

# Benton County School District

## Breakfast Menu (k-12) August 8 - August 31, 2022

Aug 10, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 1	Aug - 2	Aug - 3	Aug - 4	Aug - 5
Aug - 8 Breakfast Sausage Pizza MS 1684 Strawberry WG Toaster Pastries MS1644 Assorted Fruit Juices MS1246 Fresh Apples MS1206 Fat Free Milk MS1706	Aug - 9 Sausage and Biscuit MS168 Toasted Bagel MS1600 Strawberry Cream Cheese MS1570 Assorted Fruit Juices MS1246 Fresh Bananas MS1220 Fat Free Milk MS1706	Aug - 10 Cheese Omelet MS1662 Whole Wheat Toast MS1604 Breakfast Burrito MS1683 Fresh Oranges MS1268 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 11 Banana Breakfast Bread MS1634 Bagel w/ Sausage & Gravy MRS1695 Fresh Pears MS1280 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 12 Assorted Cold Cereals MS1622 Whole Wheat Toast MS1604 French Toast Sticks MS162 Fresh Apples MS1206 Assorted Fruit Juices MS1246 Fat Free Milk MS1706
Aug - 15 Breakfast Burrito MS1683 Apple Frudel MS1627 Fresh Pears MS1280 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 16 Frosted Flakes Whole Wheat Toast MS1604 Bagel w/ Sausage & Gravy MRS1695 Fresh Bananas MS1220 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 17 Strawberry WG Toaster Pastries MS1644 Banana Breakfast Bread MS1634 Fresh Oranges MS1268 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 18 French Toast Sticks MS162 Toasted Bagel MS1600 Fresh Apples MS1206 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 19 Southern Biscuit MS16 Ham Slice MS1680 Froot Loops Cereal Fresh Bananas MS1220 Assorted Fruit Juices MS1246 Fat Free Milk MS1706
Aug - 22 Sausage & Pancake on a Stick MS1690 Strawberry WG Toaster Pastries MS1644 Fresh Plums MS1288 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 23 Bagel w/ Sausage & Gravy MRS1695 Cheese Omelet MS1662 Fresh Bananas MS1220 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 24 Chicken Patty & Biscuit MS1685 Cherry Frudel MS1628 Fresh Pears MS1280 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 25 Breakfast Burrito MS1683 Yogurt Parfait MS1691 Fresh Apples MS1206 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 26 French Toast Sticks Honey Nut Cheerios MS161 Whole Wheat Toast MS1604 Fresh Pears MS1280 Assorted Fruit Juices MS1246
Aug - 29 Breakfast Sausage Pizza MS 1684 Strawberry WG Toaster Pastries MS1644 Fresh Apples MS1206 Assorted Fruit Juices MS1246 Fat Free Milk MS1706	Aug - 30 Cheese Omelet MS1662 Whole Wheat Toast MS1604 Mini Pancakes in a Bag MS1637 Assorted Fruit Juices MS1246 Fresh Oranges MS1268 Fat Free Milk MS1706	Aug - 31 Breakfast Burrito MS1683 Cinnamon Toast Cereal Whole Wheat Toast MS1604 Assorted Fruit Juices MS1246 Fresh Plums MS1288 Fat Free Milk MS1706		

In accordance with Federal Law and U.S. Department of Agriculture Policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin. This institute is an equal opportunity provider.  
All menus are subject to change according to product availability.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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August 8 - August 31, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 1	Aug - 2	Aug - 3	Aug - 4	Aug - 5
Aug - 8 Pepperoni Pizza Wedge MS306 Hot Dog MS778 Whole Kernel CornMS1032 Confetti Coleslaw MS1114 Chilled Peach Slices MS1274 Fresh Apples MS1206 Fat Free Milk MS1706	Aug - 9 Chicken Patty Sandwich MS732 Ham and Cheese Sandwich MS770 Green Peas MS1071 Baby Carrots w/ Dressing MS1017 Chips Fresh Bananas MS1220 Pineapple Tidbits MS1286 Fat Free Milk MS1706	Aug - 10 Chef Salad MS600 BBQ Rib SandwichMS720 Baked BeansMS918 Confetti Coleslaw MS1114 Applesauce MS1204 Fresh Oranges MS1268 Fat Free Milk MS1706	Aug - 11 Chicken FajitasMS528 Corn DogMS744 Mashed Potatoes MS1078 Tossed Salad w/ Dressing MS 1126 Fresh Pears MS1280 Applesauce MS1204 Fat Free Milk MS1706	Aug - 12 Hamburger w/ Trimmings MS775 Turkey & Cheese Hoagie MS793 Crinkle Cut Fries MS1088 Whole Kernel CornMS1032 Fresh Apples MS1206 Fruit Cocktail MS1248 Fat Free Milk MS1706
Aug - 15 Fish Sandwich MS750 Ham and Cheese Sandwich MS770 TASTY TOTS Black-Eyed Peas MS1006 Fresh Pears MS1280 Pineapple Tidbits MS1286 Fat Free Milk MS1706	Aug - 16 Chef Salad MS600 Turkey & Cheese Hoagie MS793 Whole Kernel CornMS1032 Baby Carrots w/ Dressing MS1017 Mandarin Fruit Cup MS1254 Fresh Bananas MS1220 Fat Free Milk MS1706	Aug - 17 BBQ PulledPorkBurgMS71 Hot Dog MS778 Baked BeansMS918 Confetti Coleslaw MS1114 Applesauce MS1204 Fresh Oranges MS1268 Fat Free Milk MS1706	Aug - 18 Mexican Pizza MS302 Grilled Chicken Sandwich MS764 Mixed Vegetables MS1060 Tossed Salad w/ Dressing MS 1126 Fresh Apples MS1206 Applesauce MS1204 Fat Free Milk MS1706	Aug - 19 Chicken NuggetsMS532 CheeseburgerMS728 Crinkle Cut Fries MS1088 Whole Kernel CornMS1032 Fresh Bananas MS1220 Chilled Peach Slices MS1274 Yeast Roll MS13 Fat Free Milk MS1706
Aug - 22 Pepperoni Pizza Wedge MS306 Ham and Cheese Sandwich MS770 Whole Kernel CornMS1032 Tossed Salad w/ Dressing MS 1126 Applesauce MS1204 Fresh Plums MS1288 Fat Free Milk MS1706	Aug - 23 Tuna Salad with Crackers MS636 Chicken Patty Sandwich MS732 Green Peas MS1071 Baby Carrots w/ Dressing MS1017 Fresh Bananas MS1220 Mandarin Fruit Cup MS1254 Fat Free Milk MS1706	Aug - 24 Chef Salad MS600 Hamburger Steak w/ Gravy MS144 Green Peas MS1071 Mashed Potatoes MS1078 Applesauce MS1204 Fresh Pears MS1280 Yeast Roll MS13 Fat Free Milk MS1706	Aug - 25 BBQ Rib SandwichMS720 Turkey & Cheese Hoagie MS793 Seasoned Lima Beans MS1005 Confetti Coleslaw MS1114 Fresh Apples MS1206 Applesauce MS1204 Fat Free Milk MS1706	Aug - 26 Beef Taco with Soft TortillaMS109 Corn DogMS744 Crinkle Cut Fries MS1088 Whole Kernel CornMS1032 Sliced Apples MS1214 Fresh Pears MS1280 Fat Free Milk MS1706
Aug - 29 Grilled Chicken Sandwich MS764 Pepperoni Pizza Wedge MS306 Whole Kernel CornMS1032 Tossed Salad w/ Dressing MS 1126 Fresh Apples MS1206 Fruit Cocktail MS1248 Fat Free Milk MS1706	Aug - 30 Fish Sandwich MS750 Hot Dog MS778 Green Beans MS1036 Confetti Coleslaw MS1114 Fresh Oranges MS1268 Chilled Peach Slices MS1274 Fat Free Milk MS1706	Aug - 31 Spicy Chicken Sandwich MS736 Chef Salad MS600 Whole Kernel CornMS1032 Baby Carrots w/ Dressing MS1017 Chilled Peach Slices MS1274 Fresh Plums MS1288 Fat Free Milk MS1706		

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