

This institution is an equal opportunity provider



					SEPTEMBER	2025
		TASTY	HEALTHY	FUN	YARISTY	BALANCED
		Name of the menu : K-8 Grades Allerge Grade : K-8 Grades	en Free Lunch Menu	2000	Options : Hot Meals Meal Pattern : NSLP	Meal : Lunch
	NO DAIRY NO GLUTEN (NO WHEAT) NO EGG NO SOY NO FISH				NO SHELL FISH NO SESAME (SEEDS & OIL) NO PEANUTS NO TREE NUTS NO SUNFLOWER (SEEDS, OIL & BUTTER	3
7		Monday, 9/1/2025	Tuesday, 9/2/2025	Wednesday, 9/3/2025	Thursday, 9/4/2025	Friday, 9/5/2025
		NO SCHOOL Labor Day  NO SCHOOL Teacher	Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes	
>	EAL		Seasoned Chicken & Peppers	Brown Rice	Steamed Rice	
Week VI	HOT MEAL		Holiday Professional	Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
	Ι	Development Day	The state of the s	Black Beans	Fruit of the Day	Fruit of the Day
Ц			Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute	
1		Monday, 9/8/2025	Tuesday, 9/9/2025	Wednesday, 9/10/2025	Thursday, 9/11/2025	Friday, 9/12/2025
		Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet	Beef Taco Meat Over Rice
-	EAL	Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice	Serve Seasoned Beef on Brown Rice
Week	HOTMEAL	Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots	Steamed Black Beans & Corn
	_	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day & Corn Chips
		Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute
1		Monday, 9/15/2025	Tuesday, 9/16/2025	Wednesday, 9/17/2025	Thursday, 9/18/2025	Friday, 9/19/2025
		Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
Ę	EAL	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
WeekII	HOT MEAL	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
П	_	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
	_		Fruit of the Day Milk Substitute	Fruit of the Day Milk Substitute	Milk Substitute	Fruit of the Day Milk Substitute
	_	Fruit of the Day			Milk Substitute Thursday, 9/25/2025	·
		Fruit of the Day Milk Substitute	Milk Substitute	Milk Substitute		Milk Substitute
<u> </u>		Fruit of the Day Milk Substitute  Monday, 9/22/2025	Milk Substitute Tuesday, 9/23/2025	Milk Substitute  Wednesday, 9/24/2025	Thursday, 9/25/2025	Milk Substitute Friday, 9/26/2025
Week III		Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice	Thursday, 9/25/2025 Beef Meatballs	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes
WeekIII	HOT MEAL	Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers	Thursday, 9/25/2025  Beef Meatballs  Brown Rice	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice
Week III		Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli Fruit of the Day	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice  Steamed Corn	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers  Served w/ Brown Rice	Thursday, 9/25/2025  Beef Meatballs  Brown Rice  Steamed Carrots & Peas	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice  Fresh Carrot Slims
Week III		Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli Fruit of the Day	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice  Steamed Corn  Fruit of the Day	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers  Served w/ Brown Rice  Black Beans	Thursday, 9/25/2025  Beef Meatballs  Brown Rice  Steamed Carrots & Peas  Fruit of the Day	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice  Fresh Carrot Slims  Fruit of the Day
Week III		Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli  Fruit of the Day Milk Substitute  Monday, 9/29/2025  Yummy Beef & Scallion	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice  Steamed Corn  Fruit of the Day  Milk Substitute  Tuesday, 9/30/2025  Chicken Sukkhar	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers  Served w/ Brown Rice  Black Beans	Thursday, 9/25/2025  Beef Meatballs  Brown Rice  Steamed Carrots & Peas  Fruit of the Day	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice  Fresh Carrot Slims  Fruit of the Day
	HOT MEAL	Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli  Fruit of the Day  Milk Substitute  Monday, 9/29/2025	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice  Steamed Corn  Fruit of the Day  Milk Substitute  Tuesday, 9/30/2025	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers  Served w/ Brown Rice  Black Beans	Thursday, 9/25/2025  Beef Meatballs  Brown Rice  Steamed Carrots & Peas  Fruit of the Day	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice  Fresh Carrot Slims  Fruit of the Day
Week IV Week III		Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli  Fruit of the Day Milk Substitute  Monday, 9/29/2025  Yummy Beef & Scallion	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice  Steamed Corn  Fruit of the Day  Milk Substitute  Tuesday, 9/30/2025  Chicken Sukkhar	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers  Served w/ Brown Rice  Black Beans	Thursday, 9/25/2025  Beef Meatballs  Brown Rice  Steamed Carrots & Peas  Fruit of the Day	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice  Fresh Carrot Slims  Fruit of the Day
	HOT MEAL	Fruit of the Day Milk Substitute  Monday, 9/22/2025  Chicken Fried Rice  Steamed Broccoli  Fruit of the Day Milk Substitute  Monday, 9/29/2025  Yummy Beef & Scallion  Golden Corn Chips	Milk Substitute  Tuesday, 9/23/2025  Beef & Broccoli  Brown Rice  Steamed Corn  Fruit of the Day  Milk Substitute  Tuesday, 9/30/2025  Chicken Sukkhar  Steamed Rice	Milk Substitute  Wednesday, 9/24/2025  Chicken Fajita w/Rice  Seasoned Chicken & Peppers  Served w/ Brown Rice  Black Beans	Thursday, 9/25/2025  Beef Meatballs  Brown Rice  Steamed Carrots & Peas  Fruit of the Day	Milk Substitute  Friday, 9/26/2025  Chicken & Potatoes  Steamed Rice  Fresh Carrot Slims  Fruit of the Day

CKC Good Food follows a detailed process to make sure our allergen free menu meals are free of the allergens listed on our allergen free menu. Please be aware that the disclaimers from manufacturers and distributors state that the food ingredients we use for our allergen free food/s may have been manufactured/stored in a space where other food ingredients, that may contain potential allergen ingredients like gluten or peanuts are processed/stored.

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants ) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.