



Sports Medicine Consent for Services

Astera Health’s Sports Medicine program provides **free evaluations** by the Astera Health athletic trainer at the school during contracted dates and times for elementary and high school athletes who have a sports-related injury.

Athletes in need of skin lesion checks can be seen by the athletic trainer, the Sports Medicine clinic at Astera Health or their primary care provider by appointment.

Treatment interventions provided by the athletic trainer will be limited to therapeutic exercise, taping and education during the contracted dates and times for participating schools.

The athletic trainer will refer athletes for other intervention including consultations with a provider or physical/occupational therapist and make equipment recommendations when appropriate. The athletic trainer will communicate between coach and provider/therapist to maintain continuity of care. Coaches will keep student athletes’ information confidential per their school’s policies.

All products or equipment recommended may require a prescription by a physician or primary care provider. These items must be purchased on an independent basis as they are not included in the free evaluation and cannot be issued by the athletic trainer.

Children younger than 18 need parental/guardian consent for the above services.

I have read and understand the above:

Athlete’s Name: _____ **DOB:** _____

* _____ * _____
Patient/Patient Representative’s Signature **Date**

Name of school where student athlete is enrolled