

**Pinon Community School Food Service Department**  
**Breakfast & Lunch Menu**  
**October 01st, to 31st, 2023**



<b>12/01/23</b>
<i>Pancake on a Stick Syrup Pineapple Tidbits Orange Smiles Assorted Milk</i>
<i>Cheese Pizza Romaine Salad Lite Ranch Dressing California Vegetables Fresh Fruit Assorted Milk</i>

<b>12/04/23</b>	<b>12/05/23</b>	<b>12/06/23</b>	<b>12/07/23</b>	<b>12/08/23</b>
<i>Blue Corn Mush Scrambled Eggs w/ Sausage Sliced Peaches Mixed Berries Assorted Milk</i>	<i>Egg &amp; Sausage Sandwich Assorted Juice Orange Smiles Assorted Milk</i>	<i>WG Bagel Cream Cheese Fruit Cocktail Watermelon Assorted Milk</i>	<i>Breakfast Pizza Assorted Juice Strawberries &amp; Bananas Assorted Milk</i>	<i>WG Biscuit Cheesy Scrambled Eggs Diced Pears Orange Smiles Assorted Milk</i>
<i>Chicken Bowl Fresh Fruit Assorted Milk</i>	<i>Lamb Stew WG Fry Bread Romaine Salad Lite Ranch Dressing Cherry Pears Assorted Milk</i>	<i>Chicken Nuggets Ketchup w/ Mustard Dinner Roll Steamed Carrots Zucchini Squash Strawberries Assorted Milk</i>	<i>Cheeseburger Lettuce &amp; Tomato Ketchup / Mustard / Mayonnaise Cole Slaw Sweet Potato Fries Fresh Fruit Assorted Milk</i>	<i>Baked Chicken Breast Garlic Toast Steamed Corn Scallop Potatoes Sidekicks Assorted Milk</i>
<b>12/11/23</b>	<b>12/12/23</b>	<b>12/13/23</b>	<b>12/14/23</b>	<b>12/15/23</b>
<i>French Toast Sticks Syrup Sausage Patty Assorted Juice Blueberries Assorted Milk</i>	<i>Breakfast Burrito Mild Salsa Fresh Apple Orange Smiles Assorted Milk</i>	<i>Blue Corn Mush Hard Boiled Egg Assorted Juice Fresh Grapes Assorted Milk</i>	<i>Whole Grain Toast Assorted Jelly Scrambled Eggs Diced Peaches Watermelon Assorted Milk</i>	<i>Pumpkin Chocolate Chip Muffin Strawberry Yogurt Applesauce Orange Smiles Assorted Milk</i>
<i>Turkey Cheese Sub Ketchup/Mustard/ Mayonaise Minestrone Soup Steamed Corn Diced Pears Assorted Milk</i>	<i>BBQ Chicken Breast Mashed Potatoes WG Fry Bread Steamed Broccoli Melon Bowl Assorted Milk</i>	<i>Bean &amp; Cheese Burrito Mild Salsa Black Beans Fresh Fruit Assorted Milk</i>	<i>Mandarin Orange Chicken Seasoned Brown Rice Asian Vegetables Baby Carrots Pineapple Tidbits Assorted Milk</i>	<i>Cheese Pizza Romaine Salad Lite Ranch Dressing Green Beans Cantaloupe Assorted Milk</i>
<b>12/18/23</b>	<b>12/19/23</b>	<b>12/20/23</b>	<b>12/21/23</b>	<b>12/22/23</b>
<i>WG Bagel Cream Cheese Assorted Juice Diced Pears Assorted Milk</i>	<i>Whole Grain Pancakes Syrup Cinnamon Apple Slices Fresh Grapes Assorted Milk</i>	<i>Fruit &amp; Yogurt Parfait Honey Graham Crackers Cantaloupe Assorted Milk</i>	<i>Cinnamon Rolls Hard Boiled Egg Tater Tots Fresh Apple . Assorted Milk</i>	<i>Blueberry Muffin Squares Assorted Yogurt Assorted Juice Orange Smiles Assorted Milk</i>
<i>Native Taco with Fry Bread Mild Salsa Mixed Berries Assorted Milk</i>	<i>Meatloaf Seasoned Brown Rice Sweet Cinnamon Squash Green Beans Fresh Fruit Assorted Milk</i>	<i>Chicken Bowl Dinner Roll Strawberries &amp; Bananas Assorted Milk</i>	<i>Beef Chili WG Cornbread Honey Dilled Carrots Roasted Cauliflower Blueberries Assorted Milk</i>	<i>Spaghetti w/Meat Balls WG Garlic Bread Romaine Salad Lite Ranch Dressing Fresh Fruit Assorted Milk</i>

**This Institution is an Equal Opportunity Provider**