

## View results

Respondent

17

Anonymous

296:43

Time to complete

### 1. School District \*

Williamsburg County School District

### 2. Wellness Contact Name and Email \*

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## Wellness Policy Components

District Wellness Committee/ Coordinated District Health Advisory Council

3. \*

Fully in  
Place

Partially in  
Place

Not in  
Place

1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified. (PO-3)



1a. Each school has a designated wellness leader.\*



1b. Each school wellness leader monitors implementation of the wellness policy and reports compliance to the district wellness leader.\*



4. Describe Actions Taken for Implementation (include supports and challenges) \*

The superintendent appointed the district Food service Director as the Wellness Leader. Principals appointed the school level leaders.

5. Data Source for Monitoring \*

The contact for each school was identified in the minutes of for the LWP Meeting.

## 6. Public Involvement \*

|   | Fully in Place                   | Partially in Place    | Not in Place          |
|---|----------------------------------|-----------------------|-----------------------|
| 2.Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy. | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3a. To the extent possible, committee includes representatives of Parents/Legal Guardians (PO-3)  | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3b. To the extent possible, committee includes representatives of   | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Fully in Place

Partially in Place

Not in Place

Students (PO-3)

3c. To the extent possible, committee includes representatives of District Nutrition Services (PO-3)

3d. To the extent possible, committee includes representatives of Physical Education Teachers (PO-3)

3e. To the extent possible, committee includes representatives of School Health Professionals (PO-3)

3f. To the extent possible, committee includes representatives of Local

|  | Fully in Place                   | Partially in Place    | Not in Place          |
|--|----------------------------------|-----------------------|-----------------------|
| School Board (PO-3)  |                                  |                       |                       |
| 3g. To the extent possible, committee includes representatives of School Administrators (PO-3)     | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3h. To the extent possible, committee includes representatives of General Public/Community Members | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

7. Describe Actions Taken for Implementation (include supports and challenges) \*

All parents, community, and school level and health persons was in attendance for the meeting.

8. Data Source for Monitoring \*

Minutes were taken along with a sign in sheet.

Wellness Policy Components

9. School Meals \*

|  | Fully in Place                   | Partially in Place    | Not in Place          |
|--|----------------------------------|-----------------------|-----------------------|
| 4. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11) | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

10. Describe Actions Taken for Implementation (include supports and challenges) \*

The district and school leadership publicly implements and adhere to implementation.

11. Data Source for Monitoring \*

The school schedule is given to each parent along with this information posted on the website.

12. Foods Sold Outside of School Meals Program(Competitive Foods and Beverages) \*

|  | Fully in Place                   | Partially in Place    | Not in place          |
|--|----------------------------------|-----------------------|-----------------------|
| 5. Foods and beverages sold outside of the school meal programs(e.g. , "competitive foods and beverages) will meet the USDA Smart Snacks in School nutrition standards. (SS-1, SS-2) | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5a. The following venues currently comply with Smart Snacks requirements during the school day:<br>School Stores,<br>Vending Machines,<br>Concessions                                | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5b. Although the State allows exempt fundraisers, the district does not  | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |



Fully in  
Place

Partially in  
Place

Not in  
place

allow exempt  
fundraisers.\*

6. Standards  
established  
for foods  
provided but  
not sold(e.g.,  
class parties,  
class snacks),  
during the  
school day  
on school  
campuses.  
(SS-4)



13. Describe Actions Taken for Implementation (include supports and challenges) \*

The school administrators contacts the district food service department for approval for items that will be sold during school hours and outside of school hours.

14. Data Source for Monitoring \*

Verbal and written communication is kept track of.

## 15. Food and Beverage Marketing \*

Fully in  
Place

Partially in  
Place

Not in  
Place

7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards. (PO-3)



## 16. Describe Actions Taken for Implementation (include supports and challenges) \*

During the monthly monitoring at each school the director and the accountability specialist monitors the snacks to ensure that the snacks do not exceeded the smart snack compliance.

## 17. Data Source for Monitoring \*

The principals contact the food service department for approval of snacks in the schools.

## Wellness Policy Components

District Goals for Health & Wellness

18. Nutrition Education \*

|  | Fully in Place                   | Partially in Place    | Not in Place          |
|--|----------------------------------|-----------------------|-----------------------|
| 8. Schools will provide nutrition promotion that fulfills the criteria identified in the district LWP. (NS-8, NS-12, HPE-11) | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8a. Nutrition education is integrated across the curriculum.*  | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8b. Nutrition education is linked with the school food environment/cafeteria.*   | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

19. Describe Actions Taken for Implementation (include supports and challenges) \*

Nutrition education is taught through out the day during core curriculum.

20. Data Source for Monitoring \*

Curriculum guide, lesson plans FF& Veg menus with nutrition promotion components.



## 21. Nutrition Promotion

|  | Fully in Place                   | Partially in Place               | Not in Place          |
|--|----------------------------------|----------------------------------|-----------------------|
| 9. Nutrition promotion using evidence-based techniques, creating food environments that encourage healthy nutrition choices and participation in school meal programs using a comprehensive and multi-channel approach by school staff, teachers, parents/legal guardians, students, and community. (NS-5, NS-8, NS-9) | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 9a. All schools in the district are Team Nutrition(TN) Schools.*   | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 9b. TN resources are used to   | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> |

Fully in Place

Partially in Place

Not in Place

promote nutrition throughout the district. \*

10. Promote healthy food and beverage choices and participation in school meal programs through use of marketing and merchandising and through adherence to 100% of foods and beverages promoted to students meeting the USDA Smart Snacks in School nutrition standards. (NS-5, SS-3)



22. Describe Actions Taken for Implementation (include supports and challenges) \*

Training is provided annually to the schools, and community.

## 23. Data Source for Monitoring \*

Training agenda, Menus with fun facts.

## 24. Physical Activity \*

|   | Full in Place                    | Partially in Place    | Not in place          |
|---|----------------------------------|-----------------------|-----------------------|
| 11. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff environment; and family and community engagement, that are in addition to, and not a substitute for, quality physical education. (PO-8, PA-4, PA-3, PA-2) | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment   | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |



Full in Place

Partially in Place

Not in place

for any reason. (PA-6, PA-7 ES)

25. Describe Actions Taken for Implementation (include supports and challenges) \*

The district has a gym for district staff and school administrative to use. The school level have walking clubs along with monthly activities for the staff.

26. Data Source for Monitoring \*

This information can be found on the district web page as well as the school website.

## 27. Physical Education

Fully in  
Place

Partially in  
Place

Not in  
Place

13. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE. (HPE-3)



13a. Fitness testing of students occurs, at a minimum, in grades 2 (height & weight only), 5, 8, and in high school PE course required for graduation. Individual student fitness reports are shared with parents/caregivers.\* Per SC Students Health and Fitness Act of 2005



Fully in  
Place

Partially in  
Place

Not in  
Place

13b. Student fitness data is used by the district and schools for instruction planning fitness equipment, and professional development.  
\*



14. All students will be provided equal opportunity to participate in physical education classes. Appropriate accommodations allow for equitable participation for all students and physical education classes and equipment are adapted as necessary.



28. Describe Actions Taken for Implementation (include supports and challenges) \*

The district participates in the State Fitness Gram.

29. Data Source for Monitoring \*

School Fitness Gram reports,  
Parents can find the Fitness Gram reports on the school website.

30. Update/Inform the Public

Fully in  
Place

Partially in  
Place

Not in  
Place

15. Annually, the public is notified about the content and implementation of the wellness policy and any updates to the policy. The name and contact information of the designated officer is publicized with information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy. (PO-3)

15a. The name and contact information of the designated officer is publicized.

Fully in Place

Partially in Place

Not in Place

15b. Information is shared on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.

16. Every three years, the district develops a report that meets the following requirements:  
\*\*(PO-3)

16a. All schools' comply with the district wellness policy.

16b. How the district policy compares with state and/or federal model wellness policies.

Fully in Place

Partially in Place

Not in Place

16c. A description of progress towards attaining wellness policy goals.

16d. This report is made available to the public.

17. Records will be maintained to document compliance with the requirements of the wellness policy including items 1,2,3,15, and 16 above.

31. Describe Actions Taken for Implementation (include supports and challenges) \*

LWP-Annual Progress Report can be found on the district web page.

32. Data Source for Monitoring \*

District webpage

### 33. Other School Based Strategies for Wellness

|  | Fully in Place        | Partially in Place    | Not in Place          |
|--|-----------------------|-----------------------|-----------------------|
| 18. SFAs must include, at a minimum, one goal for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

### 34. Describe Actions Taken for Implementation (include supports and challenges)

School student council along with LWL, review their own healthy goals

### 35. Data Source for Monitoring

Hard copies are sent to the district food service office.



36. Optional Goals-School Meals \*

Fully in Place

Partially in Place

Not in Place

19. Schools will not use foods or beverages as rewards for academic performance or good behavior. Additionally, schools will not withhold foods or beverages for punishment. Teachers are provided with a list of alternative ideas for behavior management. (NS-10)

19a. Schools will not withhold foods or beverages for punishment.\*

19b. Teachers are provided with a list of alternative ideas for behavior management.

\*

37. Describe Actions Taken for Implementation (include supports and challenges)

The LWPL will conduct a meeting with the principals and teaching staff to report new information that was handed down from the district meeting.

38. Data Source for Monitoring

HG District Report

39. Optional Goals-Water

|  | Fully in Place                   | Partially in Place    | Not in Place          |
|--|----------------------------------|-----------------------|-----------------------|
| 20. Free, safe, unflavored, drinking water available throughout every school campus. | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

40. Describe Actions Taken for Implementation (include supports and challenges)

Each school has water fountains through out the school that are easily accessible to all students

41. Data Source for Monitoring

Inventory of water fountains at each school by maintenance department

## 42. Optional Goals: Staff Wellness

|  | Fully in Place                   | Partially in Place    | Not in Place          |
|--|----------------------------------|-----------------------|-----------------------|
| 21. Schools will offer staff wellness programs such as weight management, health assessments. (EW-1, EW-2, EW-3) | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## 43. Describe Actions Taken for Implementation (include supports and challenges)

All schools have staff wellness program that has been put into place through the Boeing & Clemson Grant

## 44. Data Source for Monitoring

The district offers free health screening for staff  
This is also placed in the HG district report

## 45. Optional Goals: Community Involvement

|   | Fully in Place                   | Partially in Place    | Not in Place          |
|---|----------------------------------|-----------------------|-----------------------|
| 22. School will allow community members access to the district's outdoor physical activity facilities before and after school. (PA-8) | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22a. District has adopted the SC School Boards Association's model Open Community Use of School Recreational Areas(KFA) policy.*      | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Fully in  
Place

Partially in  
Place

Not in  
Place

23. School partners with local community organizations, businesses, or local hospitals to engage students and their families in health promotion activities.  
(PO-9)



46. Describe Actions Taken for Implementation (include supports and challenges)

All playgrounds are open to the community. This allows the students to play during non school hours for physical activities

47. Data Source for Monitoring

District open Community Use of School Recreational Areas, This has been in place since 2000

48. Success/Updates from the Past Three Years

The district has received several grant pertaining to healthy eating and staff partnership to create a healthy working environment.

