

## Tornadoes & Lady Tornadoes

2023 Cross Country Schedule

Date	XC Meet	Location	Teams	Start Time
Sat. August 26, 2023	19 <sup>th</sup> Annual Rattlesnake Run	Guymon High School (Guymon, OK)	JH & HS	9:00am
Thur. August 31, 2023	1 <sup>st</sup> Annual River Road Invitational	River Road High School (Amarillo)	JH & HS	2:00pm
Sat. September 9, 2023	Amarillo ISD Invitational	Rick Klein Park North (Amarillo)	JH & HS	9:20am
Sat. September 16, 2023	Ron Valdez Invitational	Pecos HS XC Course (Pecos, NM)	HS	ТВА
Sat. September 23, 2023	Lubbock ISD Invitational	Mae Simmons Park (Lubbock)	HS	ТВА
Sat. September 30, 2023	Canyon XC Invitational	Canyon High School (Canyon)	JH & HS	TBA
Tues. October 3, 2023	Palo Duro Lake Invitational	Palo Duro Lake, Spearman (Spearman)	JH & HS	ТВА
Wed. October 11, 2023	District Cross Country Meet	Channing	JH & HS	TBA
Mon./Tues. October 23/24, 2023	Regional Cross Country Meet	Mae Simmons Park (Lubbock)	HS	ТВА
Fri./Sat. November 3/4, 2023	State Cross Country Meet	Old Settlers Park (Round Rock)	HS	ТВА

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