

Frazier High School April 2024 Lunch Menu



Director of Food and Nutrition: Kelly Calderone

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724-736-9507 x431

The Deli

Choices May Include:
Grilled Chicken Patty Sandwich
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sand
Hamburger or Cheeseburger

The Pizzeria

Choices may Include:
Pepperoni Pizza
Cheese Pizza
White Pizza
Buffalo Chicken Pizza
Chicken Fajita Pizza

Grab & Go

A variety of sandwiches, wraps and specialty salads are available daily!

Whole Grains Available Daily



<p>April 1st</p> <p>Easter Holiday Break</p> <p>No School</p>	<p>April 2nd</p> <p>General Tso with Rice Steamed Broccoli Applesauce Low/Non Fat Milk</p>	<p>April 3rd</p> <p>Chicken Parmesan Sandwich Steamed Carrots Pears Low/Non Fat Milk</p>	<p>April 4th</p> <p>Popcorn Chicken Bowl with Bread Slice Golden Corn Mixed Fruit Low/Non Fat Milk</p>	<p>April 5th</p> <p>Hot Honey Chicken Pizza Sweet Peas Pineapple Tidbits Low/Non Fat Milk</p>
<p>April 8th</p> <p>Meatballs with Marinara and Garlic Breadsticks Green Beans Apple Low/Non Fat Milk</p>	<p>April 9th</p> <p>Beef Nachos with Cheese Sauce Steamed Carrots Applesauce Low/Non Fat Milk</p>	<p>April 10th</p> <p>Hot Ham and Cheese on Bun Mixed Vegetables Peaches Low/Non Fat Milk</p>	<p>April 11th</p> <p>Sweet & Spicy BBQ Chicken Bowl Steamed Corn Pineapple Tidbits Low/Non Fat Milk</p>	<p>April 12th</p> <p>Grilled Cheese Tomato Soup Pears Low/Non Fat Milk</p> <p>National Grilled Cheese Day</p>
<p>April 15th</p> <p>Chicken Quesadilla Black Beans Pears Low/Non Fat Milk</p>	<p>April 16th</p> <p>Swedish Meatballs over Noodles Green Beans Mandarin Oranges Low/Non Fat Milk</p>	<p>April 17th</p> <p>Spicy Chicken Sandwich French Fries Applesauce Low/Non Fat Milk</p>	<p>April 18th</p> <p>Popcorn Chicken Bowl with Bread Slice Steamed Corn Pineapple Tidbits Low/Non Fat Milk</p>	<p>April 19th</p> <p>Corn Dog Mixed Vegetables Apple Low/Non Fat Milk</p>
<p>April 22nd</p> <p>General Tso Dumplings with Rice Steamed Broccoli Applesauce Low/Non Fat Milk</p>	<p>April 23rd</p> <p>French Toast Sticks with Sausage Patties Tator Tots Mixed Fruit Low/Non Fat Milk</p>	<p>April 24th</p> <p>BBQ Rib on Bun Green Beans Apple Low/Non Fat Milk</p>	<p>April 25th</p> <p>Cream Turkey over Biscuits Mashed Potatoes with Gravy Peaches Low/Non Fat Milk</p>	<p>April 26th</p> <p>Italian Dunkers Mixed Vegetables Pears Low/Non Fat Milk</p>
<p>April 29th</p> <p>Chicken Alfredo Steamed Broccoli Apple Low/Non Fat Milk</p>	<p>April 30th</p> <p>Chili with Biscuits Steamed Corn Pears Low/Non Fat Milk</p>		<p>Now Hiring Café Subs!</p> <p>Work while your child or grandchild is in school!</p> <p>No nights or weekends, holidays off!</p>	

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce



Milk Choices Offered Daily:
1% white and non-fat flavored



Lunch Prices:
Paid \$2.45
Reduced FREE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE