

 **BREAKFAST**

 **LUNCH**

NOVEMBER 2021

Kansas School for the Deaf

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Burrito w/ Salsa Corndog w/ Doritos Sweet Potato Tots Golden Corn Pineapple	2 Scrambled Eggs, Toast Hash Browns Pepperoni Pizza Mixed Green Salad Glazed Carrots Mandarin Orange Fluff	3 Oatmeal / Donuts Mandarin Orange Chicken Vegetable Fried Rice Steamed Broccoli Fruit Cocktail / Fortune Cookie	4 Egg & Cheese on Biscuit Tater Tots French Toast Sticks Sausage Links / Scrambled Eggs Hash Brown / Fresh Carrots Fresh Melon	5 Mini Pancakes w/ Syrup Hot Ham & Cheese Sandwich Baked Beans Mixed Veggies Orange Slices
8 Breakfast Pizza Chicken Quesadilla w/ Salsa Golden Corn Cheesy Refried Beans Sliced Peaches	9 Egg & Cheese Bosco Stick Hash Browns Sloppy Joe Green Beans Roasted Cauliflower Grapes	10 Chocolate Long John Oatmeal Crispy Chicken Sandwich French Fries Garden Peas & Carrots Orange Slices	11 Pancakes w/ Syrup Beef & Bean Chili w/ Cinnamon Roll Steamed Broccoli Pineapple	12 Egg & Cheese on Biscuit Tater Tots Spaghetti & Meat Sauce w/ Garlic Bread Mixed Green Salad Veggie Blend Apple Slices
15 French Toast Sticks Cheeseburger Waffle Fries Steamed Carrots Mixed Fruit Salad	16 Egg & Potato Breakfast Boat Chicken Nuggets w/ Mac & Cheese Steamed Broccoli Corn on the Cob Apple Slices	17 Biscuits & Gravy Beef, Bean & Corn Enchiladas Cornbread Mixed Veggies / Side Salad Sliced Pears	18 Mini Waffles w/ Syrup French Bread Pizza w/ Marinara Green Beans Golden Corn Pineapple	19 Cheesy Omelet & Toast Tater Tots Beef Hot Dog / Chili Dog w/ Fritos Sweet Potato Tots / Creamy Coleslaw Banana
22 Breakfast Pizza Thanksgiving Roast Turkey & all the Fixings Pumpkin Pie	23 Breakfast Burrito w/ Salsa Mandarin Orange Chicken Vegetable Fried Rice Steamed Broccoli Sliced Pears / Fortune Cookie	24 No School	25 Happy Thanksgiving	26 No School
29 Breakfast Burrito w/ Salsa Homemade Chicken Noodle Soup Dinner Roll Green Beans Garden Peas Sliced Pears	30 Scrambled Eggs, Toast & Hash Browns Salisbury Steak w/ Dinner Roll Mashed Potatoes w/ Gravy Sautéed Onions & Peppers Mandarin Oranges			

Questions?
Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice
Offered every day with lunch: Variety of additional vegetables and fruits
and Milk (Skim or 1%)

This institution is an equal opportunity provider.





NOVEMBER 2021

Kansas School for the Deaf

Monday	Tuesday	Wednesday	Thursday	Friday
1 Philly Cheesesteak Sandwich Pepperoni Potato Bake Side Salad Tropical Fruit Salad	2 Crispy Chicken Sandwich French Fries Garden Peas & Carrots Sliced Peaches	3 Shepherd's Pie w/ Dinner Roll Mixed Veggies Cherry Cobbler w/ Whip	4 BBQ Rib Sandwich Glazed Carrots Creamy Coleslaw Mixed Fruit Salad	5
8 Beef Taco Salads Tortilla Chips Lettuce, Tomato, Salsa, Cheese Fruit Cocktail	9 Sweet & Sour Chicken Veggie Fried Rice Egg Roll Mixed Fruit Salad	10 Tamale Pie w/ Cheese Green Beans Cornbread Peaches / Churro	11 Loaded Baked Potato w/ Sliced Ham Bacon Bits, Cheese, Sour Cream, Broccoli, Black Beans, Salsa Apple Crisp w/ Ice Cream	12
15 Grilled Chicken Sandwich French Fries Fruit Cocktail	16 Meatloaf w/ Dinner Roll Mashed Potatoes w/ Gravy Glazed Carrots Pumpkin Spice Cake	17 Chicken Alfredo Pasta w/ Breadstick Steamed Broccoli Bread Pudding	18 Oven-Fried Chicken Legs Sliced Bread & Butter Mashed Potatoes w/ Gravy Mixed Fruit Salad	19
22 Philly Chicken Sandwich w/ Cheese Mixed Vegetables Mandarin Orange Fluff	23 		24	25 
29 Cheeseburger Waffle Fries Steamed Carrots Fruit Cocktail	30 Chicken Nachos Lettuce, Tomato, Salsa, Cheese Sauce Peach Cobbler w/ Whip			

Questions?
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