweet Potato Fries Baked Beans Blueberries & Sidekicks Milk
The Items in Bold/Italic represents Farm Fresh from Texas. The items that are in Bold only represent potential Farm Fresh from Texas depending on the season and availability. 				



Announcements

Menus are subject to change.

Choice of milk served daily.

Water fountain is available.

GREAT NEWS

Lunch is **FREE** to **ALL** students.

Students account may be pre-paid at the school or online for ala carte items.

Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable.

DID YOU KNOW?

Red leaf lettuce comes from a big family, including: new red fire lettuce, red sails lettuce, redina lettuce, galactic lettuce and benito lettuce.



www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25

February 2026

Frankston ISD Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Cereal w/Cheese Cubes Apple Juice Oranges Milk	4 Waffles Sunrise Juice Raisins Milk	5 Blueberry Muffin Grape Juice Apple Slices Milk	6 Mini Bagels Fruit Juice Fresh Pears Milk
9 	10 Sausage Croissant Apple Juice Oranges Milk	11 French Toast Sunrise Juice Raisins Milk	12 Breakfast Burrito w/Grahams Grape Juice Bananas Milk	13 Cinnamon Swirls Fruit Juice Apple Slices Milk
16 	17 Biscuit & Sausage Apple Juice Oranges Milk	18 Waffles Sunrise Juice Raisins Milk	19 Sausage Roll Grape Juice Bananas Milk	20 Cereal w/Cheese Cubes Fruit Juice Apple Slices Milk
23 	24 Biscuit & Sausage Apple Juice Oranges Milk	25 French Toast Sunrise Juice Raisins Milk	26 Breakfast Burrito w/Grahams Grape Juice Sliced Apples Milk	27 Cinnamon Swirls Fruit Juice Bananas Milk



Announcements

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Choice of milk served daily.

Water fountain is available.

GREAT NEWS

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Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable.

2024-25 Cafeteria Awards

TDA – Farm Fresh Challenge
 Best of The Bunch Award
USDA – Turnip The Beet – Silver Award
Healthy Meals Incentives
Recognition Awards for:
 Small and/or Rural SFA Breakfast Trailblazer,
 Small and/or Rural SFA Lunch Trailblazer, and
 Innovation in Nutrition Education



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Frankston ISD Pre-K Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Steak Fingers w/Roll Baby Bakers Black-eyed Peas Applesauce Cup Milk	4 Pepperoni Pizza Broccoli Salad Roasted Yellow Squash Fresh Pears Milk	5 Taco Salad w/Spanish Rice Cherry Tomatoes Refried Beans Bananas Milk	6 Hamburger Tator Tots Baby Carrots Grapefruit Milk
9 Harvest <i>of the Month</i> 	10 Chicken Tenders w/ Roll Mashed Potatoes Cucumber w/Dip Sliced Peaches Milk	11 Personal Pizza Navy Beans Steamed Spinach Red Apples Milk	12 Spaghetti w/Meatballs & Garlic Toast Steamed Carrots Garden Salad Mix Blueberries Milk	13 Cheeseburger Sweet Potato Tots Cauliflower w/Cheese Oranges Milk
16 	17 Chicken Nuggets w/Mac & Cheese Seasoned Corn Green Beans Applesauce Milk	18 Pepperoni Pizza Roasted Sweet Potatoes Broccoli & Cheese Sliced Pears Milk	19 Nachos w/Meat Pinto Beans Garden Salad Mix Mixed Berry Cup Milk	20 Hamburger Baby Carrots Curly Fries Raisins Milk
23 	24 Popcorn Chicken w/Dinner Roll Mashed Potatoes Broccoli w/Dip Grapefruit Milk	25 Cheese Pizza Garden Salad Mix Navy Beans Mixed Fruit Milk	26 Crisпитos- Hot Dogs Steamed Carrots Green Beans Mandarin Oranges Milk	27 ET Beef Hamburger Sweet Potato Fries Baked Beans Blueberries Milk
The Items in Bold/Italic represents Farm Fresh from Texas. The items that are in Bold only represent potential Farm Fresh from Texas depending on the season and availability.				



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Announcements

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Unflavored milk served daily.

Water fountain is available.

GREAT NEWS

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Every lunch is served with at least 1/2c fruit and/or 1/2c vegetables.

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