

Mental Health Resource List

Business Name	Services	Address/Phone Number	Insurance Accepted	Website/E-Mail
ABA Development, Inc	Therapeutic services for children ages 3-14 with autism or other special needs. Social Skills for age groups 3-6 or 7-11. Academic Tutoring.	7953 Stage Hills Blvd, Ste 101 Bartlett TN 38133 901-634-8005	Medicaid/CHIP, Medicare, Private Insurance, Self-pay	www.abadevelopment.org
April Holland, LPC	Outpatient counseling for children, adolescents, and adults.	5740 Getwell Rd, Bldg 10, Ste C Southaven MS 38672 901-336-1061/662-470-7139	CHIP & Private Insurance	
Arc of Northwest Mississippi	Advocacy, Family Support Services & Career Development/Job Placement services for individuals with intellectual and developmental disabilities.	5699 Getwell Rd, Bldg G, Ste 1 Southaven MS 38672 662-510-8989	Free Services	www.thearcnwms.org
At The Crossroads	Family, couples, and individual therapy. EMDR Trauma Trained Therapist. Children ages 7+.	7145 Swinnea Rd, Ste 2 Southaven MS 38671 901-590-9790	Ambetter, BCBS, CHIP, Cigna, Medicaid, Optum, Tricare, UHC, and various other major insurances are accepted	https://www.dianneatthecrossroads.com/
Baptist Memorial - Milla's House	Individual grief counseling for children, teens, and adults. Camp good grief for ages 6-17	326 Ellsworth St Memphis TN 38111 901-861-5656	Services are free of charge	angela.kelly@bmhcc.org
Behavior, Attention, & Developmental Disabilities Consultants	Psychological Diagnostic Assessment, Behavior Therapy, Mental Health Counseling, Developmental Assessment, and ABA Therapy. Parent Training.	5779 Getwell Rd, Bldg D, Ste 3 Southaven MS 38672 662-510-6507	All except TennCare	www.baddc.net
Bloom Counseling Services, LLC	Individual therapy for all ages, Family Therapy, Assessments and Diagnosis. Specializes in trauma. Telehealth and in-person sessions.	6810 Crumpler Blvd, Suite 300 Olive Branch MS 38654 901-826-9653	Aetna, Cigna, Evernorth, Optum, and Medicaid/CHIP	www.bloomcounselingservices.org
Bobby Scott & Associates Professional Counseling	Individual, Family, and Marriage Counseling for children and adults	5627 Getwell Rd, Bldg C, Ste 2 Southaven MS 38672 662-483-1114	BCBS, United Healthcare, Aetna, Cigna, Humana, Self-pay	https://www.myturningpointcounseling.com/
Canopy Children's Solutions	Outpatient, Residential, and Wraparound services for children and adolescents.	9855 Highway 178, Ste A & B Olive Branch MS 38654 662-890-6906/800-388-6247	Medicaid, Medicare, and help for self-pay	www.mycanopy.org
Carter Collaborative Counseling	Individual therapy, family therapy, and child play therapy.	6915 Crumpler Blvd, Ste A Olive Branch MS 38655 731-577-1916	MS Medicaid (except Molina or Magnolia), CHIP, and Private Ins.	www.cartercollaborative.com
Compass Intervention Center	Outpatient and inpatient services for children and adolescents.	7900 Lowrance Rd Memphis TN 38125 901-758-2002	Private Insurance, CHIP, TennCare	www.compassinterventioncenter.net
COPE Clinic - The University of Mississippi Counselor Education Clinic for Outreach and Personal Enrichment	Outpatient counseling for children, adolescents, college students, and adults. Telehealth available.	2301 S Lamar Blvd Oxford MS 38655 915-7197	Free for all Mississippi Residents	cope@olemiss.edu www.cope.olemiss.edu
Counseling Associates, LLC	Outpatient therapy for children, adolescents and adults.	7155 Kerr Place Olive Branch MS 38654 901-497-6827	All major insurances and self-pay. No state insurance plans.	www.counselingassociatesllc.com
Crestwyn Behavioral Health	Outpatient and inpatient services for adults.	9485 Crestwyn Hills Cove Memphis TN 38125 844-245-8980/901-457-5667	CHIP, Medicare, and most Private Ins.	www.crestwynbehavioral.com
DeSoto Family Counseling Center, PLLC	Outpatient counseling for children, adolescents, and adults; speech therapy; physical therapy, occupational therapy; Medication Management.	8626 Airways Blvd Southaven MS 38671 662-772-5937	Traditional Medicaid, CHIP, Private Ins., and Sliding Scale	www.desotofamilycounseling.org
DeSoto Family Wellness Center	Individual and Family Counseling Services and Psychological Evaluations. Children 6+ and Adults.	3495 Cobblestone Blvd South Southaven MS 38672 662-892-2885	Aetna, Beacon, BCBS, Cigna, Humana, UHC, UMR, Meritain, Optum. No Medicaid or Medicare	https://www.desotofamilywellnesscenter.com/

Mental Health Resource List

Business Name	Services	Address/Phone Number	Insurance Accepted	Website/E-Mail
DeSoto Psychological Assoc. Dr. Barry Vinick - therapy Dr. Wayne Lancaster - testing	Outpatient counseling for children, adolescents, and adults. Psychological testing.	Olive Branch MS 38654 901-326-3468 405-5179	Medicaid, United Health Care, BCBS, Cigna and others.	No website. Email is desotopsych@gmail.com
Diamond Grove Center	Behavioral health center providing acute psychiatric care for children ages 5-17, residential psychiatric care for adolescent males 12-17, and day treatment for children ages 12-17.	12356 MS-15 Louisville MS 39339 662-779-0119	Medicaid/CHIP, Private Insurance	https://diamondgrovecenter.com/
Fairhaven Treatment Center	Outpatient and Residential Eating Disorder Treatment for Adolescents 12+ and Adult Women.	671 N Ericson Rd Cordova TN 38018 844-757-7979	BCBS, Cigna, UHC, Humana, TN Medicaid, and most major insurance providers. No Medicare/Medicaid outside TN	www.fairhaventc.com
First Counseling	Medication Management for children, adolescents, and adults. On-site pharmacy.	6888 Goodman Rd, Ste 122 Olive Branch MS 38654 662-349-6385	Ambetter, Molina, Tri-Care	
Flores Counseling Services	Outpatient services for individuals, couples, family, and group. Offers services in English and Spanish.	866 Willow Tree Circle Cordova TN 38018 901-410-6466	Self-pay	https://www.florescounselingservices.com/
Grace Counseling and Consulting, LLC	Outpatient services for children and adolescents. Trauma focused and EMDR offered.	198 Park St Hernando MS 38632 662-253-7491	MS Medicaid, CHIP, Private Ins.	https://grace-counseling-and-consulting-llc.business.site/
Healing Hearts Child Advocacy Center	Forensic interviews and advocacy services for victims of child abuse.	5627 Getwell Rd, Bldg B, Ste 3 Southaven MS 38672 662-349-1555	Free services to families referred by law enforcement or Child Protection Services	www.healingheartscac.org
Healing Home Counseling	Individual, family, group, and couples therapy. Brainspotting Sessions and Life Coaching.	7105 Swinnea Rd, Ste 4 Southaven MS 38671 901-654-8656	BCBS (MS & TN), Cigna, Humana, Aetna, UHC, self-pay and group rates.	www.amyathealinghome.com
Health Connect America	Outpatient services for children and adolescents and in-home counseling; psychiatric, wrap around, case management, & community support services.	8062 Hwy 178 West Byhalia MS 38611 333-8102	662-MS Medicaid/CHIP, Magnolia, Ambetter, BCBS (LPC or LMSW only), Self-Pay: Therapy-Initial\$75, Follow-up-\$41; NP-Initial \$75, Follow-up \$55	https://healthconnectamerica.com
Heartland Adult and Teen Challenge	Adult males 18+ seeking substance abuse counseling.	33 N Cleveland St Memphis TN 38104 272-2308	901-Private Pay (\$500 a month tuition with \$250 non-refundable processing fee)	https://adult-and-teen-challenge-memphis.business.site
Hernando Psychiatry	Med Management, children and adults	324 W Valley St, Ste 108 Hernando MS 38632 662-672-7045	In network for United Healthcare/UBH, BCBS MS/TN, Aetna and Cigna.	www.hernandopsychiatry.com
Hope Enrichment Center	Outpatient with children and adolescents. Trauma focused and EMDR Trained.	6858 Swinnea Rd, Bldg 7 Southaven MS 38671 662-536-6210	Cigna, BCBS of MS/TN, Optum and UHC. Self-pay with P-LPC - \$75 per session, with LPC - \$150 per session/\$200 intake.	www.hopeenrichmentcenter.com
Hope Evergreen Counseling	Outpatient services for children, teens and adults. EMDR, play therapy, and DBT informed. Teen Anxiety Group (13-17) & Pre-Teen Mindfulness Group (9-12).	7155 Kerr Place, Ste 16 Olive Branch MS 38654 901-571-8911	Cigna and Optum insurance (UHC, UBH, and UMR). Self Pay: \$200 initial visit; \$160-180 follow-up visits.	www.hopeevergreen.com
Hope Family Counseling & Coaching	Individual and family counseling, adults and children. Telehealth available.	324 West Valley St, Ste 203 Hernando MS 38632 662-506-3836	BCBS of MS/TN, Tricare, and Private Pay rates starting at \$140.	www.hopefamilycounselingandcoaching.com
In Focus Psychiatry	Psychiatric services and medication management for children, adolescents, and adults.	6880 Cobblestone Blvd, Ste 2 Southaven MS 38672 662-510-8606	MS Medicaid, CHIP, BCBS MS, Aetna, Cigna, Ambetter, Cigna Health Spring, Bind/Medtronic, Medicare & UMR; Self-pay: Initial \$200 Follow-up \$100	www.infocuspsych.com/

Mental Health Resource List

Business Name	Services	Address/Phone Number	Insurance Accepted	Website/E-Mail
Irby Psychological Services	Individual therapy for all ages, Group Therapy (trauma, anxiety, social skills, caregivers), Family Therapy, Assessments, ABA, Academic Supports.	7075 Golden Oaks Loop W Ste 14 Southaven MS 38671 662-228-0130	Evaluations: Tricare, Cigna, BCBS, UHC Commercial, UHC MS Medicaid, MS Medicaid, Magnolia Medicaid, and Ambetter. Therapy: Cigna, BCBS, UHC Commercial, UHC MS Medicaid, Magnolia MS Medicaid, and Ambetter. ABA: BCBS, UHC Commercial, UHC MS Medicaid, MS Medicaid	www.irbypsychservices.net
Journey to New Beginnings	Outpatient services for children, adolescents, and families; EMDR; Medication Management.	5195 Getwell Rd, Bldg B Southaven MS 38672 662-349-2979	Medicaid, Most Major Insurances, Self-Pay: Initial \$200, Follow-Up \$150	www.journeytoneewbeginnings.com
Katy Leech Counseling	Counseling for teen and young adult women. Telehealth available.	324 W. Valley St, Ste 203 Hernando MS 38632 662-339-5246	Self-pay only. Rates are \$130 per 50 minute session.	katyleechcounseling.com
Kemmons Wilson Family Center for Good Grief in Collierville and Milla's House in Midtown Memphis	Grief support for children 4+, adolescents, and adults.	1520 W Poplar Ave Collierville TN 38017 901-861-5656	Free Services	www.baptistgriefcenters.org
Kristen Hoover, LPC, MHSP	Outpatient services for eating disorders and trauma.	4515 Poplar Ave, Ste 305 Memphis TN 38117 901-979-9854		
Lakeside Behavioral Health System	Outpatient and inpatient services for children, adolescents, and adults.	2911 Brunswick Rd Memphis TN 38133 377-4700	901- Medicare, Tricare, most commercial insurance, Tenn Care/TN Medicaid, MS Medicaid for children/adolescents, Self-pay	https://www.lakesidebhs.com
Lifeworks Counseling	Christian-based counseling for individuals, couples and families.	5740 Getwell Rd, Bldg 10, Ste D Southaven MS 38672 790-0583	601- BCBS of Mississippi, Tricare, UHC/Optum, and Mississippi Physicians Care Network	https://lifeworks.ms/southaven
Lowe's Counseling Center	Individual Counseling via Telehealth for Teens and Adults, as well as Family and Marriage Counseling.	6515 Goodman Rd, Ste 4, #220 Olive Branch MS 38654 662-299-4061	Most commercial insurance plans and MS Medicaid	www.lowescounseling.com
Masterpiece Counseling and Health Services, PLLC	Individual and family therapy for adolescents and adults. Marital therapy. TF-EMDR certified	6952 Dogwoord Manor N Ste 103 Olive Branch MS 38654 662-874-6921	Aetna, UHC/Optum, UMR, Cigna, BCBS, Humana and self-pay.	www.masterpiececounselingandhealthservices.com
Mending Hearts	Grief camp for children in 6th through 8th grades who lost their parent(s).	203 S Main Street Memphis TN 38103 901-529-4247	N/A	Mending Hearts Camp
Methodist LeBonheur Eating Disorder Clinic - Dr. Michelle Bowden	Outpatient clinic for adolescent who struggle with eating disorders.	1-866-870-5570	All Insurance including Medicaid	https://www.lebonheur.org/doctors/michelle-bowden
Millcreek of Pontotoc	Child and adolescent therapeutic day treatment, residential treatment, and therapeutic group home treatment.	1814 MS-15 Pontotoc MS 38863 662-297-7778 855-516-1557	Most major managed care insurance plans including Medicaid	www.millcreekofpontotoc.com
Mississippi Behavior Services	ABA Therapy	5847 Getwell Rd, Bldg C, Ste 4 Southaven MS 38672 662-470-6160	Most private insurance plans and MS Medicaid	www.msbehaviorsvcs.com
Mississippi Behavioral Health Services	Outpatient therapy for children ages 6+ and adolescents; Psychiatric services and medication management.	175 Whaley Dr, Suite B-C Holly Springs MS 38635 662-274-3220	Medicaid/CHIP	www.msbehavioralhealth.org
Mississippi Department of Mental Health	Provides information and locations for a variety of services for mental health, IDD, alcohol and drug addictions, and Alzheimer's disease and other Dementia.	239 N Lamar St Jackson MS 39201 601-359-1288 877-210-8513 (help line)	1- N/A	http://www.dmh.ms.gov/

Mental Health Resource List

Business Name	Services	Address/Phone Number	Insurance Accepted	Website/E-Mail
Mississippi Parent Training & Information Center (Children with Disabilities)	Provides families with information, resources, & support to help meet the educational goals of children with disabilities.	2 Old River Pl, Ste M Jackson MS 39202 601-969-0601	Free Services	www.mspti.org
Mississippi State Hospital	Psychiatric, acute behavioral health programs, and substance use services for adults and children.	3550 MS-468 Pearl MS 39208 601- 351-8000	Private Pay, CHIP, Medicaid, Self-Pay	msh.state.ms.us
Mississippi Youth Programs Around the Clock (MYPAC)	MYPAC is a home and community-based Medicaid program for children and youth with Serious Emotional Disturbance with wraparound services.	550 High St, Ste 1000 Jackson MS 39201 601-359-6050/800-421-2408	Medicaid	https://medicaid.ms.gov/programs/mental-health/special-mental-health-initiatives/
Momentum ABA Therapy	ABA Therapy	5796 Shelby Oaks Dr, Ste 7 Memphis TN 38134 901-314-9722		www.momentumabatherapy.com
National Alliance for the Mentally Ill (NAMI)	Advocacy, Family Support, Education, and Intervention Locator services. Crisis line is also available.	411 Briarwood Dr, Ste 401 Jackson MS 39206 800-950-6264 In a crisis? Call or text 9-8-8.	N/A	https://www.nami.org/
New Directions Counseling Center	Outpatient counseling for children, adolescents, and adults. Psychological testing.	6880 Cobblestone Blvd, Ste 1 Southaven MS 38672 662- 253-8324	BCBS, Magnolia, Etna, Medicaid, Ambetter, Humana, Cigna, United Healthcare	http://www.nd-cc.com/
New Hope Family Counseling	Outpatient child/teen, adult, family and marriage counseling.	6915 Crumpler Blvd, Unit 1 Olive Branch MS 38654 901- 466-8101	BCBS, Cigna, UHC, Ambetter, Magnolia, MS Chips, MS Medicaid for children	www.newhopefamilycounseling.org
NFusion	Outpatient counseling for children and families; wraparound services; Intensive Outpatient Services.	7160 Tchulahoma Rd Southaven MS 38671 662-536-3132	Free Services	https://www.nfusionivxp.com/
North Mississippi Regional Center, Oxford, Psychological & Behavioral Services Department	Intermediate Care Facility for Individuals with Intellectual & Developmental Disabilities.	967 Regional Center Dr Oxford MS 38655 662- 513-7825	Referral Based, SSI, Medicaid	www.nmrc.state.ms.us
Oxford Treatment Center Addiction Campus	Residential Treatment for adult men and women with substance abuse and co-occurring mental health disorders.	297 CO Rd 244 Etta MS 38627 662- 262-6668	Private Insurance, Self-Pay, Some Opiate Scholarships Available	https://www.oxfordtreatment.com
Panther Creek Stables	Equine Assisted Learning and Equine Assisted Therapy for ages 5 and up.	5750 Conger Rd Nesbit MS 38651 662-912-5440	All Insurance including Medicaid; Sliding Scale Fee	info@panthercreekstables.com panthercreekstables.simpletix.com
Parkwood Behavioral Health System	Inpatient and Residential services for children ages 9+, adolescents, and adults; Intensive Outpatient Program; Partial Hospitalization.	8135 Goodman Rd Olive Branch MS 38654 662-895-4900 800-477-3422	Medicaid ages 9 to 21, Managed Medicaid (Molina, Magnolia, UHC) 21 years and up. Private Insurance.	https://parkwoodbhs.com/
Psycamore, LLC	IOP and PHP programs including Individual, group, and family counseling for children, adolescents, and adults and medication management.	7165 Getwell Rd, Bldg G Southaven MS 38672 662-349-2818	Private Insurance, CHIPS, & Self-Pay. Not Medicaid.	www.psycamore.com
Reed Counseling and Consulting, LLC	Outpatient Counseling for individual, children ages 13+, families, and couples. Group/Family sessions and parenting classes.	5699 Getwell Rd, Ste 3, Bldg E Southaven MS 38671 901-610-1720	Etna, BCBS, Cigna, Medicaid of MS, Magnolia, UMR, UHC	www.reedcounseling.com
Region IV Mental Health Adult Services	Outpatient counseling and acute partial hospitalization.	2705 Hwy 51 South Hernando MS 38632 662-449-1971	Medicaid. Sliding Scale, Self-Pay	www.regionIVmhs.com
Region IV Mental Health Children Services	Outpatient counseling, Intensive Outpatient Program, Day Treatment Services, Wraparound Services, Group Services.	2725 Hwy 51 South Hernando MS 38632 662-449-1808	Medicaid, Sliding Scale, Self-Pay	www.regionIVmhs.com

Mental Health Resource List

Business Name	Services	Address/Phone Number	Insurance Accepted	Website/E-Mail
Renewed Minds Marquita Thurman, LCSW	Outpatient therapy for adolescents 13+ and adults.	Telehealth only at this time. 662-469-9824	Aetna, Cigna, BCBS, Tircare, Regular Medicaid and Medicare	www.renewedmindsms.com
RightTrack Medical	Psychiatric Evaluation, Medication Management, and Individual/Family Therapy.	9035 East Sandidge Rd, Ste 101 Olive Branch MS 38654 662-408-4631	Most Commercial Insurances (BCBS) and Private Pay	www.rightrackmedical.com
Rodgers Wellness	Individual therapy. Specializes in trauma. Telehealth and in person sessions. Teens and adults.	230 Goodman Rd E, Ste 204 Southaven MS 38671 662-985-1844	Private Insurance and self pay	Therapy Rodgers Wellness Southaven
Seed Program: ABA	ABA Therapy and Social Skills Groups.	6413 Quince Rd Memphis TN 38119 901-690-5213	Many private insurance plans No MS Medicaid. No in-home services in MS.	www.seedmidsouth.org
Solutions Counseling Services	Outpatient individual, group, and family therapy.	6915 Crumpler Blvd Olive Branch MS 38654 601-454-9117	Search "Psychology Today Marilyn Kerr" to get more information on insurance plans accepted.	www.marilynkerrpc.com
Soulshine Counseling & Wellness	Individual Therapy for Children, Adolescents & Adults. Substance Abuse/Family Therapy/Group Therapy/Mindfulness, Couples/Marriage Counseling, Hypnotherapy, Yoga, LGBTQIA. Telehealth available.	1310 Goodman Rd Southaven MS 38671 662-470-5433	Blue Cross Blue Shield, Cigna, United Healthcare/Optum, Magellan, Ambetter, American Behavioral, Aetna, Tricare, Lucent Health, Multi-Plan, Magnolia & Molina (under 18) and all types of Mississippi Medicaid (under 18)	https://soulshinecounselingandwellness.com/
Southern Grace Psychiatry	Outpatient Medication Management for ages 6+. ADHD testing.	5699 Getwell Rd, Bldg F, Ste 5 Southaven MS 38672 662-649-6502	6 and up: UHC, Medicaid, Medicare, BCBS 13 and up: Most commercial insurances accepted	www.southerngracepsychiatry.com
Southern Pediatric Therapy Hernando	ABA Therapy, Speech Therapy and Occupational Therapy.	1481 Byhalia Rd Hernando MS 38632 662-469-2906	Many private insurance plans and MS Medicaid	www.southernpediatrictherapy.com
SRVS Memphis	ABA Therapy	3971 Knight Arnold Rd Memphis TN 38118 901-869-7787		www.srvs.org/behavior-therapy
St. Francis Hospital Behavioral Health Services	Inpatient treatment for adults 18+ experiencing psychiatric or emotional difficulties.	5959 Park Ave Memphis TN 38119 901-765-1400	Most insurances accepted	www.saintfranchishosp.com/our-services/behavioral-health
Stockman Counseling, LLC	Individual, Family, & Group Counseling for adults & teens. Anxiety, depression, grief/loss, trauma, anger management, ADHD. Telehealth offered.	1045 Church Road East, Ste 2 Southaven MS 38671 662-470-4152	BCBS, Cigna, United Healthcare, Magellan, Tricare, Beacon, and Self-Pay (sliding scale/income-based). Medicaid not accepted.	
Substance Abuse/Mental Health Agency	SAMHSA National Helpline	800-662-4357	N/A	https://www.samhsa.gov/find-help/national-helpline
Transformations Autism Treatment Center	Therapeutic services for children with autism or other special needs.	8760 Baylor Rd Arlington TN 38002 901-379-8827	Medicaid/CHIP, Medicare, Private Insurance, self-Pay	https://transformingautism.com
Upward ABA	ABA Therapy for children ages 12 months to 12 years old.	6858 Swinnea Rd, 6B Southaven MS 38671 662-426-6136	Many private insurance plans and MS Medicaid	www.upward-aba.com
Vertava Health of Mississippi	Adult substance abuse and coexisting mental health treatment - detox, residential, PHP, and IOP.	340 Stateline Rd W Southaven MS 38671 888-759-7639 (24-hour helpline)	Private Insurance and self-pay	www.vertavahealth.com
Youth Villages	Intensive In-Home and Residential services for children and adolescents; Specialized Crisis Services.	1558 Monteith St, Ste A & B Hernando MS 38632 662-449-7440	Medicaid/CHIP, Medicare	https://www.youthvillages.org
(Please note that the resources provided are not an endorsement of DeSoto County Schools.)				