

Frazier Middle School March 2024 Lunch Menu



Director of Food and Nutrition: Kelly Calderone

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724-736-9507 x431

The Grille

Daily Choices May Include:
 Grilled Chicken Patty Sandwich
 Cheeseburger or Hamburger
 Breaded Chicken Sandwich
 BBQ Rib on a Bun
 Spicy Chicken Patty Sandwich

The Pizzeria

If Pizza's available -may Include:

Pepperoni Pizza
 Cheese Pizza
 White Pizza



Whole Grains
 Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Now Hiring Café Subs!</p> <p>Work while your child or grandchild is in school!</p> <p>No nights or weekends, holidays off!</p>				<p>March 1st Fish Sticks with Bread Slice Mixed Vegetables Pineapple Tidbits Low/Non Fat Milk</p>
<p>March 4th Chicken Quesadilla Black Beans Apple Low/Non Fat Milk</p>	<p>March 5th Salisbury Steak with Bread Slice Mashed Potatoes with Gravy Mixed Fruit Low/Non Fat Milk</p>	<p>March 6th Hot Dog on Bun Green Beans Applesauce Low/Non Fat Milk</p>	<p>March 7th Buffalo Chicken Panini Steamed Carrots Peaches Low/Non Fat Milk</p>	<p>March 8th Italian Dunkers Sweet Peas Pears Low/Non Fat Milk</p>
<p>March 11th General Tso with Rice Steamed Broccoli Mixed Fruit Low/Non Fat Milk</p>	<p>March 12th Beef Nachos with Cheese Sauce and Sliced Bread Green Beans Apple Low/Non Fat Milk</p>	<p>March 13th BBQ Rib on Bun Baked Beans Peaches Low/Non Fat Milk</p>	<p>March 14th Popcorn Chicken Bowl with Bread Slice Steamed Corn Mandarin Oranges Low/Non Fat Milk</p>	<p>March 15th Macaroni and Cheese with Bread Slice Mixed Vegetables Applesauce Low/Non Fat Milk</p>
<p>March 18th Meatballs with Marinara and Garlic Breadsticks Green Beans Apple Low/Non Fat Milk</p>	<p>March 19th French Toast Sticks with Sausage Patties Tator Tots Peaches Low/Non Fat Milk</p>	<p>March 20th Cheeseburger on Bun Mixed Vegetables Applesauce Low/Non Fat Milk</p>	<p>March 21st EASTER LUNCH Ham with Dinner Roll Scalloped Potatoes Mixed Fruit Low/Non Fat Milk Dessert</p>	<p>March 22nd Act 80 Day No School</p>
<p>March 25th Lasagna Rollup with Garlic Breadstick Steamed Carrots Apple Low/Non Fat Milk</p>	<p>March 26th Cream Chicken over Biscuits Mashed Potatoes with Gravy Pears Low/Non Fat Milk</p>	<p>March 27th Mini Corn Dogs Green Beans Peaches Low/Non Fat Milk</p>	<p>March 28th Easter Holiday Break No School</p>	<p>March 29th Easter Holiday Break No School</p>

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar
 May includes:

Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

*Fruits may include:

Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce

Milk

Milk Choices Offered Daily:
 1% white and non fat flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.45 Reduced FREE

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MENUS SUBJECT TO CHANGE