

School Health Advisory Council Minutes

Jan. 18, 2024

Odem Edroy ISD- OIS Library

4:15PM to 4:50PM

Participants in attendance: Lisa Perez, Amy Salinas, Marissa Mendez, Lidamar Yruegas, Jason Pfluger, Ruth Cristiana, Eva Martinez, Debra Velasco, Cynthia Garcia, and Greg Roussel.

Members Absent: Venessa Martinez, Lisa Flores, Renee Orta, Lori Schulze, Roxanna Arredondo, Yolanda Carr, Armando Huerta, Lisa Flores, Christine Guzman, Felicia Espinoza, Belinda Ruiz, Shannon Seale, Abigail Gonzales and Janie Luna.

The meeting was called to order at 4:15. Lisa Perez, RN read the mission statement, welcomed members and guests to the meeting. The minutes from the 12/7/23 meeting were read by everyone individually and approved by members.

The SHAC (School Health Advisory Council) team then shared reports from each committee.

Nutrition: member not available.

Physical Education: member not available

Health Services: Lisa Perez- following up with parents about hearing and vision screenings, and scoliosis referrals that were sent home. We will start sending Acanthosis Nigricans referrals this month and next month.

Healthy School Environment: Jason Pfluger- continuing to have 2 officers patrol all campuses; each campus continues doing safety drills and door sweeps. We have had 3 out of 4 campuses that have gone through their intruder audits so far this year.

Lisa Perez- AED has been bought for the press box and installed. A stop the bleed kit will be added as well.

Health Education: The Great Body Shop is being taught on all campuses (K_8th grade)

Counselors: Belinda Ruiz's note was read- Project turnaround has come back; they are doing 6–8-week (about 2 months) programs for 6th and 7th graders that involve 12 students in each group. Dr. Gomez is no longer with us, but the counselors are working on a plan B to help our students needing counseling. Junior High and High school counselors are working together for CT planning for 8th graders and course selections are beginning soon.

Lisa Perez- Are we going to do a zoom meeting for counseling?

Greg Roussel- Roxanna and I are still trying to explore some options. They still want to try the vouchers with Communities in Schools, but nothing concrete yet.

Lisa Perez- We used to have Connections in schools, but over COVID it stopped.

Cynthia Garcia- They had gone to zoom meeting. It used to relate to Project Turnaround which had a state contract but lost it.

Family and Community Involvement:

Health Promotion for Staff: Lisa Perez- Calallen Chiropractic, Lunch in learn dates? Pick a date and she can come to one campus per day. What they will do is come and do a scan of each employee, provide lunch and talk about going to a Chiropractor.

2/20/24-IS 11:30AM-12:15PM

2/21/24-JH 12:28PM-1:03PM

2/22/24-HS A11:22AM-11:52AM B12:13PM-12:43PM

2/23/24-ES

Open Discussion: Lisa Perez-Talk about Health Fair for OEISD. We will be doing it during the day during their PE times. Would April work for all campuses?

Greg Roussel- I would push for March, because in April we start testing.

Lidamar Yruegas- 3/28 would work because it's before Good Friday.

Lisa Perez-3/28 would that be good with everyone? Yes? The kids come through with their PE classes. This is for grades K-5th grade, but all grade levels are welcome to come if they have time. 15-16

Ruth-Is this a health fair that the community can join in?

Lisa Perez- Yes, but we can only take 15-16 vendors. We will be emailing and inviting the same people as last year's health fair soon.

Discuss new health initiatives for students and staff. What I mean by that is would you want to bring anything to the district for our students that is health related. Like we have done at high school. We have talked to Lisa Flores about Alcohol and Vaping. She stated that it would be better in the classrooms than during the lunch period.

Lisa Perez- We need parent participation because the SHAC is supposed to be parent led and I'm supposed to be the Assistant.

Lidamar Yruegas- We can ask, but we are having a hard time getting parents to come to our stuff. Can we give you a list of parents and you can call them?

Lisa Perez- Yes, that would be great.

Cynthi Garcia- are you supposed to have students also?

Lisa Perez- Yes, and if you have any ideas on bringing parents, tell me.

Ruth Cristiana- We can do whatever you need us to do.

Greg Roussel- you will get better engagement in the classroom. You will get more questions and the students will pay more attention. Versus doing at lunch and the kids are just focusing on getting lunch and turning their brains off for a bit.

Lisa Perez- K, I will email that to you Ruth

3/6 High School during class time

3/7-Junior High (8th period)

Lisa Perez- Meningitis clinic is 1/19 from 9AM-11:30AM. I know Roxanna passed out the permission slips and we are just waiting for them to come back.

Lisa Perez- Discussed the Great Body Shop teacher guides. Everybody was assigned different issues, and we can go over them now.

Vanessa Wilden – K grade, issues 3,4

Lisa Flores-K grade, issues 5,6

Shannon Seale 1st grade, issues 3,4

Roxanna Arredondo -1st grade, issues 5,6

Marissa Mendez-2nd grade, issues 3,4

Renee Orta- 2nd grade, issues 5,6

Lidamar Yruegas-3rd grade, issues 3,4

Lisa Perez-3rd grade, issues 5,6

Abigail Gonzalez –4th grade 3,4

Amy Salinas- 4th grade, issues 5,6

Lori Schulze-5th grade, issues 3,4

Jason Pfluger-5th grade, issues 5,6

Belinda Ruiz-6th grade, issues 3,4

Venessa Martinez –7th grade, issues 3,4

Cynthia Garcia-8th grade, issues 3,4

Greg Roussel-6th grade, issues 5,6

Lisa Perez- Does anybody have questions or even questions on why we are having to cover this?

Ruth Cristiana- I just wanted to know, The Great Body Shop, is that a health class or something the parents can choose whether the kids can participate in that?

Lisa Perez- Everybody is supposed to have health K-8th grade but human sexuality, sex trafficking or family violence is an opt in. The parents this year must sign something that they have to opt-in to be in the discussion.

Ruth Cristiana- So, the children that do not opt-in, do they leave the classroom at that time?

Lisa Perez- Yes, so what happens that if there are kid that opt-out then those kids will leave to the library. We are trying to have the female teachers teach the female student and male teachers teach the male students.

Ruth Cristiana-Project Turnaround what is that?

Lisa Perez- Project Turnaround is a group that comes in and talks about making good choices.

Debra Velasco- The are with Coastal Bend Wellness.

Lida Yruegas- they are starting back at the Elementary, just finished 3rd-5th here (Intermediate) in December.

Lisa Perez-Does anyone else have any questions? No, the meeting was adjourned at 4:50.