

Rose A.Clark, M.S., LCADC, SAC

STUDENT ASSISTANCE COUNSELOR – MID YEAR ACTIVITY REPORT
 PAULSBORO JUNIOR/SENIOR HIGH SCHOOL
 PERIOD COVERING: September 1, 2023 - January 31, 2024

SERVICES PROVIDED:		NEW Students	Sessions	TOTALS:
				TOTAL
Individual Counseling			303	303
First - Initial Session- New Student		303		
Group Sessions			12	44
Family/Parent Sessions (phone, video, in person Meeting) + Re-Entry Sessions		12	9	
Total Family Sessions/Contact:			21	9
Classroom Presentations/Instruction			5	163
Class Meetings			11	684
ASSEMBLIES			3	578
LOUDENSLAGER VISIT (6th graders) Students		90	4	360
TOTAL CONTACTS WITH STUDENTS DURING THIS PERIOD				2141
NEW STUDENTS SEEN DURING THIS PERIOD				393
INFORMATION ON NEW STUDENTS ONLY				
REFERRALS FROM				
PEERS		17		
FAMILY		10		
TEACHER/COUNSELOR/NURSE/CST		81		
ADMINISTRATION		29		
STUDENT (SELF)		76		213
GENDERS				
Males		94		
FEMALES		114		
OTHER(LGBTIQA+ stands for "lesbian, gay, bisexual, transgender, intersex, queer/questioning, asexual and many other terms (such as non-binary and pansexual)		5		213
RACE/ETHNICITY/DEMOGRAPHICS				
White		56		
Black or African American		105		
Multiple Categories Reported/OTHER		19		
Hispanic or Latino		33		213
GRADE LEVEL				
SIXTH		90		
SEVENTH		17		
EIGHTH		36		
NINTH		24		
TENTH		36		
ELEVENTH		57		
TWELFTH		43		
TOTAL:				303
IDENTIFIED PROBLEMS FOR ALL STUDENTS SEEN DURING THIS PERIOD				
ALCOHOL/DRUG USE – SUBSTANCE ABUSE INCIDENTS			Total	61
ALCOHOL			Total:	1
GRADES 7 & 8		0		
GRADES 9,10, 11, 12		1		
VAPING			Total:	48
GRADES 6		6		
GRADES 7 & 8		23		

GRADES 9,10, 11, 12	19		
CIGARETTES			Total: 0
GRADES 7 & 8	0		
GRADES 9,10, 11, 12	0		
NARCOTICS			Total: 0
GRADES 7 & 8	0		
GRADES 9,10, 11, 12	0		
MARIJUANA			Total: 12
GRADES 7 & 8	3		
GRADES 9,10, 11, 12	9		
Mental Health Barriers (Student Disclosures)			Total: 409
Childhood Post Traumatic Stress Disorder (PTSD)	17		
C.A.N.S (Children Adjusting to New Situations)- . (Counseling for Seperation, Divorce, Death/ect.	13		
Depression D/O			Total: 34
Mild/Moderate/ severe - Major Depression D/O	14		
Gender Dysphoria D/O (Strong desire to be a different gender other than assigned gender at birth)	9		
Seasonal Adjustment Depression (SAD) D/O	11		
MOOD Disorders			Total: 190
Conduct Disorders/Impulse - Control (agressive towards ppl/animals)/(Destruction to property/self/violation of rules)	81		
Anger/Tempermental/Outburst (Physical Assault/Fighting)	49		
Distruptive /oppositional defiant D/O	60		
Anxiety D/O			Total: 122
Seperation Anxiety D/O And/or Attachment D/O	11		
Generalized Anxiety D/O (stressors to everyday life adjustments/transitions)	54		
Social Anxiety D/O	8		
Panic D/O	5		
Transitions (school work, sports, home life, ect.)	44		
SELF HARM BEHAVIORS			Total: 33
FEEDING/Eating Disorder"s			Total: 9
PICA/BINGE EATING/RUMINATION D/O	1		
Avoidant /Food Restriction D/O (Occasionally/past)	6		
Anorexia Nervosa D/O (in past)	2		
Bulimia Nerosa D/O	0		
Otheer Self-Harm Behaviors			Total: 24
Cutting D/O (In Past)	19		
Suicide Ideations/Attempts (In Past)	5		
Peer / Family Relations			Total: 153
Christianity	10		
Other/ Faith	2		
Employment Stressors	9		
Health Issues	2		
Legal Issues	0		
Peer/Conflict/ Relationship Issues	43		
Physical Altercations (Fighting) (Student population)	49		
Family Conflict/Relationship Issues	9		
College/Career Readiness	0		
C.O.S.A. (Children of Substance Abusers) - Counseling to deal with family living w/SUD/AUD	8		
Grief/Loss	10		
Toxic Environment (i.e., Emotional, Verbal, Psychological)	3		
Toxic Relationship(s) (i.e., Emotional, feelings of being not supported, misunderstood, demeaned, and or attacked).	8		
REFERRALS/RESOURCES PROVIDED			Total: 10
ALANON			
GRADES 7 & 8	0		

GRADES 9,10, 11, 12		0
ALATEEN		
GRADES 7 & 8		5
GRADES 9,10, 11, 12		3
ALCOHOLIC ANONYMOUS		
GRADES 7 & 8		0
GRADES 9,10, 11, 12		0
NARCOTIC ANONYMOUS		
GRADES 7 & 8		0
GRADES 9,10, 11, 12		0
DRUG/ALCOHOL EVALUATION		
GRADES 7 & 8		2
GRADES 9,10, 11, 12		2
DRUG/ALCOHOL Treatment /IN PATIENT		
GRADES 7 & 8		0
GRADES 9,10, 11, 12		0
DRUG/ALCOHOL Treatment /OUT PATIENT		
GRADES 7 & 8		0
GRADES 9,10, 11, 12		0
REFERRALS		42
Attorney		0
Birthright		0
Cherry Hill Womens Center		0
DIVISION OF CHILD PROTECTION & PERMANENCY (DCP&P)		0
EATING D/O -Private and/or Hospital		1
Family Crisis Intervention Program		0
Family Planning		0
Hampton Behavioral Halth Hospital		0
Other Mental Health Centers		0
Young Ladies Support Group		1
Grief Resources & Support		10
Private Therapsits for Anger Management/DIFIANT D/O		0
Private Therapist for Depression		0
Private Therapsits for Personal Issues		0
Private Therapsits for Sexuality Issues		1
TEEN Center for Supportive Services		0
C.O.S.A. (Children of Substance Abusers) Support Group		8
C.A.N.S. (Children Adjusting to new situations) Support Group		13
Inspira Occupational Health (Urine Drug Screens)		4
Together Family Support Program		0
Services Empowering Rights of Victims (SERV)		3
Street Outreach Services (SOS) programs		1
PERFORM CARE		0
In School Programs to Support Students Academic, Social, and/or Emotional Development		
Alternative Education Origram (A.E.P.) CLASS		
BIG Brother /BIG Sister Program		1 CLUB ADVISOR
Life Skill Class (Dr. Backus)		2 Facilitator
Conflict Resolution Skills (Social Emotional Development) Group		5 Facilitator
Grief Resources & Support		10 Facilitator
National Honor Society		
PROJECT A.B.L.E. (Athletes Being Leaders Everywhere) (6th grade & Athletes Substance Prevention Program)		1 CLUB ADVISOR/Substance Use Prev
Substance Prevention Programs/EVENTS		1 Facilitator/Planned
Red Ribbon Week October 2023- Assembly/Activities	GAME of Life 4-9-24	Parent Workshp "Hidden in Plain Sight" 4-23-24 Pre-Prom Assembly 4-30-24
Joy Program AFTER SCHOOL Free		2 Provide Resources/Collaboration
Saturday School Class (Coverage is a conflict of Intrests)		
ISS (Coverage is a conflict of Intrests)		1

Academic Assistance Program (AAP) Tutoring- Students- Recommended						10	Recommended	
Intervention and Referral Services (I&RS) Meetings for JR/SR High Schoolers						3	Team Participant	
OUTSIDE SUPPORT- Psychoeducational & Counseling Services				Services Provided	Event Name	Coordinator	Total Sessions	TOTAL Services Provided
NJ4S				Need BOE		Chiyonte Warre		
Center For Family Guidance; Together Youth Shelter				Need BOE		Arcilia Hernand		
Center For Family Guidance; SERVE				Need BOE		Jose Hernandez		
Southwest Counsel				Need BOE		Scarlet O'Dell ,		
NJSP-Operaation Rise				Assemblies		Michele Peez	1	
Inspira Occupational Health (Urine Drug Screens)				Drug/Alcohol		Michael Daube	4	
OTHERS (i.e., Guest Speakers.)								5
FINANCIAL SUPPORT						TOTAL:		
PEA PRIDE Grant (i.e., Game of Life- \$200 food/drinks,Project ABLE Awards Lunch- \$500 food/drinks,Big Brother Big Sister Awards- \$200 food/drinks)								\$900.00
Municiple Alliance Committee (County Funding)								\$1,500.00
Perfessional Development - DURING THIS TIME						Total Sessions	Hours	D
WORKSHOP (Middle /High School Conflict Resolution 10-24-23) &MMSAP I&RS/Anti-Bullying Seminar & Intervention & Rereferral Services -10-11-23)						4	31	4
SAFE SCHOOL Mandatory PD Training						18	6.06	
NJ-ASAP Meetings/Conferences- 9/15/23, 11/20/23, January Canceled (snowstorm);NJ-ASAP Conference 2-29 & 3-1 -2024						2	9	
In- School Supports (SAC Referrals)						Student Total		
Child Study Team (CST)- Referred to SAC OR SAC Referred and/or Collaborated with CST						22		
School Counselor- Referred to SAC OR SAC Referred and/or Collaborated with CST						14		339
Student Assistant Counselor/Coordinator (SAC)-----SAME as Total of Sessions								303
DAILY TASKS/OBLIGATIONS						Total Sessions	Hours	D
Collaboration MEETINGS w/ ADMIN/Nurse/ CST/Counseling department secretary/ Teachers						Unlimited		
Collaboration MEETINGS w/ Outside Providers- RESOURCES						Unlimited		
Attended In-Service Meetings/Trainings						9	19.6	
Consultation Meetings with Staff (meetings, emails, phone)- Facilitator						Unlimited		
Networking/Conultation Meetings for Additional Services from outside Providers (i.e., Emails, Phone, video, in-person conferences)-Facilitator						Unlimited		
Conducted Trainings & Supervised BIG Brother /BIG Sister Visitation w/7th Graders (PROGRAM ON HOLD)						1		
Conducted PROJECT A.B.L.E. Trainings and Meetings						7	4.5	
Conducted PROJECT A.B.L.E. Visitation w/ 6th graders at Loudenslager Elementary						4	6	
Conducted/Attended Re- Entry Meetings						9	10.25	
Attended Intervention &Referral Service Meetings (I&RS)						4	15.5	
Attended BOE Meetings						2	4	
Attended Staff Meetings						5	3.2	
Attended Mentor Meetings						10	23.24	
Attended New Hire Meetings						2	2	
Attended /Supervised School/Community Events (i.e., Paulsboro Day Event, Pep Rallies, Homecoming)						11	6	
Attended & Participate in Gloucester County Munciple Alliance /Youth Commissioners Meetings /Trainings						1	3	
Attended Extra Curricular Activities After school (i.e., Sporting Events)						2	2.45	
Attended Back to School Night/Parent Teachere Conferences						3	5.5	
Attended Department Meeting						6	8.5	
Attended Weekly/Monthly Communication meeting with CST/Admin/Counselors						7	10.5	
R TOTAL:						422	124.24	0