

ALEXANDER CITY SCHOOLS
MIDDLE/HIGH MENU
MARCH 2023

Breakfast Options:

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

Lunch Options:

Assorted 1% & Skim Milk offered daily.
 Additional items may be added to the menu. Please
 Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>*MENUS ARE SUBJECT TO CHANGE*</p> <p style="text-align: center;">1 GREAT TRAY</p> 		<p>01 SAUSAGE, GRAVY BISCUIT, FRESH FRUIT</p> <p>SOUTHWEST CHICKEN W/ WARM ROLL HAMBURGER PARMESAN ROASTED BROCCOLI FRENCH FRIES FRESH SIDE SALAD FRUIT</p> 	<p>02 CINNAMON ROLL, FRESH FRUIT</p> <p>BEEF TIPS W/ BROWN RICE & WARM ROLL CHICKEN NUGGETS W/ WARM ROLL CITRUS CINNAMON GLAZED CARROTS SEASONED STEAMED SQUASH FRESH SIDE SALAD FRESH FRUIT FROSTED CUPCAKE</p>	<p>03 SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT</p> <p>CHILI W/ GRILLED CHEESE CRISPY CHICKEN SANDWICH TATER TOTS STEAMED GREEN BEANS FRESH SIDE SALAD FRESH FRUIT</p> 	
<p>06 CHICKEN BISCUIT, FRESH FRUIT</p> <p>TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL MINI CORNDOGS STIR FRY VEGGIES BLACK-EYED PEAS FRESH SIDE SALAD FRUIT</p> 	<p>07 WAFFLES, SAUSAGE LINK, FRESH FRUIT</p> <p>CHICKEN NOODLE SOUP W/ GRILLED CHEESE CHEESE QUESADILLA STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRUIT</p>	<p>08 MUFFIN & YOGURT, FRESH FRUIT</p> <p>TACO SALAD W/ CILANTRO LIME RICE HERB ROASTED CHICKEN W/ WARM ROLL CORN REFRIED BEANS FRESH SIDE SALAD FRUIT</p> 	<p>09 SAUSAGE BISCUIT, FRESH FRUIT</p> <p>HONEY BALSAMIC PORK W/ WARM ROLL CHICKEN TENDER BASKET LEMON ROASTED CARROTS TOMATO & ZUCCHINI GRATIN FRESH SIDE SALAD FRUIT COOKIE</p>	<p>10 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>HAMBURGER CHIPS FRESH VEGGIES FRESH FRUIT COOKIE</p> 	
<p>13</p> 	<p>14</p>  <p style="font-size: 48px; color: purple;">SPRING BREAK</p>			<p>16</p> 	<p>17</p>
<p>20 FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT</p> <p>COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL CHICKEN NUGGETS W/ WARM ROLL MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRESH FRUIT</p> 	<p>21 BREAKFAST PIZZA, FRESH FRUIT</p> <p>CHICKEN TWISTED PASTA CHEESEBURGER STEAMED GREEN BEANS FRENCH FRIES FRESH SIDE SALAD FRESH FRUIT HOT FUDGE CAKE</p>	<p>22 SAUSAGE, GRAVY BISCUIT, FRESH FRUIT</p> <p>CARIBBEAN CHICKEN W/ WARM ROLL FISH BOAT BROCCOLI WITH CHEESE BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT</p> 	<p>23 CINNAMON ROLL, FRESH FRUIT</p> <p>SPAGHETTI W/ ITALIAN BREADSTICKS GRILLED CHICKEN SANDWICH CITRUS CINNAMON GLAZED CARROTS SPINACH FLORENTINE FRESH SIDE SALAD FRESH FRUIT</p>	<p>24 SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT</p> <p>BEEF SOFT TACO W/ CILANTRO LIME RICE CHILI DOG W/ CHIPS FRESH VEGGIE DIPPERS CORN FRESH SIDE SALAD FRESH FRUIT</p> 	
<p>27 CHICKEN BISCUIT, FRESH FRUIT</p> <p>GREEK CHICKEN W/ RICE PILAF & WARM ROLL CRISPITOS STEAMED GREEN BEANS BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT</p>	<p>28 WAFFLES, SAUSAGE LINK, FRESH FRUIT</p> <p>CHIPOTLE CHICKEN NACHOS W/ FRIED RICE HAMBURGER STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRESH FRUIT</p> 	<p>29 MUFFIN & YOGURT, FRESH FRUIT</p> <p>LASANGA W/ ITALIAN BREADSTICK CORN DOG TATER TOTS LEMON ROASTED CARROTS FRESH SIDE SALAD FRESH FRUIT</p> 	<p>30 SAUSAGE BISCUIT, FRESH FRUIT</p> <p>HAMBURGER STEAK W/ GRAVY & WARM ROLL CHICKEN TENDER BASKET MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRESH FRUIT COOKIE</p>	<p>31 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>WINGS & THINGS W/ WARM ROLL BBQ PORK SANDWICH BAKED BEANS CORN FRESH SIDE SALAD FRESH FRUIT</p> 	

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