



Pinon Community School Food Service Department
Kindergarten Breakfast, Lunch and Snack Menu
October 1 to 31st, 2024



| 09/30/24 | 10/01/24 | 10/02/24 | 10/03/24 | 10/04/24 |
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| October (Ghááji) Dividing of Seasons | Cinnamon Crisp Fruit Salad Assorted Yogurt Grapes Assorted Milk | Toasted English Muffin Hash Brown Casserole Orange Juice Watermelon Assorted Milk | Cream of Wheat Whole Grain Toast Assorted Jelly Apple Slices Diced Peaches Assorted Milk | Whole Grain Pancakes Syrup Orange Smiles Mango Chunks Assorted Milk |
| | Hamburger Gravy Blue Corn Cornbread Mashed Potatoes Poultry Gravy Steamed Broccoli Pineapple Tidbits Assorted Milk | Mandarin Orange Chicken Seasoned Brown Rice Sesame Green Beans Parsley Carrots Diced Pears Assorted Milk | Hamburger Lettuce & Tomato Ketchup/Mustard Steamed Corn Honeydew & Cantaloupe Assorted Milk | Meat Lasagna Garlic Toast Caesar Salad Watermelon Assorted Milk |
| | Banana Muffin 1% Milk | Fresh Fruit Mozzarella String Cheese | Chicken & Cheese Roll-Up | Baby Carrots Hummus |
| <p><i>Happy Fall Break!</i></p> | | | | |
| 10/14/24 | 10/15/24 | 10/16/24 | 10/17/24 | 10/18/24 |
| No School Day | Blueberry Muffin Assorted Yogurt Strawberries Apple Slices Assorted Milk | Whole Grain Toast Assorted Jelly Cheesy Scrambled Eggs Grape Juice Watermelon Assorted Milk | Pancake on a Stick Syrup Berry Supreme Orange Smiles Assorted Milk | Oatmeal w/ Brown Sugar Sausage Patty Mango Chunks Banana Assorted Milk |
| | Spaghetti w/ Meat Sauce WG Garlic Breadstick Steamed Broccoli Diced Peaches Assorted Milk | Lamb Stew WG Fry Bread Potato Wedges Celery Sticks Melon Mix Assorted Milk | Cheese Pizza Romaine Salad Lite Ranch Dressing Baby Carrots Fruited Jello Assorted Milk | Macaroni & Cheese Dinner Roll Tater Tots Broccoli Raisin Salad Apple Slices Assorted Milk |
| | Mozzarella String Cheese Fruit Punch | Carrots & Celery Sticks Ranch Dressing 1% Milk | Fresh Fruit Mozzarella String Cheese | Tortilla Chips w/ Mild Salsa Apple Juice |
| 10/21/24 | 10/22/24 | 10/23/24 | 10/24/24 | 10/25/24 |
| Cream of Wheat Whole Grain Toast Assorted Jelly Apple Juice Mixed Grapes Assorted Milk | Western Omelet Quesadilla Mild Salsa Diced Pears Cantaloupe Assorted Milk | Pumpkin Muffin Squares Assorted Yogurt Cranberry Juice Banana Assorted Milk | Baked French Toast Syrup Fruit Cocktail Apple Smiles Assorted Milk | WG Bagel Cream Cheese Apple Juice Strawberry w/ Banana Assorted Milk |
| BBQ Pork Sandwich Steamed Broccoli Celery Sticks Hummus Sidekicks Assorted Milk | Cheese & Chili Tamale Refried Beans Romaine Salad Lite Ranch Dressing Diced Peaches Assorted Milk | Sloppy Joe Baked Beans Rainbow Carrot Crunch Watermelon Assorted Milk | Sesame Chicken Seasoned Brown Rice Steamed Corn Pineapple Tidbits Assorted Milk | Swedish Meatballs with Egg Noodles Dinner Roll Zucchini Squash Orange Smiles Assorted Milk |
| Assorted Yogurt Blueberry Muffin | Chocolate Caramel Chex 1% Milk | Fresh Apple Peanut Butter | Mozzarella String Cheese Baby Carrots | WG Strawberry Pop-Tart 1% Milk |
| 10/28/24 | 10/29/24 | 10/30/24 | 10/31/24 | 11/01/24 |
| Berry Pancake Squares Sausage Patty Orange Smiles Assorted Milk | Blue Corn Mush Hard Boiled Egg Cranberry Juice Pineapple Tidbits Assorted Milk | Whole Grain Toast Assorted Jelly Cheesy Scrambled Eggs Diced Peaches Banana Assorted Milk | Zucchini Muffin Assorted Yogurt Grape Juice Apple Smiles Assorted Milk | |
| Beef Chili with Beans WG Cornbread Steamed Carrots Banana Assorted Milk | Bean & Cheese Burrito Lettuce & Tomato Garnish Tortilla Chips Mild Salsa Black Beans Tropical Fruit Salad Assorted Milk | Cheeseburger Ketchup/Mustard French Fries Broccoli Raisin Salad Mandarin Oranges Assorted Milk | Pepperoni Pizza Romaine Salad Lite Ranch Dressing Green Beans Orange Smiles Assorted Milk | |
| Fresh Fruit 1% Milk | Scooby-Doo Crackers Chocolate Milk | Mozzarella String Cheese Fruit Punch | WG Rice Krispie Treat 1% Milk | |