



**Figure 1.** Professor Miles Corwin discusses his proposed book on Sherman Indian High School with the Sherman academic staff.

## Parent/Teacher Conference College/Career Fair

The annual parent/teacher conference and career fair was held on October 26th. These events were organized by counselor Stephanie McMorris. In the morning teachers and parents connected and discussed strategies to help students to succeed (Fig. 2). In the afternoon students attended the College/Career Fair in the academic building (Fig. 2). Representatives from colleges and universities as well as career organizations were on hand to entice students. Students had the opportunity to discuss with representatives the programs, campus activities, financial aid, and admission requirements at various schools.

## Video Revision

In the September issue of The Sherman Times we highlighted Angelina Rope and her music. This talented senior writes, mixes, and sings her own songs. Unfortunately, we had to remove her prior video.

## From The Editor

The school leadership committee works with the principal and school staff to assess and improve the academic and social culture at our school. As a decision-making body the committee meets each week and is composed of administrators and academic staff. Currently there are nine members on this year's Leadership Committee. The members include: Mary Yarger, Principal; Karlene Clifford, Stephanie McMorris, Counselors; Michelle Laramie, English Department; Donnas Sims-Stevenson, Resource Department; V. Shattuck, Mathematics/Science Department; Monica Royalty, Fine Arts Department; Matthew Townsend, Physical Education; John Migaiolo, Career Pathways Program; and Fern Charley-Baugus, Social Science.

Professor Miles Corwin (Fig. 1) of the English Department, University of California, Irvine has obtained BIE approval to write a book on Sherman Indian High School. His book will focus on the current era of our school. Professor Corwin was a reporter with the Los Angeles Times for many years and has published three non-fictional books. One of his books "And We Still Rise" documented seniors at Crenshaw High School, California in the gifted and talented program. His Sherman project will commence next year.

Please visit our YouTube Channel to enjoy prior video clips published in The Sherman Times. Click [HERE](#) for our YouTube Channel.





**Figure 2. Upper left:** Parents in the school library at the start of the parent/teacher conference. In front: Counselor Stephanie McMorris (3rd from left) talks to Inter-Tribal Council (ITC) President Trevin White Dress (1st on left). Far right are Ms. Sherman Timara Gordon and her court Victoria Dushane and Makiya Lee. The rest of the students in front are members of Sherman's ITC.

**Upper & Lower Right:** Bustling student activity at the College and Career Fair.



## Native Saying

*“What is life? It is the flash of a firefly in the night. It is the breath of a buffalo in the winter-time. It is the little shadow which runs across the grass and loses itself in the sunset.”*

**Crowfoot  
Blackfoot Warrior**

## Student Focus

This month we spotlight junior Rayne Ramirez (Fig. 3). Although Rayne is a member of the Fort Yuma, Arizona Quechan (Kwatsaan) tribe, she grew up in Minnesota.

Over the past three years she has built up a solid academic and extracurricular record. Last year her GPA was 4.29 and she was elected to the National Honor Society. This year she is a member of the White Rose Singers, the Drama Club, and Sherman Taekwondo. Following graduation Rayne would like to pursue education in psychology—the science of the behavior of the mind. Click [HERE](#) to hear Rayne describe how attending Sherman has influenced her life.



**Figure 3.** Rayne Ramirez beaming with self-confidence.

# Native American Day

In 1998 to recognize and honor California Native Americans the fourth Friday of September was officially made California Native American Day. Since 2006 the city of Riverside, California has also recognized Native Americans by designating the fourth week of September as American Indian Recognition Week.

At Sherman, Native American Day (Fig. 4) was once again celebrated with traditional music (Fig. 4), foods, activities (Fig. 4), dancing, and various displays and vendor tables (Fig. 4). Friends of Sherman were also honored during the day for providing time, resources, and knowledge to our students and school and for preserving Native heritage and culture. This year Sherman Indian High recognized the achievements of individuals with Golden Eagle Awards.

Dr. Bradley Henson of Western University was recognized for spearheading efforts to bring mobile optometry and dental services to Sherman and for collaborating with Sherman students as they prepare to compete in the 2019 National American Indian Science and Engineering Fair.

Dr. Elizabeth Rega also of Western University was acknowledged for helping Native students into careers as health professionals. Scott Scoggins, the cultural liaison at Western University, was recognized for providing learning opportunities for Sherman geology students on the Pitzer/Cal Poly Pomona campus (Fig. 4).

Golden Eagle Awards were also presented to seven individuals for their dedicated efforts in promoting and providing expertise to the agricultural pathways program. These individuals were: Randy Williams, coordinator of the 29:11 agricultural group; Jerry Creekpaun of 29:11 and Second Harvest, Backyard Bounty; Jon Honts



**Figure 4.** *Top Left:* Senior Brittany Medeiros breaks free during lacrosse. *Top Right:* Sherman students and guests at the start of the Native American Day celebration behind the historical Sherman Museum. *Second Upper Left:* The Bird Singers perform during the day. *Second Upper Right:* Sherman agriculture teacher, Gena Hasson (right) and Lorie Brendecke (left) of the Riverside University Health System chatting at the Agricultural Pathways table. *Third Upper Left:* Science teacher, Helen Bonner (microphone) presents Golden Eagle Awards to Scott Scoggins (left), Dr. Bradley Henson (middle), and Dr. Elizabeth Rega. *Third Upper Right:* Golden Eagle Award recipient Jon Honts. *Lower Left:* Golden Eagle Award winners Mark Weyant (left) and Jerry Creekpaun (right). *Lower Right:* Elka Meniyi Award winner, Donna Jenson.

of 29:11 and Backyard Bounty; John Warren of 29:11; Mark Weyant of 29:11 and Backyard Bounty; Roger Tsuda of 29:11; and Scott Berndt, Specialty Crop Food Hub Coordinator (Fig. 4).

The Elka Meniyi Award for supporting Native heritage and culture

in the agricultural pathways program was presented to Sherman staff members Donna Jenson and V. Shattuck (Fig. 4).

We congratulate all award recipients and thank all for their continuing support of Sherman Indian High School.

## Athletic Zone

Sherman Braves football is in full swing this October (Fig. 5). Entering his 22nd season at the helm of Sherman football is Head Coach, Richard Manzo. Also coaching Sherman football this year are David Heard (Career Pathways Program) and Lorna Hoffs (Social Science Department). Last year's successful season was capped off with six Sherman Braves being named All-League and three players participating in the Riverside County All-Star Football Game. Although only five Braves return from last year's team, all players this year are eager and motivated to continue the success from last season.



**Figure 5.** Coaches Manzo and Heard working with the offensive backs and receivers.

## My Hero Does Not Wear a Cape

By Charlotte Altaha

In my story I am going to talk about one person who influenced me the most in my lifetime of hardships and spirals along the way. This person, who is the dearest to my soul, is my amazing aunt Ericka Haozous. For the longest periods of time I've always been influenced by this person. My life has been a little rough and pretty bumpy, especially during the last five to six years from my struggles with depression for having lost a family member. But even in my most difficult times my aunt has been there for me. My aunt is like a true mother that I needed for the longest time. She constantly makes me happy that she is alive to teach me new ways in my everyday lifestyle.

My aunt has always taught me to be a respectful independent and happy person. She taught me all of what I had to know, all I needed to know, and all that I was capable of doing. I'll always be the happiest I can be for her, the person who taught me to always stay true to myself regardless of what people think. It's not every day that you find people like her who can endure all the pain and agony of life and somehow still be happy; stretching her money for the people that she loved to get them the stuff they needed. She's had a lot of careers in her lifetime and she is always willing to try something

new. For instance, in high school she was a nurse, a cheerleader, and a manager for the football team. She also traveled to Washington, D.C. to meet the President because of her excellent work at school.

Since the day I was born until this present day my aunt stuck with me. I will always be my aunt's biggest fan. She is unique in her own way and I love that about her. My aunt may not be a hero with a cape or a soldier with a chest full of medals but she will always be my biggest inspiration to help me achieve what I can do and what I can become.

Thank you for listening to my story.

## "Your Words"

*Your words go through my ears,  
analyzes through my brain.*

*Body has a reaction  
then flows through my veins.*

By Charlotte Altaha

## Planet Earth Is In Poor Health

The IPCC (Intergovernmental Panel on Climate Change) is the leading worldwide group that assesses the science and impact of global warming. Recently the IPCC released a depressing report warning that all world governments must take rapid and far-reaching changes by 2030 to avoid irreversible catastrophic environmental impacts associated with global warming. In their report the panel suggested that efforts should focus on reducing carbon emissions so that the global temperature increase does not exceed 1.5°C. Sadly even at a 1.5°C global temperature threshold 70 to 90% of all coral reefs, the rainforests of the sea that feed a large portion of the world's population, would still likely perish. In addition, the annihilation of wildlife in recent years suggests that a sixth mass extinction in earth's history is under way. This extinction is facilitated by the effects of pollution, over hunting, and habitat loss. Our earth is in poor health and more people need to care.

*"When all the trees have been cut down, when all the animals have been hunted, when all the waters are polluted, when all the air is unsafe to breathe, only then will you discover you cannot eat money."*  
Cree Prophecy

# The Back Forty

As the Sherman Career Pathways Program continues to develop and expand so does the learning opportunities for pathway students. This month pathways internship candidates were taught and certified in cardiopulmonary resuscitation (CPR) by pathway instructors Brian Hayden and David Heard (Fig. 6). Over three long days agriculture teacher Desiree Trapp, and 17 pathway students, visited the Southern California Fair in Lake Perris, California (Fig. 6). Sherman students gained valuable experience at the fair by helping other FFA students prepare their livestock for show. This month Brian Hayden and his construction students went on a field trip to visit movie prop makers in Van Nuys, California. As the saying goes, things change but sometimes remain the same. At Sherman even though the chicken breeds and coops have changed, agricultural students over the years continue to admire campus-grown chickens as revealed in the 1930s and recent photographs (Fig. 6). During the 1930s Sherman students tended garden plots. Figure 6 shows Teepee Dormitory students constructing vegetable beds in the field. Today the term raised beds refers to plants grown in beds enclosed by a frame of wood, rock, or concrete elevated above the ground. In our agricultural pathways program wooden beds about 4 x 8 x 2 feet in size are currently used to optimally grow an array of vegetable crops (Fig. 6)



**Figure 6.** *Top Left:* Pathways internship students working on their CPR certification. *Top Right:* That girl - Olivia Willis - was born to show livestock. *Center Left:* Teepee Dormitory students preparing vegetable crop beds in the 1930s. *Center Right:* A 1930s picture of two happy Sherman students by the campus chicken coops. *Lower Left:* FFA officers Regina Roszelle (Vice President) and David Stryhanyn (reporter) in front of our current chicken pens. *Lower Right:* Raised wooden beds are currently used by Sherman agricultural students.

## Disappearing Indigenous Languages

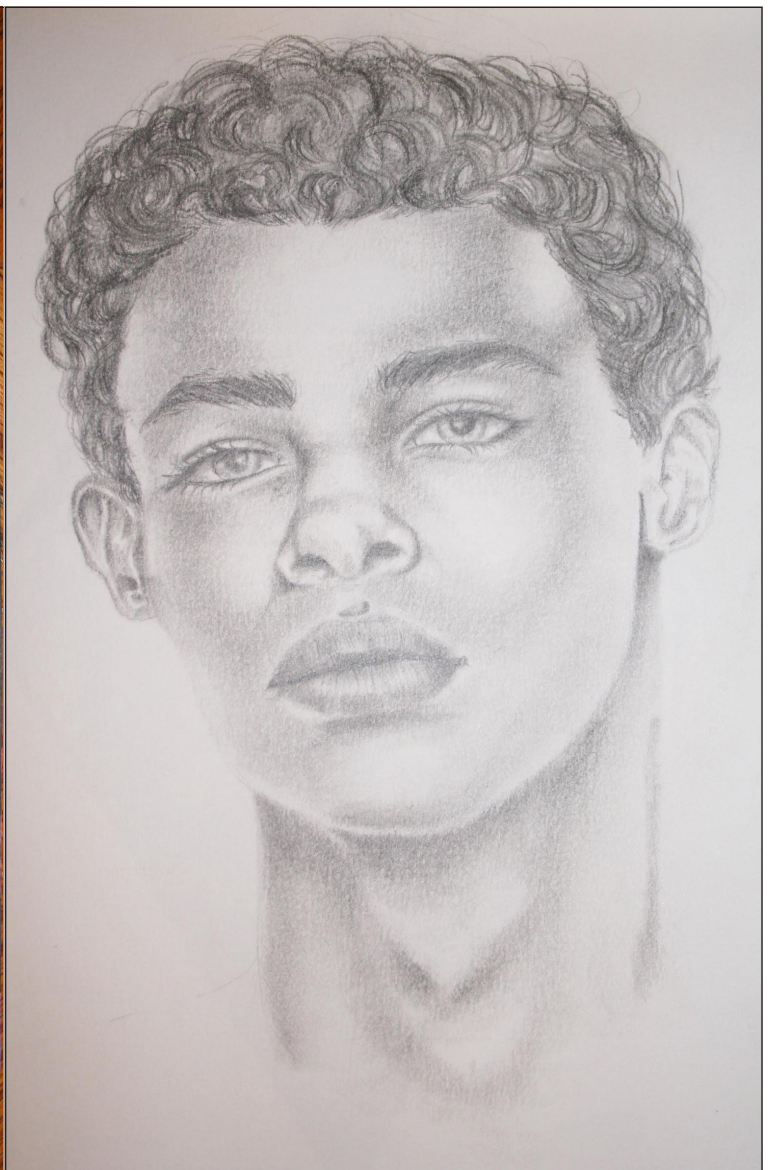
Many Native communities today are working against time to keep their languages alive. This is vital because language is the essence of a culture. Approximately 43% of our Sherman students come from homes where a Native language is spoken. Unfortunately, many Native languages in the United States have disappeared over the years and this loss continues today. Today many Native languages are on the verge of disappearing due to the lack of new fluent Native speakers. For example, of the 143 Native languages

spoken in New Mexico, 60 of these are at risk of being lost. One language, Ayapenaco, is spoken by just two elderly gentlemen. It will fall on the shoulders of dedicated, traditional, and mainly young Native Americans to keep their languages from disappearing.

Senior Nina Ayala is Navajo and resides in Shiprock, New Mexico. She is a member of various campus clubs including the White Rose Singers and the music curators and entrepreneur club. After graduation Nina plans to eventually pursue a pre-law degree

at the University of Southern California. Sophomore Christopher Jones is an Apache from San Carlos, Arizona. Christopher enjoys participating in traditional singing and dancing at Sherman with the White Mountain Apache Crown Dancers.

The Sherman Times is pleased to present Nina and Chris paying respect to their cultures and America through their languages. Please click [HERE](#).



**Figure 7.** *Left:* Abstract watercolor painting by Mikail Morgan. *Right:* A black and white pencil sketch by Mikail.

## Sherman's Got Talent

Welcome to our new section that recognizes talented Sherman students.

The Heard Museum is a private museum in Phoenix, Arizona dedicated to the advancement of American Indian Art. Each March a national competition is held for the best Native American artwork in eight categories. Over the past three years the artwork of Navajo Senior Mikail Morgan has made her a multiple winner at this keen competition. Noteworthy is that a painting by Mikail was sold and published last year by the Heard Museum. Mikail also excels in her academic work. She has been a member of the National Honor Society the past three years with a cumulative GPA of 4.02. The artistic talents of Mikail are shown in Fig. 7.

In November we will showcase Hope Staley. Click [HERE](#) for a brief preview of Hope singing a verse from the spiritual song "Born By The River".

## An Ongoing Expanding Social Problem

by Mikail Morgan

A social issue I would like to address is pollution. Pollution is an ongoing issue that adversely affects the environment, especially the ocean. Due to human behavior, pollution has increased rapidly over the years and already has had a drastic negative impact on society. Industries dump chemical waste into the ocean that contaminates the animals and ecosys-

tems. Fish can be poisoned from the by-products of chemical waste which can cause the fish to be dangerous to consume. The ecosystems are also in jeopardy from the recklessness activities of mankind. The coral reefs are dying due to the waste dumped by humans into the waters and plastic builds up on the shores. Birds like the seagulls and pelicans have a chance of dying due to

consuming plastic on the shore. They believe the plastic is food, eat it, and it damages their digestive tracks.

On another note, pollution also harms the air which can cause climate change, acid rain, and future health problems, especially for young children. It is important that our society seriously confront these growing issues of pollution.



**Figure 8.** Taekwondo instructors (left to right) Mike Tyus, Brian Stine, and Steve Salais discuss training strategies.

## Sherman Taekwondo

Taekwondo is a form of martial arts that originated many years ago on the Korean Peninsula. Taekwondo has been an Olympic event since 2000. The Sherman Taekwondo Chapter was started in 2010 by Sherman staff member Mark Velarde. Today Sherman Taekwondo is the only officially recognized Taekwondo chapter in Indian Country. Since its inception nearly 400 students have participated in our chapter. Three years ago Makayla Garcia earned the first black belt for the chapter. Last year seniors Joel Nash and Marcel Nunez also earned black belts. Over the years Sherman Taekwondo students have captured regional and state competition awards. However, most importantly, Sherman Taekwondo students have gained a martial arts mentality of respect, honor, and discipline. Today Sherman Taekwondo continues to be coordinated by Mark Velarde with the support from two Grand Masters and two Masters. These individuals are: Steve Salais, Jay OldHam, Mike Tyus, and Brian Stine (Fig. 8).

## Camp Sherman

Ninety-seven Sherman freshmen and various school staff recently ventured to Soboba Oaks on the Soboba Reservation in San Jacinto, California for a few days of roughing it (Fig. 9). The focus of this camping trip was team building and student bonding. The freshmen enjoyed various outside activities, including a four-mile hike to Soboba Spring. During the trip students became acquainted with classmates and also the chaperones and sponsors. The freshmen class officers selected for 2018/19 were: President – Xendryx Silas-Antone; Vice President – Cierra Manygoats; Secretary – Autumn Smith; Treasurer – Cynthiana John; ITC Reps: Sir Fernandez and Darel Lincoln. Special thanks are extended to the following people and organizations for making this important trip possible: SIHS Career Pathways Program supported by the San Manuel Band of Mission Indians, Native Challenge, Soboba Tribal Council, Mr. Andy Silvas – Director of Soboba Parks and Recreation, Mr. Post – Noli School Principal, and the support from the Noli High School staff and students.



**Figure 9.** Freshmen students begin pitching Camp Sherman at the Soboba Reservation.



**Figure 10.** Left to right back row, Judge White (5th person), Elizabeth Shulterbrandt (3rd person), and Sherman students at the movie screening of “Tribal Justice”.

## University of Redlands Movie Screening: Tribal Justice

*By Tom Lewis*

On October 10th, Sherman students were invited to attend a movie screening at the University of Redlands by the department coordinator of Native American Studies, Elizabeth Shulterbrandt. Twenty students attended the movie screening of “Tribal Justice” (Fig. 10). The film is a documentary about two judges on the Tribal Courts in the Yurok and Quechan Tribal Nations and how these courts are different from State and Federal Courts by wanting to help tribal members as opposed to only handing down punishment judgements. The students enjoyed the question and answer session with Judge White after the movie screening. It is hoped that a mock trial court program or group will soon come to Sherman Indian High School.



### THE SHERMAN TIMES

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### SHERMAN INDIAN HIGH SCHOOL

9010 Magnolia Avenue  
Riverside, CA 92503  
PH: 951-276-6325  
FAX: 951-276-6336  
WEB: [www.shermanindian.org](http://www.shermanindian.org)  
SCHOOL PRINCIPAL: Sister Mary Yarger

### MISSION STATEMENT

The Sherman Community empowers Native students through opportunities to find their purpose at school and in life.

MIND • BODY • EMOTION • SPIRIT