



We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions..... 989.729.5486

Michele = Prince@owosso.k12.mi.us or Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's https://www.owosso.k12.mi.us/foodnutritionservices





# Kids! Join us March 4-8 for National School Breakfast Week 2024!

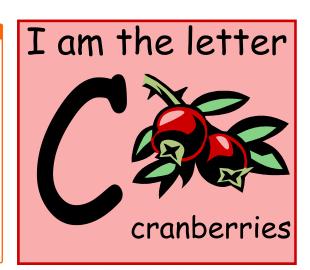
### Friday, March I

### **Breakfast**

WG Fruity PopTart 100% Fruit Juice Michigan Milk

### **Lunch**

WG Perfect Pizza
Tossed Romaine Salad
Strawberries
Michigan Milk



### Monday, March 4

### **Breakfast**

WG Waffle 100% Fruit Juice Michigan Milk

### Lunch

WG Chicken Drumstick WG Fresh Roll Michigan Baked Beans Peach Slices Michigan Milk

### Tuesday, March 5

### **Breakfast**

WG Lemon Bread Fresh Apple 100% Fruit Juice Michigan Milk

### Lunch

WG Soft Taco Shredded Lettuce Diced Tomatoes Orange Wedges Michigan Milk

### Wednesday, March 6

### Breakfast

WG Muffin Top 100% Fruit Juice Michigan Milk

### Lunch

WG Calzone Red Pepper Strips Apple Slices Michigan Milk

### Thursday, March 7

### **Breakfast**

WG Cereal Fresh Orange Michigan Milk

### Lunch

WG Chicken Nuggets Broccoli Great Grapes Michigan Milk

### Friday, March 8

### **Breakfast**

WG Savory PopTart Fresh Fruit Michigan Milk

### <u>Lunch</u>

WG Perfect Pizza
Tossed Romaine Salad
Fresh Veg Cup
Strawberries
Michigan Milk

## FIRST THINGS FIRST!

This year, we've been telling you a lot about the educational and health benefits of eating a nutritious breakfast. Remember: kids can't do their best unless they're well fed in the morning!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

### Monday, March II

### **Breakfast**

WG Mini Pancakes 100% Fruit luice Michigan Milk

### Lunch

WG PopCorn Chicken WG Fresh Roll Broccoli Red Apple Michigan Milk

### **Breakfast**

WG Cereal 100% Fruit luice Michigan Milk

Tuesday, March 12

### Lunch

WG Soft Taco Shredded Lettuce Diced Tomatoes Shredded Cheese Orange Wedges Michigan Milk

### Wednesday, March 13

### Breakfast

WG Banana Bread Fresh Apple Michigan Milk

### Lunch

Cheeseburger WG Hamburger Bun Potato Smiles **Apple Slices** Michigan Milk

### Thursday, March 14

### **Breakfast**

WG Muffin Top Fresh Pear Michigan Milk

### Lunch

WG Chicken Tenders WG Fresh Roll Sweet Green Pea Fresh Banana Michigan Milk

### Friday, March 15

### Breakfast

WG Tasty PopTart Apple Slices 100% Fruit Juice Michigan Milk

### Lunch

WG Perfect Pizza Tossed Romaine Salad Fresh Veg Cup St. Patrick's Slush Cup Michigan Milk

# Spring Forward



Sunday, March 10



MARCH 17

Follow a Rainbow to a Pot o' Gold!

### Monday, March 18

### **Breakfast**

WG Waffle Fruit Cup Michigan Milk

### Lunch

WG Zoo Crew Chicken Nuggets WG Fresh Roll Bell Peppers **Diced Pears** Michigan Milk

### Tuesday, March 19

### **Breakfast**

WG Cereal Fresh Orange Michigan Milk

### Lunch

WG Beef & Cheese Taco WG Fresh Roll Shred Lettuce/Diced Tomato Shredded Cheese Red Apple Michigan Milk

### Wednesday, March 20

### **Breakfast**

WG Banana Bread 100% Fruit Juice Michigan Milk

### Lunch

WG March Macaroni & Cheese WG Fresh Roll Fresh Cucumber Green Beans Michigan Milk

### Thursday, March 21

### **Breakfast**

WG Lemon Bread **AppleSauce** Michigan Milk

### Lunch

WG Perfect Pizza Tossed Romaine Salad Spring Slush Cup Michigan Milk



**School Today** 

### Friday, March 22

### Monday, March 25

Tuesday, March 26

Wednesday, March 27

Friday, March 29



Break begins at the end of classes: hursda

Thursday, March 28



