

### MONDAY

#### TUESDAY

**Maple Pancake** 

Sausage Griddle

Hot Ham/Cheese Sandwich

Macaroni and Cheese

Tossed Salad, Broccoli

Fresh Strawberries

# HALLOWEEN

7

Strawberry Banana Yogurt

**Roasted Wings/Sauce Sweet Potato Fries Bread Sticks** Fruit Cocktail

Sausage Biscuit

Crispitos, Salsa Mexican Street Corn, Tossed Salad, Pears

**Chicken Biscuit** 

Chicken and Cheese

Ouesadilla/Salsa, Peas

Black Beans, Pears, Fresh

Fruit. Cookie

Salisbury Steak, Brown Gravy **Creamed Potatoes** Turnips/Romaine Salad Cornbread Muffin

27 **Poptart** 

National School Lunch Week

Corn Dog Peas, Tossed Salad **Pears** 

## WEDNESDAY

**Blueberry Muffin** 

Scrambled Eggs, Cinnamon Roll, Hashbrown Potatoes, **Carrot Sticks Orange Wedges** 

**Mini Blueberry Pancakes** 

**Beef Breaded Nuggets** with Sauce Rice Pilaf/Fresh Fruit Garden Spinach Salad

Cinni Mini

Lasagna Roll Ups **Garlic Green Beans** Caesar Salad **Grapes** 

22 **Apple Frudel** 

Sausage Pancake on a Stick **Cheese Grits Hashbrown Potatoes Carrot Sticks Orange Wedges** 

**Mini Berry French Toast** 

**Country Fried Steak Gravy, Green Beans Creamed Potatoes Dinner Rolls, Fresh Fruit**  **THURSDAY** 

2 **Chicken Biscuit** 

Chicken Alfredo Collards, Cornbread Muffin **Blackeyed Peas** Pineapple Chunks

9 **Breakfast Burrito** 

Lasagna with Ground Beef Tossed Salad, Garlic Toast **Steamed Cauliflower** Green Beans, Bananas, **Chocolate Graham Crackers** 

Breakfast Egg and 16 Cheese Sandwich

Tangerine Chicken, Fried Rice, **Roasted Broccoli Cucumber Slices/Ranch Mandarin Oranges Fortune Cookies** 

23 Maple Pancake Sausage Griddle

> Chicken Bites w/ variety of sauces Fried Rice. Green Beans **Fortune Cookies Pineapple Chunks**

**Dunkin Stix** 30

Spaghetti and Meat Sauce Garlic Knot, Tossed Salad **Cucumber Slices** Fresh Fruit

**FRIDAY** 

**Mini Powdered Donuts** 

**Chicken Tenders and Waffles Potato Smiles Tossed Salad** Fresh Fruit

**Chocolate Chip French** 10 **Toast Minis** 

> Hot Dog/Bun **Baked Beans Sidewinder Fries Rosie Applesauce**

**Chocolate Chip Muffin** 

**BBQ Pulled Pork Sandwich** Romaine Salad/Coleslaw Waffle Fries **Watermelon Chunks** 

Mini Blueberry Waffles

Hamburger/Bun Lettuce, Tomato **Steamed Carrots** Sidewinder Fries **Fresh Grapes** 

Strawberry Cream **Cheese Bagels** 

Stuffed Crust Cheese Pizza Garden Spinach Salad **Broccoli and Cheese Rosie Applesauce** 

21 Cinnamon Toast Soft Bar

Cantaloupe

Strawberry

Bacon, Egg, and 28

> Soft Tacos. Salsa Corn. Pinto Beans Sour Cream Pineapple Chunks, Cookie

Cheese Calzone

\*\*\* Menu subject to change due to availability \*\*\* All complete meals include choice of milk: skim & 1% white, fat-free chocolate, or fat free strawberry. This institution is an equal opportunity provider.