



RESPECT —

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Car Chat

Discuss the definition of respect – Ask your child what respect means to them. Share with them what it means to you.

Ask about a time they practiced respect – What did they do? How did it make them feel? Ask about a time when someone may have shown a lack of respect toward your child. How did that make them feel?

Discuss some things you could do as a family to show respect –

How can you practice respect within your own family? Are there ways you can show respect to others in your community?

What is Respect?

Respect makes us more aware of other people's needs and feelings. It comes in many forms: **respect for life, for property, for parents, for nature, and for the beliefs and rights of others**. Respect includes being courteous and polite, as well as **avoiding self-criticism**. Respect is like a boomerang, you must send it out before it will come back to you.

Why is RESPECT important?

Respect helps children succeed. When children can treat each other respectfully, they positively respond to direction and instruction. This helps them to excel in any setting.

Teach RESPECT at home and school

Respect is a complex concept for a child, so you must use words and examples they can understand. Children look to adults for clues about behavioral expectations. If they see their caregivers and teachers treating others with respect and compassion, they're more likely to do the same. If we expect them always to say "please" and "thank you", we must act as role models and do the same.