

STANDING ROCK COMMUNITY SCHOOL

OCTOBER LUNCH MENU

Sept 30- Oct 4

MONDAY

Tator Tot Hotdish
Green Beans
Bread
Pears

TUESDAY

Taco Burger
Tator Tots
Black Beans
Pine apples

WEDNESDAY

Baked Chicken
Mashed Potato
Green Beans
Mixed Fruit

THURSDAY

Chili
Corn Bread
Corn
Peaches

FRIDAY

Pizza
Nachos
Veggie Sticks
Frozen Fruit

Oct 7-11

Spaghetti
Meat Sauce
Green Beans
Bread Sticks
Apricots

Chicken Tacos
Black Beans
Spanish Rice
Pears

Baked Ham
Scallop Potatoes
Peas
Peaches

Chicken Pattie
Butter Noodles
Carrots
mixed fruit

Orange Chicken
Steamed Rice
California Blend
Pine apples

Oct 14-18

Meatballs/Gravy
Mashed Potato
Green Beans
Peaches

Sloppy Joes
Mac & Cheese
Peas
Mixed Fruit

Chicken Strips
Rice Pilaf
Sliced Carrots
Apricots

Frito Pie
(AKA Pepper Bellies)
Corn
Pears

Chicken Gravy
Rice
Peas/Carrots
Pineapple

Oct 21-25

Hamburgers/Bun
Fries
Pasta Salad
Peaches

Goulash
Corn
Bread
Pears

Super Nachos
Refried Beans
Lettuce
Pine apples

Chicken Nuggets
Butter Noodles
Peas
Apricots

Hamburger Rice Hotdish
Corn
Bread
Mixed Fruit

Milk choices are 1% and Choc Skim

Salad Bar offered Daily

Menu is subject to change