



## **Grade 7 Reference Sheet**

1  inch = 2.54  centimeters	1 kilometer = 0.62 mile	1 cup = 8 fluid ounces	
1 meter = $39.37$ inches	1  pound = 16  ounces	1 pint = 2 cups	
1 mile = 5280 feet	1 pound = 0.454 kilogram	1 quart = 2 pints	
1 mile = 1760 yards	1 kilogram = 2.2 pounds	1 gallon = 4 quarts	
1 mile = 1.609 kilometers	1  ton = 2000  pounds	1 gallon = $3.785$ liters	
		1 liter = 1000 cubic centimeters	
		1 liter = $0.264$ gallon	

Triangle	$A = \frac{1}{2}bh$		Circle	$C = \pi d$ $C = 2\pi r$
Parallelogram	A = bh			$A = \pi r^2$
		1	General Prisms	V = Bh

