

RCSS School Health Advisory Council Minutes

Meeting Date: December 6, 2021

Location: RCSS Boardrooms

Council Members Present:

Edwina Ashworth (Executive Director of Administrative Services for Students and Driver Education); Dale Brinkley (Executive Director of Operations); Greg Brewer (Safety Compliance Officer); Monica Hurley (School Nurse); Aubry Morrison (Registered Dietitian / School Nutrition Supervisor); Kelly Green (Director - Child Nutrition Services); Larry Chappell (Director Of Instructional Support Services/Title II); Breanna Rouse (School Social Worker); Sam Varner (Wellness Administrator, Randolph County Government); Nicole Duncan (Assistant Principal)
Virtual Attendance: Eric Johnson (Principal); Molly Welch (Teacher); Ross Houston (Teacher); Fred Burgess (Board of Education)

Minutes:

Edwina Ashworth called the meeting to order.
Minutes from the last meeting were approved.

New Members Introduced:

Nicole Duncan, Assistant Principal, Southwestern Randolph High
Ross Houston - Health/PE Teacher, Eastern Randolph High
Sam Varner - Wellness Administrator, Randolph County Government
Molly Welsh - Health Science Teacher, Randleman High School

Old Business:

Mrs. Ashworth reviewed the three goals adopted by the council for the 2021-2022 school year. These are a continuation from the previous year:

1. Increase the importance of wellness to students and staff.
2. Focus on the social and emotional needs of students and staff.
3. Increase resources for drug awareness: e-cigarettes/vaping.

New Business:

WellSat Plan: We need to conduct an assessment this school year. The plan will be to conduct the assessment in the spring. Edwina and Aubry will work on the survey to be shared with Principals for review. The assessment is required every three years per policy (6140).

School Nutrition Administrative Review: State review is scheduled for 3/28/22. Kelly Green is the main contact for this review. SHAC is a component of the review. We need to be knowledgeable of the Wellness Policy 6140. Corrective actions will be implemented for out of compliance issues. The SHAC link on the district website will be reviewed and updated as needed prior to the review. As a reminder, fundraising food should not be sold to students during the school day.

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Round Table Discussion:

- Kelly Green
 - Administrative review of the Wellness Policy is a Child Nutrition focus.
 - High School students have a few more menu choices.
 - Participation has increased
- Monica Hurley
 - Dental and vision screening may be completed prior to the holiday break
 - Immunizations compliance has been completed
- Greg Brewer
 - OSHA fines and fees have gone up.
 - OSHA on the federal level is moving into the vaccine business. More to come on this through the court system.
 - Ergonomics, you will find information in the Safety Drive.
 - The EC department has the most workplace injuries (21%) due to being bitten by students. We are working on supporting them accordingly.
 - Dr Cross and CTE students/classes will receive training for OSHA certification.
- Nicole Duncan
 - Concerned about the increase in vaping by students at school. There is a need for preventive training.
- Dale Brinkley
 - School staff have access to the Employee Assistance Program (EAP)
- Ross Houston
 - Vaping is a big problem. Dab pens are also a concern.
- Molly Welch
 - RHS is running a campaign on campus to address vaping.
- Sam Varner
 - Randolph County government is 18th in the country for healthy workplace in America.
 - They focus on staff welfare.
 - Mental health for staff is a top 2-3 concern.

Next Steps:

- Administration Review.
- Edwina Ashworth and Aubry Morrison will work on the assessment survey for schools
- Research vaping education program options
- Sam Varner will bring resources for employee health

Next Meeting:

February 28, 2022 in Boardroom A @ 3:30pm

Meeting Adjourned