

# May 2026

## Frankston ISD Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p><b>4</b></p> <p><b>FUN FACT</b></p> <p>Every year, almost 20,000 people come to the Annual Texas Blueberry Festival in Nacogdoches, Texas.</p>	<p><b>5</b> Steak Fingers w/Roll or Orange Chicken w/Noodles &amp; <b>HS-Egg Roll</b> Baby Bakers Black-eyed Peas Applesauce Cup &amp; Diced Peaches / <b>Milk</b></p>	<p><b>6</b> Pepperoni Pizza or Boneless Chicken Wings Breadsticks w/Wings Broccoli Salad *Roasted Yellow Squash <b>Fresh Pears &amp; Mandarin Oranges / Milk</b></p>	<p><b>7</b> Chicken Fajita <b>HS-w/Spanish Rice or Taco Salad</b> w/Spanish Rice *Cherry Tomatoes Refried Beans Bananas &amp; Strawberries <b>Milk</b></p>	<p><b>1</b> <b>Hamburger</b> or Chicken Quesadilla <b>HB Trimmings</b> Sweet Potato Fries Baked Beans <b>Blueberries &amp; Sidekicks Milk</b></p>
<p><b>11</b></p>	<p><b>12</b> Chicken Tenders w/ Roll or Salisbury Steak w/Roll-<b>HS-w/Rice &amp; Roll</b> Mashed Potatoes Baked Beans Sliced Peaches &amp; Raisins <b>Milk</b></p>	<p><b>13</b> Personal Pizza or Meatball Sub Navy Beans Steamed Spinach <b>Red Apples &amp; Mixed Berries Milk</b></p>	<p><b>14</b> Spaghetti w/Meatballs &amp; <b>Garlic Toast</b> or <b>Soft Tacos-HS-Cilantro Rice</b> *Steamed Carrots <b>Garden Salad Mix</b> <b>Blueberries &amp; Strawberries Milk</b></p>	<p><b>8</b> <b>Hamburger</b> or <b>Chicken Sandwich</b> <b>MS/HS-Spicy Chicken</b> <b>HB Trimmings</b> French Fries &amp; Baby Carrots <b>Grapefruit &amp; Frozen Fruit Juice / Milk</b></p>
<p><b>18</b> The Items in <b>Bold/Italic</b> represents Farm Fresh from Texas. The items that are in <b>Bold only</b> represent potential Farm Fresh from Texas depending on the season and availability.</p> 	<p><b>19</b> Chicken Nuggets w/Mac &amp; Cheese or Steak Fingers w/Mac &amp; Cheese Seasoned Corn Green Beans Applesauce &amp; Diced Peaches / <b>Milk</b></p>	<p><b>20</b> Pepperoni Pizza <b>HS-Buffero Pizza</b> or Cheese Sticks w/Marinara *Roasted Sweet Potatoes Broccoli &amp; Cheese Sliced Pears &amp; <b>Oranges Milk</b></p>	<p><b>21</b> <b>Nachos w/Meat</b> <b>HS-w/Cilantro Rice</b> or <b>BBQ Sandwich</b> Pinto Beans <b>Garden Salad Mix</b> Mixed Berries &amp; <b>Blueberries / Milk</b></p>	<p><b>22</b> <b>Hamburger</b> or Fiesta <b>HB Trimmings</b> Baby Carrots &amp; French Fries Raisins &amp; Frozen Fruit Juice <b>Milk</b></p> 
<p><b>25</b></p> 	<p><b>26</b> Manager's Choice w/Dinner Roll or Pizza Crunchers Mashed Potatoes Broccoli w/Dip <b>Grapefruit &amp; Diced Pears Milk</b></p>	<p><b>27</b> Cheese Pizza <b>HS-French Bread Pizza</b> or Manager's Choice <b>Garden Salad Mix</b> Baked Beans <b>Red Apples &amp; Mixed Fruit Milk</b></p>	<p><b>28</b> <b>Lunchables</b> Chips *Baby Carrots Celery Sticks Fresh Fruit &amp; Frozen Fruit Juice <b>Milk</b></p>  	<p><b>29</b></p> 



### Announcements

Menus are subject to change.

Choice of milk served daily.

Water fountain is available.

**\*GREAT NEWS\***

Lunch is **FREE** to **ALL** students.

Students account may be pre-paid at the school or online for ala carte items.

Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable.

### DID YOU KNOW?

A one-cup serving of blueberries has only 80 calories and almost no fat. One serving gives you 25 percent of the Vitamin C needed for the day.



**Ice Cream \$1.25**



# May 2026

## Frankston ISD Breakfast Menu



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Choice of milk served daily.

Water fountain is available.

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#### \*2024-25 Cafeteria Awards\*

**TDA** – Farm Fresh Challenge

Best of The Bunch Award

**USDA** – Turnip The Beet – Silver Award

**Healthy Meals Incentives**

**Recognition Awards for:**

Small and/or Rural SFA Breakfast

Trailblazer,

Small and/or Rural SFA Lunch

Trailblazer, and

Innovation in Nutrition Education

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Cereal w/Cheese Cubes Fruit Juice Apple Slices Milk
<b>4</b>	<b>5</b> Sausage Croissant Apple Juice Oranges Milk	<b>6</b> French Toast Sunrise Juice Raisins Milk	<b>7</b> Breakfast Burrito w/Grahams Grape Juice Bananas Milk	<b>8</b> Sausage Bagel Fruit Juice Apple Slices Milk
<b>11</b>	<b>12</b> Biscuit & Sausage Apple Juice Oranges Milk	<b>13</b> Waffles Sunrise Juice Raisins Milk	<b>14</b> Sausage Roll Grape Juice Bananas Milk	<b>15</b> Cereal w/Cheese Cubes Fruit Juice Apple Slices Milk
<b>18</b>	<b>19</b> Biscuit & Sausage Apple Juice Oranges Milk	<b>20</b> French Toast Sunrise Juice Raisins Milk	<b>21</b> Egg & Cheese Frittada Grape Juice Sliced Apples Milk	<b>22</b> Cinnamon Swirls Fruit Juice Bananas Milk
<b>25</b> 	<b>26</b> Mini Bagels Fruit Juice Fresh Pears Milk	<b>27</b> Waffles Sunrise Juice Raisins Milk	<b>28</b> Sausage Roll Grape Juice Apple Slices Milk 	



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



www.SquareMeals.org

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25

# May 2026

## Frankston ISD Pre-K Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>Hamburger</b> Sweet Potato Fries Baked Beans <b>Blueberries</b> <b>Milk</b> 
<b>4</b> <b>FUN FACT</b> Every year, almost 20,000 people come to the Annual Texas Blueberry Festival in Nacogdoches, Texas.	<b>5</b> <b>Steak Fingers w/Roll</b> Baby Bakers Black-eyed Peas Applesauce Cup <b>Milk</b>	<b>6</b> <b>Pepperoni Pizza</b> Broccoli Salad Roasted Yellow Squash <b>Fresh Pears</b> <b>Milk</b>	<b>7</b> <b>Taco Salad</b> w/Spanish Rice Cherry Tomatoes Refried Beans Bananas <b>Milk</b>	<b>8</b> <b>Hamburger</b> French Fries Baby Carrots <b>Grapefruit</b> <b>Milk</b> 
<b>11</b>	<b>12</b> <b>Chicken Tenders w/ Roll</b> Mashed Potatoes Baked Beans Sliced Peaches <b>Milk</b>	<b>13</b> <b>Personal Pizza</b> Navy Beans Steamed Spinach <b>Red Apples</b> <b>Milk</b>	<b>14</b> <b>Spaghetti w/Meatballs &amp; Garlic Toast</b> Steamed Carrots <b>Garden Salad Mix</b> <b>Blueberries</b> <b>Milk</b>	<b>15</b> <b>Cheeseburger</b> Sweet Potato Tots Cauliflower w/Cheese <b>Oranges</b> <b>Milk</b>
<b>18</b> The Items in <b><i>Bold/Italic</i></b> represents Farm Fresh from Texas. The items that are in <b>Bold only</b> represent potential Farm Fresh from Texas depending on the season and availability. 	<b>19</b> <b>Chicken Nuggets</b> w/Mac & Cheese Seasoned Corn Green Beans Applesauce <b>Milk</b>	<b>20</b> <b>Pepperoni Pizza</b> Roasted Sweet Potatoes Broccoli & Cheese Sliced Pears <b>Milk</b>	<b>21</b> <b>Nachos w/Meat</b> Pinto Beans <b>Garden Salad Mix</b> Mixed Berries <b>Milk</b>	<b>22</b> <b>Hamburger</b> Baby Carrots French Fries Raisins <b>Milk</b> 
<b>25</b> 	<b>26</b> <b>Popcorn Chicken</b> w/Dinner Roll Mashed Potatoes Broccoli w/Dip <b>Grapefruit</b> <b>Milk</b>	<b>27</b> <b>Cheese Pizza</b> <b>Garden Salad Mix</b> Navy Beans Mixed Fruit <b>Milk</b>	<b>28</b>  Lunchables Chips Baby Carrots Celery Sticks <b>Fruit</b> <b>Milk</b> 	



### Announcements

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Unflavored milk served daily.

Water fountain is available.

#### \*GREAT NEWS\*

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### DID YOU KNOW?

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