Daily Learning Planner

Ideas families can use to help children do well in school

Cumberland County Schools



THE PARENT INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

1. Let your child see you reading for different reasons: for pleasure, for information, to learn something new.
2. Help your child set a reading goal for this month.
3. Ask your child to teach you about a concept in an assignment. Teaching reinforces learning.
4. In the car, say a number between one and 10. Who can spot a license plate with numbers that add up to the number you called out?
5. Is your child behaving well? Be sure to say how proud this makes you.
6. It's the birthday of James Naismith, inventor of basketball, who was born in 1861. Find a court and shoot some hoops with your child.
7. Teach your child to write down assignments, tests dates and school activities on your family calendar.
8. Bring a calculator with you when you shop. Have your child to keep a running tally of purchases.
9. This week, help your child keep track of time spent reading for pleasure each day and calculate the average.
10. Make a school project kit with your child. Include glue, tape, craft sticks, colored paper, etc. This can reduce frantic, last-minute shopping trips.
11. Start a kitchen band. Use spoons, pans and lids for instruments. March around the house together.
12. Take an online trip with your child to another continent. Watch travel videos and read about interesting places.
13. Make up new compound words for familiar things together. Perhaps your cat is a *purrcuddler*.
14. Today is the birthday of Claude Monet, a French Impressionist painter. Look at pictures of his art with your child, then paint your own.
15. At dinner, have everyone compliment each person at the table.
16. Help your child rehearse things to say if feeling pressured by a friend or classmate to cheat.
17. Have your child make a list of things in a category—such as colors—then put them into alphabetical order.
18. Plan a reading dinner. Have everyone bring a book to the table, and take turns reading aloud.
19. Play tic-tac-toe with your child.
20. Encourage your child to write a thank-you note to someone who has been helpful or a positive influence.
21. Have all family members pitch in for a half-hour "blitz" of house cleaning. It teaches that everyone has a responsibility to help the family.
22. Teach your child to make a healthy snack. Enjoy it together.
23. Talk to your child about the proper ways to handle trash. Where should it go? What can be reused or recycled?
24. Let your child pick the book you will read together today.
25. Look for ways to volunteer as a family. Let your child help decide what to do.
26. Make a paper cornucopia with your child. Fill it with a list of all the things that make your family grateful.
27. Ask your child to tell you a bedtime story tonight.
28. Visit the library with your child. Check out a book about oceans.
29. Have your child read to you as you're cleaning up after a meal. Or, you read while your child cleans up!
30. Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.

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