

Sunday
Feb. 2nd



FEBRUARY 2025

Forest Hills Consolidated School

A look into March:

3/12 & 3/13 Parent Teacher Conferences 3-7pm

3/14 Teacher Workshop Day - No School for Students

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal 3 Chicken Poutine Peas	Waffles 4 Pulled BBQ Pork Cole Slaw Cornbread	Yogurt & Grahams 5 Chicken Alfredo Cesar Salad Garlic Bread	Egg, Ham 6 & Cheese Breakfast Bar Hot Dog Baked Beans Rolls	Oatmeal 7 Grilled Chicken Burger Sweet Potato Fries Beets
Cereal 10 Baked Ham Mac & Cheese Peas	Pancakes 11 Chicken Nachos Black Bean Corn Salad	Bagel 12 Italian Noodle Casserole Rolls Broccoli	Cinnamon Rolls 13 & Bacon Chicken Nuggets Chips & Humus Veggie Sticks	Cereal 14 Big Mac & Tater Tot Casserole Tossed Salad <i>Happy Valentine's Day!</i>
Presidents' Day 17 No School	February Vacation 18 No School	February Vacation 19 No School	February Vacation 20 No School	February Vacation 21 No School
Cereal 24 Fish Sticks Rice Corn	French Toast 25 Glazed Chicken French Fries Carrots	Muffin 26 Beef Stroganoff Over Noodles Green Beans	Eggs & Toast 27 Ham Hoagie Pretzels & Humus Veggie Sticks	Cereal Fruit Bar 28 & Cottage Cheese Pizza Salad

Please remember to report student absences to attendance@sad12.org or call the school office at 207-668-5291. Please feel free to leave a message.

Menu is subject to change based on availability.

Snack Milks & Extra Milks at mealtimes are available to purchase - \$.50 each.

A variety of low-fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice. FHCS uses WowButter for peanut butter.

This institution is an equal opportunity provider.