

Revised 03/16



Signature of Student: \_\_\_\_

Florida High School Athletic Association

## Preparticipation Physical Evaluation (Page 1 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Student's Name: School: Grade in School: Sport(s): Home Address: Home Phone: ()  Name of Parent/Cuardian: Ferrona to Contact in Case of Emergency: Relationship to Student: Home Phone: ()  Perrona for Contact in Case of Emergency: Relationship to Student: Home Phone: ()  Perrona for Contact in Case of Emergency: Relationship to Student: Home Phone: ()  Work Phone: ()  Perronal Table Phone: ()  Perr	Pa	art 1. Student Information (to be comple	eted b	y studer	ıt or	parent)				
Home Address:   Home Phone: (	Stu	dent's Name:					Sex: A	ge: Date of Birth:	/	
Home Address:   Home Phone: (	Scl	nool:		Gra	ide in	School: Sport(s):				
Person to Contact in Case of Energency;	Но									
Relationship to Student: Home Phone: (	Na	me of Parent/Guardian:				E-	-mail:			
Relationship to Student: Home Phone: (	Per	son to Contact in Case of Emergency:								
Part 2. Medical History (to be completed by student or parent). Explain "yes" answers below. Circle questions you don't know answers to leave the programment of the property	Rel	ationship to Student: Home Pl	none: (	)		Work Phone: (	)	Cell Phone: (		
Have you had a medical illness or injury since your last check up or sports physical?  Do you have an ongoing chronic illness?  Have you ever been hospitalized overnight?  Do you have asthma?  Do you have asthma?  Do you have sasthma?  Do you have suspound allergies that require medical treatment?  Do you been suspeny?  Do you have syspecial protective or corrective equipment or medical devices that aren't usually used for your sport or position (for example, the bely you gain or lose weight or improve your performance?  Do you have any allergies (for example, pollen, latex, medicine, food or stinging insects)?  Have you ever had a rash or hives develop during or after exercise?  Have you ever had a rash or hives develop during or after exercise?  Have you ever had beets pain during or after exercise?  Have you ever been does pain during or after exercise?  Have you ever had heets pain during or after exercise?  Have you had migh blood pressure or high cholesterol?  Have you had high blood pressure or high cholesterol?  Have you had high blood pressure or high cholesterol?  Have you had high blood pressure or high cholesterol?  Have you had now the problems or monucleosis within the last month?  Have you had now the problems or monucleosis within the last month?  Have you had now the problems or problems or problems or sudden death before age 50°  Have you had now the problems with pain or swelling in muscles, tendons, bonose or joints?  Hyze, check appropriate black and explain below:  Head Elbow Hip Neck Forearm Thigh Back Wisia Knee  Chest Hand Shin Calf Shouder Finger Ankle Upper Am Fore  Upper Am Fore  Upper Am Fore  Upper Ankle  Upper Am Fore  Upper Ankle  Have you were been diagnosed with having the sickle cell tanti?  Have you ever been diagnosed with having the sickle cell tanti?  Have you ever been diagnosed with having the sickle cell tanti?  Have you ever been diagnosed										
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1. Have you had a medical illness or injury since your last check up or sports physical? 2. Do you have an ongoing chronic illness? 3. Have you ever been hospitalized overnight? 2. Do you have an ongoing chronic illness? 4. Have you ever been hospitalized overnight? 5. Are you currently taking any prescription or non-prescription (over-the-counter) medications or pills or using an inhaler? 6. Have you ever that surprey? 7. Do you have sansonal allergies that require medical treatment? 8. Do you have seasonal allergies that require medical treatment? 9. Do you have seasonal allergies that require medical treatment? 9. Do you have seasonal allergies that require medical dreatment? 9. Do you have seasonal allergies that require medical treatment? 9. Do you have seasonal allergies that require medical treatment? 9. Do you have seasonal allergies that require medical dreatment? 9. Do you have any special pretictive or currentive equipment or medical devices that aren't usually used for your sport or position of for example, finely not go the pour gain or lose weight or improve your per formance? 9. Do you have any allergies (for example, pollen, latex, medicine, food or stringing insects)? 9. Have you ever had a sprain, straw in pain or swelling after injury? 9. Have you were pland a sprain, straw in pain or swelling after injury? 9. Have you ever had a sensity and yother problems with pain or swelling in muscles, tendons, bones or joints? 9. Have you had unring or after exercise? 9. Have you ever had chest pain during or after exercise? 9. Lave you ever had chest pain during or after exercise? 9. Lave you ever had chest pain during or after exercise? 9. Lave you ever had chest pain during or after exercise? 9. Lave you ever had chest pain during or after exercise? 9. Lave you had high blood pressure or high cholesterol? 9. Lave you had high blood pressure or high cholesterol? 9. Lave you ever had high blood pressure or high cholesterol? 9. Lave you ever had high blood pressure or high cholesterol? 9. Do you have an	1 6	it 2. Medical History (to be completed by si			111). E	explain yes answers	below. Cir	cie questions you don't know		
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3. Have you ever had surgery?  2. Ane you currenly taking any prescription or non-prescription (over-the-counter) medications or pills or using an inhaler?  3. Do you have seasonal lalergies that require medical treatment?  3. Do you be sany special protective or corrective equipment or medical devices that aren't usually used for your sport or position (for example, kneb Pares, special neck roll. foot orthotics, shunt, retainer on your teeth or hearing aid)?  4. Have you have any sulpregies (for example, pollen, latex, and the you have any allergies (for example, pollen, latex, after exercise?  5. An eyou cver had a sprain, strain or swelling after injury? medicine, food or stinging insects)?  8. Have you have a sprain, strain or swelling after injury? medicine, food or stinging insects)?  9. Have you ever had chest pain during or after exercise?  9. Have you ever been dizzy during or after exercise?  10. Have you ever had chest pain during or after exercise?  11. Have you had high blood pressure or high cholesterol?  12. Do you get tired more quickly than your friends do during exercise?  13. Have you had high blood pressure or high cholesterol?  14. Have you had high blood pressure or high cholesterol?  15. Have you had high blood pressure or high cholesterol?  16. Has any family member or relative died of heart problems or sudden death before age 50?  17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?  18. Has a physician ever denied or restricted your resource or pressure sores?  20. Have you ever had a head injury or concussion?  21. Have you have any current skin problems for example, inhing, rashs, acue, wars, fingus, blisters on pressure sores?  22. Have you ever had a seizure?  23. Do you have sement meastrual period?  24. How much time do you usually have from the start of one period to the start of another?  25. How many periods have you had in the last year?  26. How many periods have you had in the last year?  27. How you ever had a singer,	2				27.		or have trout	ole breathing during or after		
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10. Have you ever been dizzy during or after exercise?   Head   Elbow   Hip	9.	Have you ever passed out during or after exercise?				If yes, check appropriat	te blank and i	explain below:		
15. Have you ever been told you have a heart murmur? 16. Has any family member or relative died of heart problems or sudden death before age 50? 17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? 18. Has a physician ever denied or restricted your participation in sports for any heart problems? 19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)? 20. Have you ever had a head injury or concussion? 21. Have you ever had a seizure? 22. Have you ever had a seizure? 23. Do you have frequent or severe headaches? 24. Have you ever had numbness or tingling in your arms, hands, legs or feet? 25. Have you ever had a stinger, burner or pinched nerve? 36. Do you want to weigh more or less than you do now? 37. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you less weight regularly to meet weight requirements for your sport? 39. Have you ever been diagnosed with sickle cell anemia? 40. Have you ever been diagnosed with having the sickle cell trait? 41. Record the dates of your most recent immunizations (shots) for: 41. Record the dates of your most recent immunizations (shots) for: 42. Tetanus:						Head	Elbow	Hip		
15. Have you ever been told you have a heart murmur? 16. Has any family member or relative died of heart problems or sudden death before age 50? 17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? 18. Has a physician ever denied or restricted your participation in sports for any heart problems? 19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)? 20. Have you ever had a head injury or concussion? 21. Have you ever had a seizure? 22. Have you ever had a seizure? 23. Do you have frequent or severe headaches? 24. Have you ever had numbness or tingling in your arms, hands, legs or feet? 25. Have you ever had a stinger, burner or pinched nerve? 36. Do you want to weigh more or less than you do now? 37. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you less weight regularly to meet weight requirements for your sport? 39. Have you ever been diagnosed with sickle cell anemia? 40. Have you ever been diagnosed with having the sickle cell trait? 41. Record the dates of your most recent immunizations (shots) for: 41. Record the dates of your most recent immunizations (shots) for: 42. Tetanus:						Neck	Forearm	Thigh		
15. Have you ever been told you have a heart murmur? 16. Has any family member or relative died of heart problems or sudden death before age 50? 17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? 18. Has a physician ever denied or restricted your participation in sports for any heart problems? 19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)? 20. Have you ever had a head injury or concussion? 21. Have you ever had a seizure? 22. Have you ever had a seizure? 23. Do you have frequent or severe headaches? 24. Have you ever had numbness or tingling in your arms, hands, legs or feet? 25. Have you ever had a stinger, burner or pinched nerve? 36. Do you want to weigh more or less than you do now? 37. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you lose weight regularly to meet weight requirements for your sport? 38. Do you less weight regularly to meet weight requirements for your sport? 39. Have you ever been diagnosed with sickle cell anemia? 40. Have you ever been diagnosed with having the sickle cell trait? 41. Record the dates of your most recent immunizations (shots) for: 41. Record the dates of your most recent immunizations (shots) for: 42. Tetanus:	12.					Back	Wrist	Knee		
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problems or sudden death before age 50?  17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?  18. Has a physician ever denied or restricted your participation in sports for any heart problems?  19. Do you have any current skin problems (for example, itching, rashes, acne, warts. fungus, blisters or pressure sores)?  20. Have you ever had a head injury or concussion?  21. Have you ever had a head injury or concussion?  22. Have you ever had a seizure?  23. Do you feel stressed out?  39. Have you ever been diagnosed with having the sickle cell trait?  40. Have you ever been diagnosed with having the sickle cell trait?  41. Record the dates of your most recent immunizations (shots) for: Tetanus: Measles: Hepatitus B: Chickenpox:  FEMALES ONLY (optional)  42. When was your first menstrual period?  43. When was your most recent menstrual period?  44. How musy frequent or severe headaches?  45. How many periods have you had in the last year?  46. What was the longest time between periods in the last year?						-		-		
17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?  18. Has a physician ever denied or restricted your participation in sports for any heart problems?  19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)?  20. Have you ever had a head injury or concussion?  21. Have you ever been knocked out, become unconscious or lost your memory?  22. Have you ever had a seizure?  23. Do you have frequent or severe headaches?  24. Have you ever had numbness or tingling in your arms, hands, legs or feet?  25. Have you ever had a stinger, burner or pinched nerve?  39. Have you ever been diagnosed with sickle cell trait?  40. Have you ever been diagnosed with sickle cell anemia?  40. Have you ever been diagnosed with sickle cell anemia?  41. Record the dates of your most recent immunizations (shots) for:  Tetanus:	16.					•				
myocarditis or mononucleosis) within the last month?  18. Has a physician ever denied or restricted your participation in sports for any heart problems?  19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)?  20. Have you ever had a head injury or concussion?  21. Have you ever been knocked out, become unconscious or lost your memory?  22. Have you ever had a seizure?  23. Do you have frequent or severe headaches?  24. Have you ever had numbness or tingling in your arms, hands, legs or feet?  25. Have you ever had a stinger, burner or pinched nerve?  36. Have you ever been diagnosed with saving the sickle cell trait?  47. Record the dates of your most recent immunizations (shots) for:  26. Tetanus:	17.									
16. Has a physician ever defined of restricted your participation in sports for any heart problems?  19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)?  20. Have you ever had a head injury or concussion?  21. Have you ever been knocked out, become unconscious or lost your memory?  22. Have you ever had a seizure?  23. Do you have frequent or severe headaches?  24. Have you ever had numbness or tingling in your arms, hands, legs or feet?  25. Have you ever had a stinger, burner or pinched nerve?  41. Record the dates of your most recent immunizations (shots) for:  Tetanus:		myocarditis or mononucleosis) within the last month?								
participation in sports for any neart problems?  19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)?  20. Have you ever had a head injury or concussion?  21. Have you ever been knocked out, become unconscious or lost your memory?  22. Have you ever had a scizure?  23. Do you have frequent or severe headaches?  24. Have you ever had numbness or tingling in your arms, hands, legs or feet?  25. Have you ever had a stinger, burner or pinched nerve?  46. What was the longest time between periods in the last year?	18.									
itching, rashes, acne, warts, fungus, blisters or pressure sores)?  20. Have you ever had a head injury or concussion?  21. Have you ever been knocked out, become unconscious or lost your memory?  22. Have you ever had a seizure?  23. Do you have frequent or severe headaches?  24. How much time do you usually have from the start of one period to the start of another?  25. Have you ever had numbness or tingling in your arms, hands, legs or feet?  26. Have you ever had a stinger, burner or pinched nerve?  27. How much time do you usually have from the start of one period to the start of another?  28. How many periods have you had in the last year?  29. Have you ever had a stinger, burner or pinched nerve?  20. When was your first menstrual period?  21. How musy you usually have from the start of one period to the start of another?  22. How many periods have you had in the last year?  23. How many periods have you had in the last year?	10					Tetanus:	Meas			
20. Have you ever had a head injury or concussion?  FEMALES ONLY (optional)  12. Have you ever been knocked out, become unconscious or lost your memory?  13. Have you ever had a seizure?  14. When was your first menstrual period?  15. How much time do you usually have from the start of one period to the start of another?  16. How many periods have you had in the last year?  17. How many periods have you had in the last year?  18. How many periods in the last year?  19. What was the longest time between periods in the last year?	12.		)?			Hepatitus B:	Chic	renpox:		
22. Have you ever had a seizure? 23. Do you have frequent or severe headaches? 24. How much time do you usually have from the start of one period to the start of another? 25. Have you ever had numbness or tingling in your arms, hands, legs or feet? 26. Have you ever had a stinger, burner or pinched nerve? 27. When was your first menstrual period? 28. How must time do you usually have from the start of one period to the start of another? 29. How many periods have you had in the last year? 29. How many periods have you had in the last year? 29. Have you ever had a stinger, burner or pinched nerve? 20. What was the longest time between periods in the last year?	20.	- ,					_			
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23. Do you have frequent or severe headaches?  24. How much time do you usually have from the start of one period to the start of another?  25. Have you ever had a stinger, burner or pinched nerve?  46. How much time do you usually have from the start of one period to the start of another?  47. How many periods have you had in the last year?  48. How many periods have you had in the last year?  49. What was the longest time between periods in the last year?	22	•								
24. Have you ever had numbness or tingling in your arms, hands, legs or feet?  25. Have you ever had a stinger, burner or pinched nerve?  46. What was the longest time between periods in the last year?  47. What was the longest time between periods in the last year?						•				
hands, legs or feet?  45. How many periods have you had in the last year?  46. What was the longest time between periods in the last year?  47. What was the longest time between periods in the last year?						the start of another?		<u> </u>		
25. Nave for ever lade d'alliger, outlier of pillend fierre.										
Explain "Yes" answers here:	25.	Have you ever had a stinger, burner or pinched nerve?			46.	What was the longest tin	me between p	eriods in the last year?		
	Exp	plain "Yes" answers here:								
We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine medical evaluation required by s.1006.20, Florida	We	hereby state, to the best of our knowledge, that our answers to the	above o	juestions a	re com	plete and correct. In addition	to the routine	medical evaluation required by s.100	5.20, Flor	rida
Statutes, and FHSAA Bylaw 9.7, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (EKG), echocardiogram (ECG) and/or cardio stress test.	Stat	utes, and FHSAA Bylaw 9.7, we understand and acknowledge tha	t we are	hereby ad	vised t	hat the student should underg	go a cardiovasc	ular assessment, which may include	auch diag	nostic

 Date:
 \_\_\_/\_\_\_/
 \_\_\_/ Signature of Parent/Guardian:
 \_\_\_/\_\_\_/



### Preparticipation Physical Evaluation (Page 2 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Height:	Weight:	% Body Fat (optional): Pulse: Blood Pressure:/	eate of Birth://
Temperature:	Hearing: right: P	F left: PF	
Visual Acuity: Righ			
FINDINGS	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
<ol> <li>Appearance</li> </ol>			
<ol><li>Eyes/Ears/N</li></ol>	ose/Throat		
<ol><li>Lymph Node</li></ol>	es		
4. Heart			
5. Pulses			
6. Lungs			
7. Abdomen			
8. Genitalia (m	ales only)		
9. Skin			
MUSCULOSKELET	TAL		
10. Neck			
II. Back			
12. Shoulder/Ar	m		
13. Elbow/Forea	arm		
14. Wrist/Hand			
15. Hip/Thigh			
16. Knee			
17. Leg/Ankle	-		
18. Foot			
* - station-based exa	mination only		
ASSESSMENT OF	EXAMINING PHYSICIA	/PHYSICIAN ASSISTANT/NURSE PRACTITIONER	
I hereby certify that	each examination listed abor	was performed by myself or an individual under my direct supervision with the following	owing conclusion(s):
Cleared withou	t limitation		
Disability:		Diagnosis:	
Precautions:			
Not cleared for	:	Reason:	
	ompleting evaluation/rehabi	ration for:	
Cleared after co		For:	
Referred to			
Referred to Recommendations:	Physician Assistant/Nurse Pr	ctitioner (print):	Date:/





## Preparticipation Physical Evaluation (Page 3 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Student's Name:							
ASSESSMENT OF PHYSICIAN TO WHOM REFERRED (if applicable)							
I hereby certify that the examination(s) for which ref	ferred was/were performed by myself or an individual under my direct s	supervision with the following conclusion(s):					
Cleared without limitation							
Disability:	Diagnosis:						
	Reason:						
Cleared after completing evaluation/rehabilitat	ion for:						
Recommendations:							
Name of Physician (print):		Date://					
1.11							
Signature of Physician:							
A 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	the state of the s						

Based on recommendations developed by the American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine and American Osteopathic Academy for Sports Medicine.





Name of Student (printed)

### Florida High School Athletic Association

Revised 06/21

Consent and Release from Liability Certificate (Page 1 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature. This form is non-transferable; a change of schools during the validity period of this form will require this form to be re-submitted.

1 ms for m is non-cranister and	ie, a change of schools during the valuary period of this form will require	this form to be re-submitted,
School:	School District (if applicable):	
I have read the (condensed) FHSAA Eligibility Rulm my school in interscholastic athletic competition. I know that athletic participation is a privilege. I known is a privilege. I known and even death, is possible in such participatic participating in athletics, with full understanding of hereby release and hold harmless my school, the se liability for any injury or claim resulting from such athletic participation. I hereby authorize the use or I hereby grant to FHSAA the right to review all recaeademic standing, age, discipline, finances, reside use my name, face, likeness, voice and appearance limitation. The released parties, however, are under	and Release (to be signed by student at the bottom) es printed on Page 4 of this "Consent and Release Certificate" and know of not accepted as a representative, I agree to follow the rules of my school and low of the risks involved in athletic participation, understand that serious injon, and choose to accept such risks. I voluntarily accept any and all responsib f the risks involved. Should I be 18 years of age or older, or should I be emathools against which it competes, the school district, the contest officials and athletic participation and agree to take no legal action against FHSAA because disclosure of my individually identifiable health information should treatment order relevant to my athletic eligibility including, but not limited to, my reconce and physical fitness. I hereby grant the released parties the right to phote in connection with exhibitions, publicity, advertising, promotional and conno obligation to exercise said rights herein. I understand that the authorization is submitting said revocation in writing to my school. By doing so, however.	FHSAA and to abide by their decisions. I ury, including the potential for a concusility for my own safety and welfare white neipated from my parent(s)/guardian(s), I FHSAA of any and all responsibility and to of any accident or mishap involving my nt for illness or injury become necessary. The relating to enrollment and attendance, the parent and attendance of any accident videotape me and further to marcial materials without reservation or no and rights granted herein are voluntary.
Part 2. Parental/Guardian Consent	t, Acknowledgement and Release (to be completed and signe	d by a narent/s\/mardian/s\ at the bot-
tom; where divorced or separated, parent/guardi	ian with legal custody must sign.)	
<ul> <li>I hereby give consent for my child/ward to pa</li> </ul>	rticipate in any FHSAA recognized or sanctioned sport EXCEPT for the	following sport(s):
List sport(s) exceptions here		
is possible in such participation and choose to acce the risks involved, I release and hold harmless my any and all responsibility and liability for any injurany accident or mishap involving the athletic participation of the potential way child/ward by a healthcare practitioner, as definite the control of the supervious programment, while my child/ward is under the supervious formation should treatment for illness or injury be athletic eligibility including, but not limited to, record grant the released parties the right to photograph connection with exhibitions, publicity, advertising, ability including, but not limited to, record grant the released parties the right to photograph connection with exhibitions, publicity, advertising, ability and the released participation to exercise said rights herein.  D. Lam aware of the potential danger of concust participate once such an injury is sustained without READ THIS FORM COMPLETELY IN A POTENTIALLY DANGEROUS ATHES CHOOLS AGAINST WHICH I USES REASONABLE CARE IN PROUSLY INJURED OR KILLED BY PINHERENT IN THE ACTIVITY WHIGIVING UP YOUR CHILD'S RIGHT SCHOOLS AGAINST WHICH IT COMPLETED ALAWSUIT FOR ANY PERSONAL THAT RESULTS FROM THE RISKS FUSE TO SIGN THIS FORM, AND M	and knows of, the risks involved in interscholastic athletic participation, underpt any and all responsibility for his/her safety and welfare while participatine child's/ward's school, the schools against which it competes, the school disry or claim resulting from such athletic participation and agree to take no legipation of my child/ward. As required by F.S. 1014.06(1), I specifically authored in F.S. 456.001, or someone under the direct supervision of a healthcare position of the school. I further hereby authorize the use or disclosure of my child/come necessary. I consent to the disclosure to the FHSAA, upon its request, ords relating to enrollment and attendance, academic standing, age, discipline and/or videotape my child/ward and further to use said child's/ward's name promotional and commercial materials without reservation or limitation. The sions and/or head and neck injuries in interscholastic athletics. I also have keep proper medical clearance.  AND CAREFULLY, YOU ARE AGREEING TO LETYON ACTIVITY, YOU ARE AGREEING THAT, EVEN IF MY TOMPETES, THE SCHOOL DISTRICT, THE CONTIONION THIS ACTIVITY, THERE IS A CHANCE YOUR THIS ACTIVITY, THERE IS A CHANCE YOUR THIS ACTIVITY, THERE IS A CHANCE YOUR ARTICIPATING IN THIS ACTIVITY BECAUSE THERE CH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNAND YOUR RIGHT TO RECOVER FROM MY CHILD OR THAT ARE A NATURAL PART OF THE ACTIVITY. YOUR CHILD OR THAT ARE A NATURAL PART OF THE ACTIVITY. YOUR CHILD'S/WARD'S SCHOOL, THE SCHOOLS AGAINTEST OFFICIALS AND FHSAA HAS THE RIGHT.	ig in athletics. With full understanding of trict, the contest officials and FHSAA of gal action against the FHSAA because of rize healthcare services to be provided for ractitioner, should the need arise for such d's/ward's individually identifiable health of all records relevant to my child/ward's, finances, residence and physical fitness. A face, likeness, voice and appearance in e released parties, however, are under no nowledge about the risk of continuing to UR MINOR CHILD ENGAGE CHILD'S/WARD'S SCHOOL, EST OFFICIALS AND FHSAA OUR CHILD MAY BE SERIME ARE CERTAIN DANGERS NING THIS FORM YOU ARE D'S/WARD'S SCHOOL, THE D'S/WARD'S SCHO
tion in FHSAA state series contests, such action:  I understand that the authorizations and right writing to my school. By doing so, however, I unde  G. Please check the appropriate hox(es):	on seeking injunctive relief or other legal action impacting my child (indishall be filed in the Alachua County, Florida, Circuit Court.  s granted herein are voluntary and that I may revoke any or all of them at a cristand that my child/ward will no longer be eligible for participation in intersealth insurance plan, which has limits of not less than \$25,000.	ny time by submitting said revocation in
Company:	Policy Number:	
My child/ward is covered by his/her school's	activities medical base insurance plan.	
I have purchased supplemental football insura I HAVE READ THIS CAREFULLY	ince through my child's/ward's school. AND KNOW IT CONTAINS A RELEASE (Only one parent/gu:	ardian signature is required)
		/ /
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date /
•	CAREFULLY AND KNOW IT CONTAINS A RELEASE (stude	

Signature of Student

Revised 06/21



Name of Parent/Guardian (printed)

Name of Parent/Guardian (printed)

## Consent and Release from Liability Certificate for Concussions (Page 2 of 4)

	This completed form must b	e kept on file by the school. This form is valid for 365 calendar days	s from the date of the most recent signature.
School:		School District (if applie	cable):
Concussion is a acceleration, a ball concussions concussions are bump on the hear	plow or jolt to the head, or by a occur without loss of conscious potentially serious and, if not read can be serious. If your child	well as all other head injuries, are serious. They can be caused by a b blow to another part of the body with force transmitted to the head. sness. Signs and symptoms of concussion may show up right after thanaaged properly, may result in complications including brain dama reports any symptoms of concussion, or if you notice the symptoms a medical professional and cleared by a medical doctor.	You can't see a concussion, and more than 90% of the injury or can take hours or days to fully appear. All age and, in rare cases, even death. Even a "ding" or a
Concussion syn	resolve and, in rare cases or if	y after the injury or can take several days to appear. Studies have she the athlete has sustained multiple concussions, the symptoms can be	
Emotions out of Headache or p Altered vision Sensitivity to l Delayed verba Disorientation Dizziness, incl Decreased coo Confusion and Memory loss Sudden change	ness of surroundings of proportion to circumstances ersistent headache, nausea, vor ight or noise I and motor responses , slurred or incoherent speech luding light-headedness, vertigordination, reaction time I inability to focus attention e in academic performance or de	p(spinning) or loss of equilibrium (being off balance or swimming so	ensation)
In rare cases, l DANGERS if Athletes with si	gns and symptoms of concussion	Inces, easy fatigability  Ilay with a concussion or returns too soon:  on should be removed from activity (play or practice) immediately. O  vulnerable to sustaining another concussion. Athletes who sustain a	
Impact Syndron  Steps to take  Any athlete susj  concussion, regi  In Florida, an ap	ne" where the brain swells unce if you suspect your child be pected of suffering a concussion ardless of how mild it seems or propriate health-care profession	d a chance to heal are at risk for prolonged concussion symptoms, per controllably). There is also evidence that multiple concussions can lead that suffered a concussion: In a should be removed from the activity immediately. No athlete may thow quickly symptoms clear, without written medical clearance from all (AICP) is defined as either a licensed physician (MD, as per Clauttes). Close observation of the athlete should continue for several h	ad to long-term symptoms, including early dementia.  return to activity after an apparent head injury or om an appropriate health-care professional (AHCP), hapter 458, Florida Statutes), a licensed osteopathic
your child's coa them out. <b>Return to pla</b>	ch if you think that your child in or practice:	may have a concussion. Remember, it's better to miss one game than  activity process requires the athlete to be completely symptom free.	n to have your life changed forever. When in doubt, sit
		eletic trainer, coach or medical professional and then, receive writter	
	•	eussions, visit http://www.cdc.gov/concussioninyouthsports/ or http://	//www.seeingstarsfoundation.org
Parents and stumay lead to ab suggesting the	normal brain changes which development of Parkinson's-l	<u>oility</u> Siminary evidence that suggests repeat concussions, and even hit can only be seen on autopsy (known as Chronic Traumatic Ence ike symptoms, Amyotropic Lateral Sclerosis (ALS), severe traut ssion history. Further research on this topic is needed before any	phalopathy (CTE)). There have been ease reports matic brain injury, depression, and long term
injuries and ill have read and	nesses to my parents, team do understand the above inform se symptoms or witness a tea	ny child/ward to view "Concussion in Sports" at www.nfhslearn. octor, athletic trainer, or coaches associated with my sport includ ation on concussion. I will inform the supervising coach, athletic mmate with these symptoms. Furthermore, I have been advised	ling any signs and symptoms of CONCUSSION. I e trainer or team physician immediately if I experi-
Name of Studer	nt-Athlete (printed)	Signature of Student-Athlete	Datc

Signature of Parent/Guardian

Signature of Parent/Guardian



## Consent and Release from Liability Certificate for

Sudden Cardiac Arrest and Heat-Related Illness (Page 3 of 4)

This completed form must be kept on file by	the school. This form is	valid for 365 calendar days fro	m the date of the most recent signature.

The conference of the system o					
School:	School District (if applicable):				
<b>Sudden Cardiac Arrest Information</b>					
Sudden cardiac arrest (SCA) is a leading cause of sports-related mends added training. Sudden cardiac arrest is a condition in whand other vital organs. SCA can cause death if it's not treated with	death. This policy provides procedures for educational requirements of all paid coaches and recom- hich the heart suddenly and unexpectedly stops beating. If this happens, blood stops flowing to the brain ithin minutes.				
Symptoms of SCA include, but not limited to: sudden collaps	se, no pulse, no breathing.				
Warning signs associated with SCA include: fainting during	exercise or activity, shortness of breath, racing heart rate, dizziness, chest pains, extreme fatigue.				

It is strongly recommended that all coaches, whether paid or volunteer, be regularly trained in cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED). Training is encouraged through agencies that provide hands-on training and offer certificates that include an expiration date. Beginning June 1, 2021, a school employee or volunteer with current training in CPR and the use of an AED must be present at each athletic event during and outside of the school year, including practices, workouts and conditioning sessions.

The AED must be in a clearly marked and publicized location for each athletic contest, practice, workout or conditioning session, including those conducted outside of

What to do if your student-athlete collapses:

- Call 911 1.
- Send for an AED 2.
- Begin compressions

#### FHSAA Heat-Related Illnesses Information

People suffer heat-related illness when their bodies cannot properly cool themselves by sweating. Sweating is the body's natural air conditioning, but when a person's body temperature rises rapidly, sweating just isn't enough. Heat-related illnesses can be serious and life threatening. Very high body temperatures may damage the brain or other vital organs, and can cause disability and even death. Heat-related illnesses and deaths are preventable.

Heat Stroke is the most serious heat-related illness. It happens when the body's temperature rises quickly and the body cannot cool down. Heat Stroke can cause permanent disability and death.

Heat Exhaustion is a milder type of heat-related illness. It usually develops after a number of days in high temperature weather and not drinking enough fluids.

Heat Cramps usually affect people who sweat a lot during demanding activity. Sweating reduces the body's salt and moisture and can cause painful cramps, usually in the abdomen, arms, or legs. Heat cramps may also be a symptom of heat exhaustion.

Those at highest risk include the elderly, the very young, people with mental illness and people with chronic diseases. However, even young and healthy individuals can succumb to heat if they participate in demanding physical activities during hot weather. Other conditions that can increase your risk for heat-related illness include obesity, fever, dehydration, poor circulation, sunburn, and prescription drug or alcohol use.

	nual requirement for my child/ward to view both the "Sudd at the information on Sudden Cardiac Arrest and Heat-Rel: 1yself and that of my child/ward.		
Name of Student-Athlete (printed)	Surreture of Student Athlete	Deta /	

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date /
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date / /





Revised 06/21

### Consent and Release from Liability Certificate (Page 4 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

### Attention Student and Parent(s)/Guardian(s)

Your school is a member of the Florida High School Athletic Association (FHSAA) and follows established rules. To be eligible to represent your school in interscholastic athletics, in an FHSAA recognized and/or sanctioned sport, the student:

- 1. This form is non-transferable; a separate form must be completed for each different school at which a student participates.
- 2. Must be regularly enrolled and in regular attendance at your school. If the student is a home education student, a charter school student, a special/alternative school student, non-member private school student or Florida Virtual School Full-time Public Program student, the student must declare in writing his/her intent to participate in athletics to the school at which the student is permitted to participate. Home education students and students attending non-member private schools must be approved through the use of a separate form prior to any participation. (FHSAA Bylaw 9.2. Policy 16 and Administrative Procedure 1.8)
- 3. Must attend school within the first 10 days of the beginning of each semester to be eligible during that semester. (FHSAA Bylaw 9.2)
- 4. Must maintain at least a **cumulative 2.0 grade point average** on a 4.0 unweighted scale prior to the semester in which the student wishes to participate. This GPA must include all courses taken since the student entered high school. A sixth, seventh or eighth grade student must have earned at least a 2.0 grade point average on 4.0 unweighted scale the previous semester. (FHSAA Bylaw 9.4)
- 5. Must not have graduated from any high school or its equivalent. (FHSAA Bylaw 9.4)
- 6. Must not have **enrolled in the ninth grade for the first time** more than eight semesters ago. If the student is a sixth, seventh or eighth grade student, the student must not participate if repeating that grade. (FHSAA Bylaw 9.5)
- 7. Must not turn 19 before **July 1st** to participate at the high school level; must not turn 16 prior to **September 1st** to participate at the junior high level; and must not turn 15 prior to **September 1st** to participate at the middle school level, otherwise the student becomes permanently ineligibile. (FHSAA Bylaw 9.6)
- 8. Must undergo a pre-participation physical evaluation and be certified as being physically fit for participation in interscholastic athletics on a form (EL2). (FHSAA Bylaw 9.7)
- Must have signed permission to participate from the student's parent(s)/legal guardian(s) on a form (EL3) provided the school. (FHSAA Bylaw 9.8)
- 10. Must be an amateur. This means the student must not accept money, gift or donation for participating in a sport, or use a name other than his/her own when participating. (FHSAA Bylaw 9.9)
- 11. Must not participate in an all-star contest in a sport prior to completing his/her high school eligibility in that sport. (FHSAA Policy 26)
- 12. Must display good sportsmanship and follow the rules of competition **before**, **during and after** every contest in which the student participates. If not, the student may be suspended from participation for a period of time. (FHSAA Bylaw 7.1)
- 13. Must not provide false information to his/her school or to the FHSAA to gain eligibility. (FHSAA Bylaw 9.1)
- 14. Youth exchange, other international and immigrant students must be approved by the FHSAA office prior to any participation. Exceptions may apply. See your school's principal/athletic director. (FHSAA Policy 17)
- 15. Must refrain from hazing/bullying while a member of an athletic team or while participating in any athletic activities sponsored by or affiliated with a member school.

If the student is declared or ruled ineligible due to one or more of the FHSAA rules and regulations, the student has the right to request that the school file an appeal on behalf of the student. See the principal or athletic director for information regarding this process.

By signing this agreement, the undersigned acknowledges that the information on the Consent and Release from Liability Certificate in regards to the FHSAA's established rules and eligibility have been read and understood.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	_/	
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	1
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	



### Field Trip Activity Participation Form Medical and Liability Release

The undersignedofof									
Parent/Legal Guardian (Address)									
Parent or Guardian of	, a student in the Taylor County School								
District agrees that:									
<ol> <li>The above-named student has my permission to participate in</li> </ol>	all educational fieldtrips during the								
school year, as approved by the principal. I understand that I w	vill be notified in writing in advance of the dates and								
location s of these field trips.									
2. I agree to release the District School Board of Taylor County, Florida and its representatives from any claim for									
personal injury or damages resulting from my student's participation in educational field trip activities.									
<ol><li>I understand the activity and give my permission to my child's</li></ol>									
<ol><li>I give permission for my child to travel by the means of school</li></ol>									
<ol><li>In the event of emergency or medical need, I give permission f</li></ol>	or medical treatment. I release the following								
information about my child:									
Physical problems or limitations									
b. Current medication									
c. Drugs or other allergies									
d. Name and phone # of physician									
<ul> <li>e. Name and phone # where I may be reached</li> </ul>									
<ol><li>The above-named student is covered by medical/liability insura</li></ol>	ance								
<ol><li>As the parent or legal guardian of the above-named student, I</li></ol>	am authorized to sign this permission form.								
COUNTY IS RELEASED FROM LIABILITY OF ANY INJURY OR DAMAGES FRO ACTIVITY. I ALSO UNDERSTAND THAT IN THE EVENT OF AN EMERGENCY HAVE MY CHILD RECEIVE MEDICAL TREATMENT BY THE BEST MEANS AV	OR MEDICAL NEED, I HAVE GIVEN MY PERMISSION TO								
(Parent or Guardian Signature)	(Date)								
STATE OF FLORIDA									
COUNTY OF TAYLOR									
The forgoing instrument was acknowledged and signed before me this									
day of									
Notary Public									
My Commission expires									



State of Florida

# Consent Form Student Random Extracurricular Drug Testing Taylor County School District

I have received a copy of the Taylor County School Board Policy entitled STUDENT RANDOM DRUG TESTING. I understand that submission to testing for the presence of drugs and alcohol is a condition of participation in extracurricular activities in Taylor County Public Schools. I further understand that if I fail to report for a drug test without a verified excuse acceptable to my school principal or the principal's designee, or if a drug test establishes a positive test result, I will face consequences as set forth in the STUDENT RANDOM DRUG TESTING policy established by the School Board.

By signing and dating this form I understand that random drug testing will be conducted quarterly, or as deemed necessary by the school principal, throughout the calendar year. I understand that in the event of an initial positive test result, a request that the remainder of the sample be tested will be at the expense of the student and/or his/her parent/guardian/custodian.

I further consent to the confidential release of all information and records, including drug test results that are generated or obtained pursuant to the Policy to the persons so indicated in the Policy, including but not limited to the principal or the principal's designee, and drug counseling program in which I enroll and to my parent/guardian/custodian.

I hereby consent to the administration of drug testing and the conditions listed in this consent.

