

Adult Meal Price - \$4.75

Milk Offered Daily:
Fat Free or 1%

Monday

Tuesday

Wednesday

Thursday

Friday



No School 4

5
Taco in a Bag
Oriental Stir Fry Vegetables
Fresh Veggie Boat
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

6
Chicken Parmesan with Spaghetti
Steamed Peas
Fresh Sliced Cucumbers
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk

7
Mini Corn Dogs
Baked Beans
Pasta Salad
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk
Vanilla Pudding

1
Chili with Garlic Knot
Steamed Carrots and Peas
Cucumber/Tomato Salad
Diced Peas
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk

8
Pierogi's & Sausage Patty
with Garlic Breadstick
Broccoli Salad
Mixed Vegetables
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk
Chocolate Ice Cream Sundae

11
BBQ Pork Patty with Bun
Steamed Corn
Coleslaw
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers

12
Chicken Fajitas
Steamed Carrots
Fresh Veggie Boat
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk
Vanilla Pudding

13
Chicken Alfredo
Fresh Sliced Celery
Steamed Broccoli
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

14
Fish Nuggets with Cheez-its
Sweet Potato Fries
Pasta Salad
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk

15
Italian Meatball Bowl
with Pretzel Rods
Steamed Green Beans
Cucumber/Tomato Salad
Diced Peas
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk

18
Deli Ham & Cheese
on Pretzel Bun
Mixed Vegetables
Fresh Baby Carrots
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Punch Juice
Choice of Milk

19
Hard Shell Tacos
Spiral Fries
Fresh Veggie Boat
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

20
Philly Cheese Steak Sandwich
Steamed Vegetables
Fresh Sliced Green Peppers
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk

21
Breaded Ravioli
Steamed Carrots and Peas
Pasta Salad
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk

22
Chicken Puff Pastry
with Garlic Knot
Mashed Potatoes
Broccoli Salad
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk

25
Hot Dog on Bun with
Soft Pretzel
Baked Beans
Fresh Sliced Celery
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk

26
Chicken Quesco Taco Bowl
Mixed Vegetables
Fresh Sliced Celery
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk

27
Spaghetti with Meat Sauce
Steamed Carrots
Fresh Sliced Cucumbers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

28
Teriyaki Beef Dippers
With Fried Rice
Oriental Stir Fry Vegetables
Pasta Salad
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk

29
Chicken Noodle Soup with
Cheesy Breadstick
Steamed Corn
Cucumber/Tomato Salad
Diced Peas
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk

To qualify as a free lunch, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>