



Monthly Schedule of Classes
For Group/Private Sessions 2021-2022

| Class | Month |
|---|----------|
| Effective Discipline and Parenting at Your Best | October |
| Setting Family Rules | November |
| Self Care I | December |
| Self Care II | January |
| Effective Discipline and Parenting at Your Best | February |
| Setting Family Rules | March |
| Self Care I | April |
| Self Care II | May |

Please Call to schedule a time for group or private sessions.....

Pamela Vinson, First Steps/Ferst Readers Coordinator

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