



NOVEMBER

THATCHER BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WG Donut

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

Bagel with Cream Cheese

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

Cinnamon Rolls

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

WG Waffle Bar

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

No School

Bento Bites (Hard Boiled Egg, Juice, Crackers, Fruit) 1 ea.

½ c Fruit choice
½ c Juice Choice
1 c Milk

Apple Muffins

1 ea.
½ c Fruit choice
½ c Juice Choice
1 c Milk

Cherry Frudel 1ea.

½ c Fruit choice
½ c Juice Choice
1 c Milk

Breakfast Sandwich

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

Bagel with Cream Cheese

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

Biscuit & Gravy

1 ea.
½ c Fruit choice
½ c Juice Choice
1 c Milk

Apple Frudel 1 ea.

½ c Fruit choice
½ c Juice Choice
1 c Milk

Breakfast Pizza

1 serving
½ c Fruit choice
½ c Juice Choice
1 c Milk

Fresh Fruit & Yogurt Parfait 1 ea.

½ c Fruit choice
½ c Juice Choice
1 c Milk

No School

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Daily Offering:
Cereal bowl with graham offered daily as alternate entrée option.
Vegetarian offering.



Key: BeWell Healthy Choice Vegetarian (Ovo-Lacto) Local

This institution is an equal opportunity provider

For questions and comments, please email the Food Service Director at xxx@aviands.com or call xxx-xxx-xxxx

ELIOR NORTH AMERICA