

Dyersburg High School Menus

Breakfast (☀) and Lunch

September 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Breakfast (☀) and lunch are FREE to all students of Dyersburg City Schools.
Aug 31 ☀ Assorted Cereal Bar Steak and Gravy Roll Creamy Potatoes Romaine Salad Fruit	Sept 1 BRUNCH FOR LUNCH ☀ Donut or Breakfast Bun Chicken Biscuit Sausage Biscuit Egg Patty Hashbrown Casserole Fruit & Juice	2 ☀ Chicken & Biscuit Chicken Rotel Roll Glazed Sweet Potatoes Italian Green Beans Fruit	3 ☀ Mini Maple Waffles General Tso Chicken Fried Rice California Blend Vegetables Cherry Tomatoes & Cucumbers Fruit	4 ☀ Trix or Cinn Toast Muffin Hamburger/Cheeseburger French Fries Baked Beans Hamburger Trimmings Fruit	
7 No School - Labor Day 	8 ☀ Cereal Bar BBQ Riblet Sub Sweet Potato Puffs Baked Beans Coleslaw Fruit	9 ☀ Steak & Biscuit Poppyseed Chicken Roll Broccoli Salad California Blend Vegetables Fruit	10 ☀ Mixed Berry Scone Taco Beef or Fajita Chicken Tortilla Chips or Wrap Refried Beans/Salsa Taco Trimmings Fruit	11 No School - Fair Day 	At lunch, students must select at least 3 items and are encouraged to select 5 items. Students must choose a ½ cup of fruit or a vegetable.
14 ☀ Assorted Cereal Pork Chop Steak w/Country Gravy Roll Loaded Mashed Potatoes Glazed Carrots Fruit	15 ☀ Yogurt Parfait Cheesy Beef Enchiladas Mexicorn Salsa Taco Trimmings Fruit	16 ☀ Sausage & Biscuit Pollo Loco Chicken & Chips Lima Beans Romaine Salad Fruit	17 ☀ Cini Minis Cheeseburger Mac Cornbread Collard Greens Cucumbers and Tomatoes Fruit	18 ☀ Breakfast Bagel BBQ Chicken Sandwich Baked Beans Pickle Spear Fruit	
21 ☀ Assorted Pop Tart Chicken Nuggets Roll Creamy Potatoes Broccoli Salad Fruit	22 BRUNCH FOR LUNCH ☀ Breakfast Burrito Turkey & Cheese Croissant Scrambled Eggs Hashbrown Fruit & Fruit Juice	23 ☀ Chicken & Biscuit Cowboy Cavatini Cornbread Green Beans Carrots w/Ranch Fruit	24 ☀ French Toast Chicken Rotel Roll Stir Fry Vegetables Cherry Tomatoes & Cucumbers Fruit	25 ☀ Turkey Pancake Wrap Chili Frito Pie Mexican Chili Beans Garden Salad Fruit	☀ Additional daily breakfast offerings: Fresh fruit Fresh juice Choice of milk
28 ☀ Assorted Cereal Bar Ham & Cheese or Grilled Cheese Vegetable Soup Romaine Salad Carrots w/Ranch Fruit	29 ☀ Pizza Bagel Taco Pizza Bites Fiesta Taco Beans Cucumbers and Tomatoes Fruit	30 ☀ Steak & Biscuit Saucy Meatballs Bun Oven Fries Broccoli Salad Fruit	Oct 1 ☀ Mini Pancakes Spaghetti Garlic Breadsticks Green Beans Roasted Squash & Zucchini Fruit	2 ☀ Breakfast Croissant Breaded Chicken Sandwich Sweet Potato Fries Green Beans Sandwich toppings Fruit	Additional daily lunch offerings: Smart Mouth Pizza Choice of milk

Menus are subject to change without notice due to product availability.

This institution is an equal opportunity provider and employer.