

## Mental Health Resources

### **AltaPointe:**

Below are AltaPointe's current plans for children's services amid the COVID-19 pandemic. These are subject to change as new guidelines are introduced by the Alabama Department of Public Health (ADPH), the Centers for Disease Control and Prevention (CDC), local government recommendations and other world healthcare leaders.

#### Mobile, South Mobile, Bay Minette, Fairhope, and Foley Outpatient Clinics

These clinics will be open regular business hours – 8:00am – 4:30pm.

#### Mobile, Baldwin County School-based Therapists

This staff will be working remotely and are available by phone.

\*In crisis situations, there are therapists available at the outpatient clinics to see children/families face-to-face.

#### Mobile County Day Treatment (West Mobile Academy) and Mobile County After School Day Treatment

These programs will be closed in accordance with the local public school systems.

#### Baldwin County Day Treatment and After School Day Treatment (Baldwin)

These two programs will combine and continue to serve children in small groups no larger than 10 per CDC recommendations - Monday through Friday 9:00am – 1:00pm.

#### In-Home Intervention teams and Case Management

Services will continue with limited face to face contact.

#### BayPointe Residential

The residential facility remains open to serve current residents.

#### BayPointe Hospital

Open, operational and available for crisis screenings – please call the Access to Care number below:

(251) 450-2211 – This number is the best way to access new services as well.

Please note – we anticipate that there will be no gaps in care. Any changes will be shared through a variety of communication methods, including social media.

Please let us know if you have any questions or need additional information.

Jason Tanner, LCSW - Assistant Director, Mobile County (251)461-5085

Anne Chipman, LMFT - Assistant Director, Baldwin County (251)990-4225

**The Bridge:**

The Bridge provides substance use services and behavioral modification to MCPSS students 12-18 years of age.

The Bridge will continue to provide services to students and their families during school closure, and will be reaching out to each student and family to establish a time for sessions to address treatment goals. The Bridge will also connect families with resources for food, bills, healthcare and other assistance as needed.

Please contact The Bridge at 251-338-1780 extension 7032 if you have any needs related to substance use, behavioral modification or need community assistance.

**Veterans Recovery Resources**

Telehealth support is available to veterans, first responders, their family members and caretakers by calling Veterans Recovery Resources at 251-405-3677 to make an appointment. The organization has expanded its telehealth capabilities and can usually schedule same-day appointments for primary care, behavioral health and peer support.