

# JANUARY 2022

## High School Lunch Menu

### Monday

3

### Tuesday

4

### Wednesday

5

### Thursday

6

### Friday

7

Beef Nachos  
Chicken Tenders  
BBQ Sandwich  
Mascot Meal  
French Fries  
Baked Beans

Chicken Sandwich  
Cheesy Bites  
French Toast Sticks  
PBJ Uncrustable  
Potato Bites  
Corn

General Tso's w/ Rice  
Chicken Tenders  
Baked Chicken  
Mascot Meal  
French Fries  
Spicy Cabbage

Cheeseburger  
Boneless Wings  
Loaded Potato Soup  
PBJ Uncrustable  
French Fries  
Cheesy Broccoli

Chicken Sandwich  
Pizza  
Macaroni & Cheese  
PBJ Uncrustable  
French Fries  
Green Beans

Chicken Nachos  
Chicken Tenders  
Corn Pups  
Mascot Meal  
French Fries  
Baked Beans

Chicken Sandwich  
Cheesy Bites  
Biscuits & Gravy  
PBJ Uncrustable  
Potato Bites  
Corn

General Tso's w/ Rice  
Chicken Tenders  
Meat Loaf  
Mascot Meal  
French Fries  
Spicy Cabbage

Cheeseburger  
Boneless Wings  
Cuban Sandwich  
PBJ Uncrustable  
French Fries  
Cheesy Broccoli

**MLK  
Day**

Beef Nachos  
Chicken Tenders  
BBQ Sandwich  
Mascot Meal  
French Fries  
Baked Beans

Chicken Sandwich  
Cheesy Bites  
French Toast Sticks  
PBJ Uncrustable  
Potato Bites  
Corn

General Tso's w/ Rice  
Chicken Tenders  
Baked Chicken  
Mascot Meal  
French Fries  
Spicy Cabbage

Cheeseburger  
Boneless Wings  
Loaded Potato Soup  
PBJ Uncrustable  
French Fries  
Cheesy Broccoli

Chicken Sandwich  
Pizza  
Macaroni & Cheese  
PBJ Uncrustable  
French Fries  
Green Beans

Chicken Nachos  
Chicken Tenders  
Corn Pups  
Mascot Meal  
French Fries  
Baked Beans

Chicken Sandwich  
Cheesy Bites  
Biscuits & Gravy  
PBJ Uncrustable  
Potato Bites  
Corn

General Tso's w/ Rice  
Chicken Tenders  
Meat Loaf  
Mascot Meal  
French Fries  
Spicy Cabbage

Cheeseburger  
Boneless Wings  
Cuban Sandwich  
PBJ Uncrustable  
French Fries  
Cheesy Broccoli

Chicken Sandwich  
Pizza  
Spaghetti w/ Meat Sauce  
PBJ Uncrustable  
French Fries  
Green Beans

## DID YOU KNOW?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

Student Meals are free for School Year 2021-2022. Visitor Lunches are \$3.75.

Daily menu may change due to product availability or celebration meals. Please see your school's administration for a school calendar.

1100 Main Street,  
Building B  
Perry, Georgia 31069  
(478) 322-3308

For more information,  
find us online at  
[www.hcbe.net/schoolnutrition](http://www.hcbe.net/schoolnutrition)

All lunches are served with fresh salad options and a choice of Milk and/or Water.

