

# Treetops School International SHAC Meeting Minutes 9/11/2025

## Health Education Planning Meeting

### Transcript

[https://otter.ai/u/K2qfuzdoOG-y\\_qV3CDF9sv3mTHc?view=summary](https://otter.ai/u/K2qfuzdoOG-y_qV3CDF9sv3mTHc?view=summary)

The meeting focused on developing a health education curriculum for K-6th grade, aligning with Texas Essential Knowledge and Skills (TEKS). Key points included the need for a state-approved health book for sixth grade, covering topics like puberty, nutrition, and relationships, but not sexual intercourse. The group discussed dividing responsibilities by domains: physical health and hygiene, mental health and wellness, healthy eating and physical activity, injury and violence prevention, alcohol, tobacco, and other drugs, and sexual health. Subgroups were formed to research and develop content, with a follow-up meeting scheduled for October 7.

### Attendance:

David Smason - [dsmase86@gmail.com](mailto:dsmase86@gmail.com)  
Haley Kruse - [haleyakruse@gmail.com](mailto:haleyakruse@gmail.com)  
Brandon Ramey - [bramey@mbbcirving.org](mailto:bramey@mbbcirving.org)  
Cheri Clanagan - [cheri.clanagan@gmail.com](mailto:cheri.clanagan@gmail.com)  
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Laura Marquie - [laura.ainouche@gmail.com](mailto:laura.ainouche@gmail.com)

### Subgroup Member Additions and Contact Information:

Christy Laue - [Christybeifus@gmail.com](mailto:Christybeifus@gmail.com)

McKenna Kline - [mckennakline717@gmail.com](mailto:mckennakline717@gmail.com)

Kara Lutz - [kara.lutz@gmail.com](mailto:kara.lutz@gmail.com)

## Action Items

- [ ] @Jas Asbill - Jas to look into the possibility of verbal opt-in for certain programs.
- [ ] Subcommittees to meet and research their assigned domains.
- [ ] Subcommittees to share email/contact info and schedule a meeting.
- [ ] @Jas Asbill - Schedule next full group meeting on November 20th at 6 PM.
- [ ] Ask teachers for existing resources used in health education
- [ ] Jas send Scope and Sequence for 6th with links to Google Slides

## Achievements

- No recent successes or key accomplishments were specifically highlighted in this meeting transcript.

## Priorities

- Developing a health education curriculum that aligns with Texas Essential Knowledge and Skills (TEKS) requirements.
- Creating a curriculum that reflects community values and meets state guidelines.
- Dividing the curriculum development into domains such as physical health, mental health, nutrition, and sexual health.
- Planning for the implementation of the curriculum, particularly for 6th grade which will start next semester.

## Challenges

- Limited state-approved health textbooks available, with only one approved for middle school.
- Lack of a formal, written health curriculum for K-5 grades.
- Challenges in communicating with parents about opt-in requirements for certain health topics.
- Time constraints for committee members who live far from the school.

## Collaboration

- Collaboration with the Women's Center of Tarrant County to provide a free program called "Play Safe" for addressing topics like stranger danger and safe touch.

- Coordination with teachers to gather information on existing health resources and successful teaching methods.

## **Deliverables**

- The committee plans to meet again on November 20th at 6:00 PM to discuss progress on curriculum development.
- Subcommittees are expected to meet and research their assigned health domains before the next meeting.
- The 6th grade health curriculum needs to be developed by the second semester.

## **Company Updates**

- New Texas laws require the formation of this School Health Advisory Council (SHAC) to develop health education curriculum.
- Changes in opt-in requirements for certain health topics as of September 1st.

## **Open Questions**

- The committee needs to further discuss and develop content for each health domain.
- The process for obtaining parent consent for sensitive topics needs to be refined.
- The committee needs to review and potentially adopt resources from the state-approved health textbook.
- Further discussion is needed on how to present sensitive topics like puberty and sexual health.

## **Outline**

### **Attendance and Meeting Start**

- Speaker 1 mentions the attendance sheet and its importance as a public record.
- Speaker 2 discusses the state-approved health book for Texas, noting the lack of a middle school book and the need to cover TEKS (Texas Essential Knowledge and Skills).
- Speaker 2 explains the need to create resources specific to their community values and the depth of content covered in sixth grade compared to earlier grades.
- Speaker 2 outlines the agenda, including starting the meeting, documenting attendance, and introducing members.

### **Introduction of Members and Their Roles**

- Speaker 2 introduces themselves as a sixth-grade health and speech teacher with 20 years of experience at Treetop.
- Speaker 3 introduces themselves as an admin coordinator and district testing coordinator with three children, including one in high school.
- Speaker 4 introduces themselves as a licensed therapist with a practice focusing on mental health.
- Other members introduce themselves, including a wildlife biologist, a fifth and sixth-grade math teacher, a first-grade teacher, and various parents and community members.

## **Overview of Health Education and TEKS**

- Speaker 2 explains the purpose of the meeting and the responsibilities of parents and teachers in covering TEKS.
- Speaker 2 details the content covered in sixth grade, including nutrition, puberty, and relationships, but not sexual intercourse or gender discussions.
- Speaker 2 emphasizes the importance of parental involvement and the process of reviewing and approving health education materials.
- Speaker 2 outlines the structure of the health education curriculum, including the depth of content covered in different grades.

## **Discussion on Health Education Content and Methods**

- Speaker 2 discusses the importance of covering all TEKS and the flexibility in how much time is spent on each topic.
- Speaker 2 explains the changes in health education content over the years, including the introduction of topics like cyber safety and abuse awareness at younger ages.
- Speaker 2 suggests dividing the health education content into domains for easier management and research.
- Speaker 2 proposes using an online health book created by Texas for sixth through eighth grades and the importance of peer-reviewed sources for new content.

## **Formation of Subgroups - TEKS [OUTLINE](#)**

- Physical Health and Hygiene - Julie, Shane, Missy
- Mental Health and Wellness - David, Jennifer, Angela, Christy Laue
- Healthy Eating and Physical Activity - Jas, Brandon, Danielle, Shane
- Injury and Violence Prevention and Safety - Kara/Hayley, Cheri, Haley, McKenna Kline
- Alcohol, Tobacco, and Other Drugs - Brandon, Angela, Laura
- Grade 4 and up - Adolescent Development in the Reproductive and Sexual Health Strand - Jas, Laura, Kara/Hayley, Missy, Jennifer, Danielle, Christy Laue, McKenna Kline

## **Action Items and Next Steps**

- Speaker 2 outlines the action items for the subgroups, including reading and researching their assigned domains. Members who were unable to attend the meeting can reply to all with their contact information and indicate the subgroup they are interested in joining.
- Speaker 2 suggests sharing contact information and meeting over Zoom to discuss progress and findings.
- Speaker 2 emphasizes the importance of parental input and the need to balance the input of both parents and teachers.
- Speaker 2 proposes scheduling the next meeting for November 20th to discuss the progress made by the subgroups and any additional topics or concerns.

### **Discussion on Meeting Schedule and Logistics**

- Speaker 2 and other members discuss the best days and times for future meetings, considering the availability of all participants.
- Speaker 2 suggests meeting on Fridays to accommodate the schedules of as many members as possible.
- Speaker 2 proposes a tentative meeting date of November 20 at 6 PM.
- Speaker 2 and other members discuss the logistics of the meeting, including the need for childcare and transportation for some participants.

### **Final Remarks and Closing**

- Speaker 2 reiterates the importance of the subgroups' work and the need for thorough research and collaboration.
- Speaker 2 emphasizes the goal of creating a comprehensive and effective health education curriculum that aligns with community values and state requirements.
- Speaker 2 thanks all participants for their contributions and looks forward to the next meeting.
- The meeting is officially closed - next time we will motion to adjourn, we forgot that.