

MAY | 2025

BCPS-BCES Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Stay Hydrated <i>High Water Fruits:</i> Watermelon Cantaloupe Pineapple Strawberries grapes</p>	<p>29 </p>	<p>3rd </p>	<p>1 Pancakes Corndog Smiley Fries Mac N Cheese Fruit Choice</p>	<p>2 Breakfast Pizza Pizza Corn Tater Tots Fruit Choice</p>
<p>5 Tornado Orange Chicken Rice Stir Fry Fruit Choice</p>	<p>6 Chicken Mini Rotini Side Salad Green Peas Garlic Toast Fruit Choice</p>	<p>7 Breakfast Sandwich BBQ Nachos Baked Beans Chips Fruit Choice</p>	<p>8 Pancakes Ultimate Kitchen Clean Out! -All the GOOD Stuff. Fresh Veggies Fruit Choice</p>	<p>9 Breakfast Pizza Grilled Cheese French Fries Baby Carrots Fruit Choice</p>
<p>12 Tornado Talent Show! Chicken Nuggets Mashed Taters Green Beans Roll Fruit Choice</p>	<p>13 Chicken Mini 5th Grade Eats at BMHS! Hot Dog Corn Chips Fruit Choice</p>	<p>14 Breakfast Sandwich Sports Day 2025 Cold Cut Sandwich Chips Fresh Veggies Fruit Choice</p>	<p>15 Pancakes Cheeseburger French Fries Fresh Veggies Fruit Choice</p>	<p>16 Breakfast Pizza 5th Grade Promotion! We are Proud of you!!! PB&J/ Lunchable Fresh Veggies Chips/ Fruit Choice</p>
<p>19 </p>	<p>20 </p>	<p>21 Summer Feeding 2025 6/22/2025- 7/25/2025 Email: Lori.williams@Ballard.kyschools.us Or Sara.hedges@ballard.kyschools.us To sign up for your pick-up location.</p>	<p>22 </p>	<p>23 "Exercise not only changes your body. It changes your mind, attitude, and mood." #chuzeselfcare</p>
<p>26 Stay Hydrated You should drink- ½ your weight in ounces daily! 100 LBS... Drink 50 ounces</p>	<p>27 </p>	<p>28 </p>	<p>29 SEE YOU AUGUST 7TH... BEST YEAR YET!!!</p>	<p>Push-Up exercise </p>

Breakfast Choices

- M- Honey Bun
- T- Mini Donuts
- W- Assorted Cereals
- TH- Pop tarts
- F- Chocolate Muffins

Don't forget-

- ✓ Put money into your account.
- ✓ Hey- You Gotta Grab and Fruit or Veggie.
- ✓ There are cold options too-
- ✓ Hug a Lunch lady.
- ✓ Free Snack- M-TH, Closing Bell

Cold and Fresh

- M- Yogurt Combo
- T- PB&J
- W- cold cut
- TH- Lunchables
- F- Protein Pack

**Donate to the
Annette Account-
Our Kitchen Has wings...**

MENU IS SUBJECT
TO CHANGE.