

OCTOBER 2022

Breakfast

Broad Street School



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Cereal Bar Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>4</p> <p>Cinnamon Bun Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>5</p> <p>Whole Grain Pop Tart w/ a Cheese Stick <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>6</p> <p>Chocolate Chip Muffin Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>7</p> <p>Strawberry Mini Bagel Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>
<p>10</p>  <p><i>Columbus Day</i></p>	<p>11</p> <p>Cinnamon Bun Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>12</p> <p>Whole Grain Pop Tart w/ a Cheese Stick <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>13</p> <p>Chocolate Chip Muffin Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>14</p> <p>Strawberry Mini Bagel Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>
<p>17</p> <p>Cereal Bar Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>18</p> <p>Cinnamon Bun Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>19</p> <p>Whole Grain Pop Tart w/ a Cheese Stick <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>20</p> <p>Chocolate Chip Muffin Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>21</p> <p>Strawberry Mini Bagel Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>
<p>24</p> <p>Cereal Bar Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>25</p> <p>Cinnamon Bun Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>26</p> <p>Whole Grain Pop Tart w/ a Cheese Stick <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>27</p> <p>Chocolate Chip Muffin Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>28</p> <p>Strawberry Mini Bagel Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>
<p>31</p> <p>Cereal Bar Whole Grain <u>Sides:</u> Fruit : Fresh & 100% Juice 1% White Milk</p>	<p>CAFÉ CONTACT INFO: Kristine Colo, Food Service Director gre@nsfm.com Phone: 856-224-4900 ext 2128 *Menu subject to change This institution is an equal opportunity provider.</p>			<p>Breakfast Includes:</p> <ol style="list-style-type: none"> 1. Grain 2. 2nd Grain or protein 3. Fruit 4. Milk <p>Breakfast Prices Student Paid: \$2.00 Free & Reduced Status: free! Adult Breakfast: \$2.50</p>

OCTOBER 2022

Lunch Menu

Greenwich Township



DAILY ALTERNATES:

1 (V) Peanut Butter & Jelly Sandwich

2 (V) Cereal Lunch

(Cereal, Goldfish, Yogurt & Cheese Stick)

FRUIT: Fresh or Cupped & 100% Fruit Juice

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>(V) 3 Stuffed Bread Sticks w/ Marinara Sauce Popcorn Chicken Salad Sides: Streamed Broccoli Carrots w/ Ranch</p>	<p>4 Cheese Burger on a w/g Bun Chicken Caesar Salad Sides: Fries & Toasty Beanbites Cucumbers w/Ranch</p>	<p>5 Ham & Cheese Hoagie on a w/g Torp & Chips Buffalo Chicken Salad Sides: Cooked Carrots Celery w/ Ranch</p>	<p>6 Popcorn Chicken w a Corn Muffin Garden Salad w/ Cheese Sides: Mashed Potatoes, Corn Carrots w/ Ranch</p>	<p>(V) 7 Tony's Pizza By The Slice Sides: Garden Salad Mixed Patch w/ Ranch</p>	
<p>10  Columbus Day</p>	<p>11 Hot Dog on a w/g Bun Chicken Caesar Salad Sides: Tater Tots & Baked Beans Cucumbers w/Ranch</p>	<p>12 Nachos Grande w/ Chips & Topping Buffalo Chicken Salad Sides: Golden Corn Celery w/ Ranch</p>	<p>13 Chicken Nuggets w/ Mac & Cheese Alternate Menu Item 1 Garden Salad w/ Cheese Sides: Seasoned Green Beans Carrots w/ Ranch</p>	<p>(V) 14 Tony's Pizza By The Slice Sides: Caesar Salad Mixed Patch w/ Ranch</p>	
<p>(V) 17 French Toast Sticks w/ Syrup Popcorn Chicken Salad Sides: Hash Brown Carrots w/ Ranch</p>	<p>18 Chicken Cheese Steak on a w/g Torp Chicken Caesar Salad Sides: Fries & Toasty Beanbites Cucumbers w/Ranch</p>	<p>(V) 19 Baked Ziti w/ a Bread Stick Buffalo Chicken Salad Sides: Steamed Broccoli Celery w/ Ranch</p>	<p>20 Chicken Patty on a w/g Bun Alternate Menu Item 1 Garden Salad w/ Cheese Sides: Fries Carrots w/ Ranch</p>	<p>(V) 21 Tony's Pizza By The Slice Sides: Garden Salad Mixed Patch w/ Ranch</p>	
<p>(V) 24 Mozzarella Sticks w/ Marinara Sauce Popcorn Chicken Salad Sides: Seasoned Green Beans Carrots w/ Ranch</p>	<p>25 Cheese Burger Description Chicken Caesar Salad Sides: Fries & Baked Beans Cucumbers w/Ranch</p>	<p>(V) 26 Grilled Cheese w/ Tomato Soup Buffalo Chicken Salad Sides: Hash Brown Celery w/ Ranch</p>	<p>27 Popcorn Chicken w a Corn Muffin Alternate Menu Item 1 Garden Salad w/ Cheese Sides: Mashed Potatoes, Corn Carrots w/ Ranch</p>	<p>(V) 28 Tony's Pizza By The Slice Sides: Caesar Salad Mixed Patch w/ Ranch</p>	
<p>(V) 31 Nachos & Cheese Popcorn Chicken Salad Sides: Peas Carrots w/ Ranch</p>	<p>CAFÉ CONTACT INFO: Kristine Colo, Food Service Director gre@nsfm.com Phone: 856-225-4900 ext 2028 *Menu subject to change This institution is an equal opportunity provider.</p>			<p>Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!</p> <p>Lunch Prices Student Paid: \$3.25 Free & Reduced Status: free! Adult Lunch: \$5.00</p>	

(GF) = Gluten-Free Ingredients (V) = Vegetarian Ingredients



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OCTOBER 2022

Pre-K Breakfast
Broad Street School



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Elf Graham Crackers Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>4</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>5</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>6</p> <p>Yogurt Cup Assorted Flavors <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>7</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>
<p>10</p>  <p><i>Columbus Day</i></p>	<p>11</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>12</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>13</p> <p>Yogurt Cup Assorted Flavors <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>14</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>
<p>17</p> <p>Elf Graham Crackers Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>18</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>19</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>20</p> <p>Yogurt Cup Assorted Flavors <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>21</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>
<p>24</p> <p>Elf Graham Crackers Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>25</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>26</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>27</p> <p>Yogurt Cup Assorted Flavors <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>28</p> <p>Cereal Bowl Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>
<p>31</p> <p>Elf Graham Crackers Whole Grain <u>Sides:</u> 100% Juice Cup 1% White Milk</p>	<p>CAFÉ CONTACT INFO: Kristine Colo, Food Service Director gre@nsfm.com Phone: 856-244-4900 ext 2128 *Menu subject to change This institution is an equal opportunity provider.</p>			

OCTOBER 2022

Pre-K Lunch

Broad Street School



HAPPY HALLOWEEN



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Stuffed Bread Sticks w/ Marinara Sauce Peanut Butter & Jelly Sandwich <u>Sides:</u> Carrots w/ Ranch Fresh Fruit 1% White Milk</p>	<p>4</p> <p>Cheese Burger on a w/g Bun Peanut Butter & Jelly Sandwich <u>Sides:</u> Cucumbers w/ Ranch Cupped Fruit 1% White Milk</p>	<p>5</p> <p>Ham & Cheese Hoagie on a w/g Torp & Chips Peanut Butter & Jelly Sandwich <u>Sides:</u> Celery w/Ranch Fresh Fruit 1% White Milk</p>	<p>6</p> <p>Popcorn Chicken Peanut Butter & Jelly Sandwich <u>Sides:</u> Mashed Potatoes & Corn Cupped Fruit 1% White Milk</p>	<p>7</p> <p>Tony's Pizza By The Slice <u>Sides:</u> Garden Salad Fresh Fruit 1% White Milk</p>
<p>10</p> <p> <i>Columbus Day</i></p>	<p>11</p> <p>Hot Dog on a w/g Bun Peanut Butter & Jelly Sandwich <u>Sides:</u> Cucumbers w/ Ranch Cupped Fruit 1% White Milk</p>	<p>12</p> <p>Nachos Grande w/Chips & Cheese Peanut Butter & Jelly Sandwich <u>Sides:</u> Celery w/Ranch Fresh Fruit 1% White Milk</p>	<p>13</p> <p>Chicken Nuggets w/ Mac & Cheese Peanut Butter & Jelly Sandwich <u>Sides:</u> Carrots w/ Ranch Cupped Fruit 1% White Milk</p>	<p>14</p> <p>Tony's Pizza By The Slice <u>Sides:</u> Caesar Salad Fresh Fruit 1% White Milk</p>
<p>17</p> <p>French Toast Sticks w/ Syrup Peanut Butter & Jelly Sandwich <u>Sides:</u> Carrots w/ Ranch Fresh Fruit 1% White Milk</p>	<p>18</p> <p>Chicken Cheese Steak on a w/g Torp Peanut Butter & Jelly Sandwich <u>Sides:</u> Cucumbers w/ Ranch Cupped Fruit 1% White Milk</p>	<p>19</p> <p>Baked Ziti Peanut Butter & Jelly Sandwich <u>Sides:</u> Celery w/Ranch Fresh Fruit 1% White Milk</p>	<p>20</p> <p>Chicken Patty on a w/g Bun Peanut Butter & Jelly Sandwich <u>Sides:</u> Carrots w/ Ranch Cupped Fruit 1% White Milk</p>	<p>21</p> <p>Tony's Pizza By The Slice <u>Sides:</u> Garden Salad Fresh Fruit 1% White Milk</p>
<p>24</p> <p>Mozzarella Sticks w/ Marinara Sauce Peanut Butter & Jelly Sandwich <u>Sides:</u> Carrots w/ Ranch Fresh Fruit 1% White Milk</p>	<p>25</p> <p>Cheese Burger on a w/g Bun Peanut Butter & Jelly Sandwich <u>Sides:</u> Cucumbers w/ Ranch Cupped Fruit 1% White Milk</p>	<p>26</p> <p>Grilled Cheese on w/g White Peanut Butter & Jelly Sandwich <u>Sides:</u> Celery w/Ranch Fresh Fruit 1% White Milk</p>	<p>27</p> <p>Popcorn Chicken Peanut Butter & Jelly Sandwich <u>Sides:</u> Mashed Potatoes & Corn Cupped Fruit 1% White Milk</p>	<p>28</p> <p>Tony's Pizza By The Slice <u>Sides:</u> Caesar Salad Fresh Fruit 1% White Milk</p>
<p>31</p> <p>Nachos & Cheese Peanut Butter & Jelly Sandwich <u>Sides:</u> Carrots w/ Ranch Fresh Fruit 1% White Milk</p>	<p>CAFÉ CONTACT INFO: Kristine Colo, Food Service Director gre@nsfm.com Phone: 856-224-4900 ext 2128 *Menu subject to change This institution is an equal opportunity provider.</p>			



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