

Cream Chicken o/ Biscuits

Mashed Potatoes w/ Gravy

Seasoned Carrot Coins

Fruit & Vegetable Bar

Milk Choice

Sauce & Choc Chip Muffin

Crinkle Cut French Fries

Fruit & Vegetable Bar

Milk Choice

16 Chicken Tenders w/ Dippin

Monday

23

30



Wednesday

Popcorn Chicken Bowl

w/ Dinner Roll

Corn, Mashed Potatoes, Gravy

Fruit & Vegetable Bar

Milk Choice

Meatballs w/ Marinara

Sauce & Garlic Bread Stick

Mixed Vegetables

Fruit & Vegetable Bar

Milk Choice

Popcorn Chicken

w/ Dipping Sauce & Tiger Bites

Crispy Tatar Tots

Fruit & Vegetable Bar

Milk Choice

FI FMFNTARY DECEMBER 2024

Thursday

French Toast Sticks

Sausage

Golden Tatar Tots

Fruit & Vegetable Bar

Milk Choice

Mini Corn Dogs

Baked Beans

Potato Smiles

Fruit & Vegetable Bar

Milk Choice

Christmas Feast

w/ All The Fixins

& Yummy Dessert

Fruit & Vegetable Bar

Milk Choice



Lunch Menu Friday

Mac & Cheese

Corn Bread Mini Loaf

Seasoned Broccoli

Fruit & Vegetable Bar

Milk Choice

School Made Pizza

w/o Pepperoni

Seasoned Corn

Fruit & Vegetable Bar

Milk Choice

Hot Dog on Bun

w/o Cheese Sauce

Fruit & Vegetable Bar

Milk Choice

13

20

27

Adult	Lunch: \$4.65	
	WHAT'	5
	FOR	
	LUNCH	?
5	LOIACH	

Frazier participates in CEP All Student meals are Free

Alternates Entrée's this Week

Chicken Patty on a Bun

Adult Lunch: \$4.65

Peanutfree Uncrustable Basket Yogurt Munchable

Alternates Entrée's this Week

Cheeseburger on a Bun

Peanutfree Uncrustable Basket Yogurt Munchable

Alternates Entrée's this Week

BBQ Rib on a Bun

French Fries & Baked Beans Peanutfree Uncrustable Basket Yogurt Munchable

Alternates Entrée's this Week

Grilled Cheese Sandwich

Peanutfree Uncrustable Basket Yogurt Munchable

Alternates Entrée's this Week

Chicken Nuggets w/Mini Loaf

Chicken Patty on a Bun Yogurt Munchable

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

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Students are offered low fat and non fat milk choices daily and is included with all meals

Fruit & Vegetable Bar may include:

HAPPY

Apples, Apple Slices, Oranges, Grapes, Bananas, Baby Carrots, Cucumber Slices, Celery Sticks & Beans

Tuesday

Cheeseburger on Bun or

Hamburger on Bun

Crispy French Fries

Fruit & Vegetable Bar

Milk Choice

Buffalo Chicken Dippers

w/ Tostitos Chips

Green Beans

Fruit & Vegetable Bar

Milk Choice

17 Penne Pasta w/ Meatsauce 18

Garlic Bread Stick

Seasoned Peas

Fruit & Vegetable Bar

Milk Choice

24

31

Canned/Frozen Fruits can include: Applesauce, Mandarin Oranges Mixed Fruit, Peaches, Pears, Pineapple Tidbits

The Frazier School District Food Service Department needs Cafereria Workers Applications available at the Administratin Office

Food Service Manager Christie Mansberry 724-736-9507 X431 cmansberry@fraizersd.org

