October 2024

Monday Tuesday Wednesday **Thursday Friday**

Cheesy Breakfast Bowl Pancakes Breakfast Sausage Patty Scrambled Eggs Candied Yams Potato Smiles Assorted Fruit Juice **BLUEBERRIES**, Fresh Fresh Strawberries PEACHES.FRESH Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free Grits Cereal Variety Fresh Fruit Juice Variety

Chef Salad Popcorn Chicken French Fries Carrot Sticks Sliced Peaches Fresh Fruit Milk 1%

Milk Chocolate Fat Free Milk Strawberry Fat Free

Chicken Tetrazzini Steamed Broccoli Orange Glazed Carrots BANANA BREAD SQUARES Fruit Cocktail Fresh Fruit Milk 1% Milk Strawberry Fat Free Milk Chocolate Fat Free

Salad Dressing Assorted

No School Today

Fresh Fruit

Milk 1%

Milk Strawberry Fat Free

Chef Salad

Chef Salad BBQ Pork on Bun Chicken Patty on Bun Lettuce & Tomato Cole Slaw **Baked Beans** Pineapple Tidbits Fresh Fruit Milk 1%

Milk Vanilla Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free KETCHUP: individual MUSTARD: individual PC MAYONNAISE:individual PC

No School Today

Chef Salad Ham & Cheese on Bun Turkey Sandwich Steamed Broccoli Carrot Raisin Salad Fruit Cocktail Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free

8

Chef Salad Pizza, Pepperoni Whole W French Fries BLACK-EYED PEAS:from dry. boil Carrot Sticks Applesauce Fresh Fruit Milk 1% Milk Strawberry Fat Free Milk. Chocolate 1% TruMoo

10

No School Today

14

7

Chicken&Sausage Jambalaya Green Beans Corn, Kernal Cornbread Fruit Cocktail Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Chocolate Fat Free

Milk Strawberry Fat Free

15

Chef Salad Hot Dog Chili Hot Dog on a Bun **Baked Chips** Cole Slaw **Baked Beans** Fruit Cocktail Fresh Fruit Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free 16

9

Cheesy Breakfast Bowl Pancakes Breakfast Sausage Patty Scrambled Eggs Candied Yams Potato Smiles Assorted Fruit Juice BLUEBERRIES, Fresh Fresh Strawberries PEACHES, FRESH Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free Grits Cereal Variety Fresh Fruit Juice Variety

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Spaghetti w/Meat Sauce Chef Salad DRESSING, ASSORTED Green Beans Tossed Salad Pizza, Pepperoni Whole W Fruit Cocktail BLACK-EYED PEAS: from dry, boil CUCUMBER.RAW Milk Vanilla Fat Free Carrot Sticks Milk Chocolate Fat Free **Applesauce**

> Milk 1% Milk Strawberry Fat Free Milk. Chocolate 1% TruMoo

Fresh Fruit

21

Chef Salad BBQ Pork on Bun Cole Slaw **Baked Beans** Pineapple Tidbits Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free 22

Chef Salad Popcorn Chicken French Fries Carrot Sticks Sliced Peaches Fresh Fruit Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free 23

Chef Salad GROUND BEEF & MACARON I (MEX) Baked Potato Bar **Bread Stick** Steamed Broccoli Carrot Raisin Salad Fruit Cocktail Fresh Fruit Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free

24

Pizza, Pepperoni Whole W French Fries BLACK-EYED PEAS:from dry, boil Carrot Sticks Applesauce Fresh Fruit Milk 1%

Chef Salad

Milk Strawberry Fat Free Milk, Chocolate 1% TruMoo

Cheeseburger on Bun French Fries Green Beans Fruit Cocktail Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Strawberry Fat Free Milk Chocolate Fat Free

Chef Salad

28 Chef Salad BBQ Pork on Bun Corn Dog Sweet Potato Puffs Green Beans Fruit Cocktail

Milk 1% Milk Strawberry Fat Free Milk Chocolate Fat Free Milk Vanilla Fat Free

Fresh Fruit

Chef Salad Beef Nachos Chicken Fajtas Refried Beans Mexicali Corn Applesauce Cake Lettuce & Tomato Fruit Cocktail Fresh Fruit Milk 1% Milk Vanilla Fat Free

Milk Strawberry Fat Free Milk Chocolate Fat Free

29

Chef Salad Chicken Nuggets French Fries CARROTS: canned, cooked Collard Greens Fruit Cocktail Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Strawberry Fat Free Milk Chocolate Fat Free

30

Hot Dog Chili Hot Dog on a Bun Baked Chips Cole Slaw Baked Beans Fruit Cocktail Fresh Fruit Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free

Chef Salad

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