

NOVEMBER 2026				
TASTY	HEALTHY	FUN	VARIETY	BALANCED
Name of the menu : K-8 Grades Allergen Free Lunch Menu			Options : Hot Meals	
Grade : K-8 Grades			Meal Pattern : NSLP	Meal : Lunch
THIS MENU ELIMINATES ALL BIG 9 ALLERGENS.				
No Dairy, No Wheat, No Egg, No Soy, No Fish, No Shell Fish, No Sesame (Seeds & Oil), No Peanuts, No Tree Nuts				
Week I HOT MEAL	Monday, 11/2/2026	Tuesday, 11/3/2026	Wednesday, 11/4/2026	Thursday, 11/5/2026
	Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet
	Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice
	Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots
	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
Week II HOT MEAL	Monday, 11/9/2026	Tuesday, 11/10/2026	Wednesday, 11/11/2026	Thursday, 11/12/2026
	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf
	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute
Week III HOT MEALS	Monday, 11/16/2026	Tuesday, 11/17/2026	Wednesday, 11/18/2026	Thursday, 11/19/2026
	Chicken Fried Rice	Beef & Broccoli	Chicken Fajita w/Rice	Beef Meatballs
	Steamed Broccoli	Brown Rice	Seasoned Chicken & Peppers	Brown Rice
	Fruit of the Day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas
	Milk Substitute	Fruit of the Day	Black Beans	Fruit of the Day
Week IV HOT MEALS	Monday, 11/23/2026	Tuesday, 11/24/2026	Wednesday, 11/25/2026	Thursday, 11/26/2026
	Yummy Beef & Scallion	Chicken Sukkhar	NO SCHOOL	NO SCHOOL
	Golden Corn Chips	Steamed Rice	THANKSGIVING BREAK	THANKSGIVING BREAK
	Black Bean & Fresh Carrots	Steamed Green Beans		
	Fruit of the Day	Fruit of the Day		
Week V HOT MEALS	Monday, 11/30/2026			
	Chicken Supreme			
	Steamed Rice			
	Steamed Green Beans			
	Fruit of the Day			

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.